

**WAVES AQUATICS NAPA VALLEY ENDLESS SUMMER CLASSIC**

**PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET**

**SEPTEMBER 24-25, 2016**

Enter Online: <http://ome.swimconnection.com/pc/WANV20160924>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **16-089**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**  
*Meet Referee:* PEGGY RAMIREZ    *Head Starter:* SUZI JACKSON  
*Meet Marshal:* PETER HEITZ    *Admin Official:* BARBARIE GONZALEZ  
*Meet Director:* JON HOLLISTER    [hollisterjon@aol.com](mailto:hollisterjon@aol.com) (707) 225-2264

**LOCATION:** St. Helena High School Aquatic Center 1401 Grayson Ave St. Helena, CA 94574

**DIRECTIONS:** From Highway 29 North turn right (west) at Grayson Ave. Pool on left just past School Office and gym. From Highway 29 South turn left (west) at Grayson Ave. Pool on left just past School Office and gym.

**COURSE:** Outdoor 25 yard heated pool with up to 10 lanes available for competition. An additional 5 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 6' 6" at the start end and 6' 6" at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** Meet will begin at 9:30 AM each day with warm-ups from 8:00 to 9:15 AM each day.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - All events are timed finals.
  - All events will swim fast to slow.
  - Athletes may compete in 4 events per day (not including relays).
  - All athletes ages 12 and under should complete competition within four (4) hours.
  - Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete's age and gender.
  - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
  - **13-18 athletes will swim events together. Awards will be given to 13-14, 15-16, 17-18 age groups.**

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating on standing areas and in all areas used by athletes, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- No pets allowed on deck, other than service assistance animals.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Coaches tents only allowed on pool deck. Team tents will be allowed in the basketball court area (north of the pool) or the parking lot (west of the pool).

**ELIGIBILITY:** • Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card exactly as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will be ACCEPTED.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Relay entries fee of \$9.00 per relay will be paid on deck the day of the meet. Entries will be rejected if payment is not sent at time of request. No refunds will be made except mandatory scratch downs.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/wanv20160924> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through midnight September 14, 2016.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, September 12, 2016 or hand delivered by 6:30 p.m. September 14, 2016 No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Waves Aquatics Napa Valley**

**Mail entries to: Catherine Durand  
P.O. Box 373  
St. Helena, CA 94574**

**Hand deliver entries to: Kevin Twohey  
1930 Main Street  
St. Helena, CA 94574**

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before

the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** Ribbons will be awarded to the 1<sup>st</sup>-8<sup>th</sup> place finishers in the C/B/A divisions for the following age groups: 6 & Under, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18. Ribbons will be awarded for the 1<sup>st</sup>-3<sup>rd</sup> place finishers in each Relay age group. 'A' medals will be awarded to swimmers with an entry time slower than 'A' achieving an 'A' time standard for the first time. **Awards will be mailed to the teams after the meet. Teams and unattached swimmers must provide a mailing address at the Clerk of the Course or Awards table the first day of the meet.**

**ADMISSION/PROGRAM:** Free. A two day meet program will be available for \$4.00

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a trials and finals meet, the club will be fined \$100 per missing official per session of the meet.

Club athletes entered in session	Trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5

\*Zone 3 will include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 will accept uncarded Trainees in the count of officials for up to two sessions. Clubs may use officials "borrowed" from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

#### EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-Over	8 & UN	9-10	11-12	13-Over
50 FR	100 BK	100 BK	200 BK	25 FR	100 FR	100 FR	200 FR
50 BR	50 FR	50FR	100 FR	50 BK	50 BK	50 BK	100 BK
500 FR	100 BR	100 BR	100 BR	25 BR	50 BR	50 BR	50 FR
25 BK	500 FR	500 FR	100 FL	50 FL	50 FL	50 FL	500 FR
25 FL	100 FL	100 FL			200 IM	200 IM	200 IM
	100 IM	100 IM					200 BR
100 M.R.	200 M.R.	200 M.R.	200 M.R.	100 FR.R.	200 FR.R.	200 FR.R.	200 FR.R.

## EVENTS

SATURDAY SEPT 24		
EVENT #	EVENT	EVENT #
1	13-18 200 Back	2
3	11-12 100 Back	4
5	9-10 100 Back	6
7	13-18 100 Free	8
9	11-12 50 Free	10
11	9-10 50 Free	12
13	8-Un 50 Free	14
15	13-18 100 Breast	16
17	11-12 100 Breast	18
19	9-10 100 Breast	20
21	8-UN 50 Breast	22
23	12-UN 500 Free	24
25	8-UN 25 Back	26
27	13-18 100 Fly	28
29	11-12 100 Fly	30
31	9-10 100 Fly	32
33	8-UN 25 Fly	34
35	9-10 100 IM	36
37	11-12 100 IM	38
39	8-UN 100 Medley Relay	40
41	9-10 200 Medley Relay	42
43	11-12 200 Medley Relay	44
45	13-18 200 Medley Relay	46

SUNDAY SEPT 25		
EVENT #	EVENT	EVENT #
47	13-18 200 Free	48
49	11-12 100 Free	50
51	9-10 100 Free	52
53	8-UN 25 Free	54
55	13-18 100 Back	56
57	11-12 50 Back	58
59	9-10 50 Back	60
61	8-UN 50 Back	62
63	13-18 50 Free	64
65	9-10 50 Breast	66
67	11-12 50 Breast	68
69	8-UN 25 Breast	70
71	13-18 500 Free	72
73	11-12 50 Fly	74
75	9-10 50 Fly	76
77	8-UN 50 Fly	78
79	13-18 200 IM	80
81	11-12 200 IM	82
83	9-10 200 IM	84
85	13-18 200 Breast	86
87	8-UN 100 Free Relay	88
89	9-10 200 Free Relay	90
91	11-12 200 Free Relay	92
93	13-18 200 Free Relay	94

**Athletes must provide their own lap counting devices for the 500's.**  
**12 -Under 500 Free will be swum together and awarded separately 8-UN, 9-10, 11-12.**  
**13-18 500 Free will be swum together and awarded separately as 13-14, 15-16, 17-18.**

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Waves Aquatics Napa Valley C/B/A+ September 24-25, 2016 Consolidated Entry Form													
Name: Last,		First				Middle							
Club Abbr.		UNATT TEAM ABBR				Club Name							
Age		Date of Birth				Sex M F		LSC – (PC, SN)					
USA-#													
Event #	Distance / Stroke				Entry Time				Circle one				
					: .				SCY / LCM				
					: .				SCY / LCM				
					: .				SCY / LCM				
					: .				SCY / LCM				
					: .				SCY / LCM				
					: .				SCY / LCM				
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					: .				SCY / LCM				
					: .				SCY / LCM				
					: .				SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee      \$ <b>8.00</b> Total                              \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													