

**2024 PACIFIC SWIMMING ZONE ALL STAR MEET
PACIFIC SWIMMING SHORT COURSE MEET
MARCH 3, 2024**



SANCTION: Held under USA/Pacific Swimming Sanction No. **24-028**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The unofficial results of this meet may be posted in real time on the Internet.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind or beside the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography during the start of a race is prohibited in any location.

MEET PERSONNEL:

Meet Referee: Mike Piccardo	Head Starter: Csaba Andrejka
Meet Marshal: Veronica Hernandez	Admin Official: Cindy Rowland
Meet Director: Michael Greymont – mgreymont@mhgcg.com (408) 891-2948	

LOCATION: Dennis Kennedy Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

DIRECTIONS: **From Southbound Highway 101:** take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile. **From Northbound Highway 101:** take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

PARKING: Park in the main paved lot of the facility, the EAST side of Conduit Road, and the main large lot on the North side of the facility. Do not park at the House of Thunder Harley Davidson Dealership or Patio World. Those lots are for their patrons only and vehicles will be towed at your expense. Please secure vehicles and contents. Neither the City of Morgan Hill, the Morgan Hill Aquatics Center, Zone One South, nor Pacific Swimming take ANY responsibility to damage or theft to any vehicles or personal belongings.

FACILITY ENTRANCE: Enter facility through the gates at the competition end of the Aquatics Center, the south end. Please do not enter through the main entry on the north end of the facility, as the facility is open to the public during the meet.

COURSE: Outdoor 25 yard pool with 8 lanes available for competition. Up to an additional 8 lanes will be available for warmup/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the shallow end and 13'0" at the deep end. The Meet Host shall ensure required course dimensions.

TIME: Meet will begin at **12:00** PM with warm-ups from **10:30** to **11:45** AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed finals.
- Each Zone’s entries shall be seeded fastest to slowest.
- Entries will be selected and entered by the five Zones of Pacific Swimming, and shall include any alternate athletes.
- Each Zone Team may enter up to 4 athletes per individual event and two (2) relay teams per relay event.
- Athletes may compete in up to three (3) individual events per day plus relays.
- An alternate athlete who replaces an entered athlete must compete in the entered athlete’s events and assigned lanes.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. There are no entry fees, and no refunds will apply.
- **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**
- Medical AED Devices are located in 3 stations at the facility. Basic First Aid is available at the check in station by hospitality.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete’s legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- No animals except working service animals.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- Areas directly behind the timing area shall be closed and enforced by marshals at the meet. No congregation of parents or athletes shall be allowed.

ELIGIBILITY:

- This meet is open only to athletes who have been selected to compete by each Zone. No athlete who has applied and been selected for any of the Western Zone All-Star or the Pacific Coast All-Star Teams will be eligible regardless of age. The athlete does not have to have competed in any of these meets.
- Athletes must be current members of USA Swimming and their name and registration number shall be entered exactly as they are shown in their USA swimming registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not

found to be registered, Athletes shall be required to register online via USA Swimming’s online member registration before being allowed to swim in the meet.

- Entries with **"NO TIME"** will NOT be accepted. If no previous yards time exists, a converted or coach-estimated time shall be entered.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete’s age will be the age of the Athlete on the first day of the meet.

ENTRIES: Entries must be emailed to the entries chair using the Hy-Tek entry file provided to the Zones. All entries must be electronically received at becki@tigersharks.org by 11:59 PM Wednesday, February 21, 2024, must include any alternate athletes, and must be accompanied by a PDF or hard-copy printout of the Zone’s complete entries

SEEDING: Strict Lane assignments for the fastest heat only (heat 1) shall be used as shown in the table below. Events with heat 2 shall be seeded fastest to slowest. Zone team entries shall be seeded fastest to slowest. Lane seeding is based on the final team scores from the 2023 Zone All-Star Meet.

INDIVIDUAL & RELAY EVENT SEEDING

HEAT	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
1	Z3	Z1N	Z1S	Z2	Z1N	Z3	Z2	Z1S

TIMING ASSIGNMENTS: Each Zone shall provide 3 timers per lane as show in the table above.

CHECK-IN: The meet shall be pre-seeded. There will be no check-in. There will be no penalty for failing to swim a scheduled event. Athletes who must withdraw from an event are requested to inform the Referee immediately.

AWARDS: A perpetual trophy will be awarded to the highest scoring Zone team by Pacific Swimming. There are no individual or relay awards.

SCORING:

INDIVIDUAL POINTS:	24	21	20	19	18	17	16	15	14	13	11	9	8	7	6	5	4	3	2	1
RELAY POINTS:	48	42	40	38	36	34	32	30	28	26										

ADMISSION: Free. A program will be available for coaches and officials

SNACK BAR & HOSPITALITY: Each Zone will be responsible for providing food and drink for their athletes and staff. Light hospitality will be provided for meet officials.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENTS

Sunday, March 3, 2024		
Girls Event #	Description	Boys Event #
1	8 & UNDER 100 MEDLEY RELAY	2
3	9 & 10 200 MEDLEY RELAY	4
5	11 & 12 200 MEDLEY RELAY	6
7	13 & 14 200 MEDLEY RELAY	8
9	8 & UNDER 25 FREE	10
11	9 & 10 50 FREE	12
13	11 & 12 50 FREE	14
15	13 & 14 50 FREE	16
17	8 & UNDER 100 IM	18
19	9 & 10 100 IM	20
21	11 & 12 200 IM	22
23	13 & 14 200 IM	24
25	8 & UNDER 25 FLY	26
27	9 & 10 50 FLY	28
29	11 & 12 100 FLY	30
31	13 & 14 100 FLY	32
33	8 & UNDER 25 BACK	34
35	9 & 10 50 BACK	36
37	11 & 12 100 BACK	38
39	13 & 14 100 BACK	40
41	8 & UNDER 25 BREAST	42
43	9 & 10 50 BREAST	44
45	11 & 12 100 BREAST	46
47	13 & 14 100 BREAST	48
49	8 & UNDER 50 FREE	50
51	9 & 10 100 FREE	52
53	11 & 12 100 FREE	54
55	13 & 14 200 FREE	56
57	8 & UNDER 100 FREE RELAY	58
59	9 & 10 200 FREE RELAY	60
61	11 & 12 200 FREE RELAY	62
63	13 & 14 200 FREE RELAY	64