



SOUTH BAY SWIM LEAGUE CHAMPIONSHIPS

(CLOSED LEAGUE MEET)

Friday - Sunday, July 19-21, 2013

Enter online <http://ome.swimconnection.com/pc/sbsl20130719>

SANCTION: Held under USA Pacific Swimming Sanction No. 13-094

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO & VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: **Meet Referee:** Karyn Kikuta **Head Starter:** Carole Keighley **Meet Marshal:** Cathy Manthey
Meet Director: Lou Thomas / 4mthomas6355@gmail.com / (408) 513-2450

LOCATION: Valley Christian High School Skyway Campus, 100 Skyway drive San Jose, CA 95111

From 101 South: Take 101 South to the Capitol Expressway/Yerba Buena road exit. Merge onto Capitol Expressway heading west. Take the Monterey road ramp. Turn left onto Monterey road. Turn left onto Skyway drive. Valley Christian High School is located at 100 Skyway drive.

From 280 South: Take 280 South to 87 South. Take 87 South to the Capitol Expressway Auto Mall exit. Turn left onto West Capitol Expressway. Take the Monterey road ramp. Turn left onto Monterey Road Turn left onto Skyway drive. Valley Christian High School is located at 100 Skyway drive.

From 85 South: Take 85 South to the Blossom Hill road exit. Turn left onto Blossom Hill road. Turn left onto Snell Avenue. Turn right onto Skyway drive. Valley Christian High School is located at 100 Skyway drive. **Parking on campus is extremely limited.** No overnight parking is allowed. Please note signs and avoid parking in restricted areas

COURSE: Up to 10 lanes, 25 yard, outdoor, heated pool. Up to 10 warm up/down lanes will be open during competition The minimum water depth for the course, measured in accordance with Article 103.2.3, is a minimum of 9'0" at the start end and a minimum of 9'6" at the turn end. This competition course has not yet been certified in accordance with 104.2.2C(4).

TIME: Competition on Friday will begin at 4:00 p.m.; warm-ups will be from 2:30 p.m. to 3:45 p.m. Competition begins at 9:00 a.m. on Saturday and Sunday; warm-ups begin at 7:30 a.m. and ends at 8:45 a.m. Officials meeting at 3:30 p.m. on Friday and 8:15 a.m. on Saturday & Sunday. Coaches meetings will be conducted at 3:47 p.m. on Friday and 8:47 a.m. on Saturday & Sunday.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals and the meet will be pre-seeded.
- Swimmers may compete in three events per day plus relays.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing starter must or start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No deck changing.
- All shelters must be properly secured.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- Only coaches EZ-up's are allowed on competition deck.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database.
- The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entries with "**NO TIME**" will be accepted.
- Meet is open to qualified members of the South Bay Swim League (MSJA, QSS, SUNN, VS, WEST).
- Disabled swimmers, affiliated with any of the invited clubs are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmer's age will be the age of the swimmer on the first day of the meet. Swimmers must participate in a SBSL dual meet before competing in championships.

ENTRY FEES: Entry fees are \$2.75 for each individual event and \$9.00 per relay team. \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ENTRIES: Entries for the meet may be made by Hy-Tek Team Manager team entries, online or by U.S. Mail. Entry times should be the swimmers best short course time for the event. Entries must be postmarked by midnight, Monday, **July 8, 2013** or hand delivered to Valley Christian High School Aquatics Office, 100 Skyway Drive, San Jose, CA 95111 by 6:30 p.m. Wednesday, July 10, 2013.

Make check payable to: **Valley Splash**

Mail with entries to: Curtiss Kikuta
Swim Meet Entries
832 Upton Way
San Jose, CA 95136

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be entered using the current Pacific Swimming times, Entries must be postmarked by midnight, Monday, **July 8, 2013** or hand delivered to Valley Christian High School Aquatics Office, 100 Skyway Drive, San Jose, CA 95111 by 6:30 p.m. Wednesday, July 10, 2013. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/sbsl20130719> to receive an immediate entry confirmation this method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary,**

and is in no way required or expected of a swimmer by Pacific Swimming. Online entries will be accepted through Wednesday, July 10, 2013.

Relay entries may be made the day of the event. Relay entries shall be due as announced the day of the event. Relay fees are due at the time entries are turned in. Teams may enter only one official relay per event. **Swimmers must be entered in at least one individual event to be eligible for relays.**

MEET FORMAT: This meet will be pre-seeded. All heat and lane assignments will be listed in the meet program. There will be no check-in. Swimmers shall report promptly to the starting blocks when their event/heat is called. Please be sure to be ready for your race. No calls will be made for the swimmers.

SCRATCHES: There will be no penalty for not swimming an event; the swimmer will simply be scratched from that event.

SCORING: Individual events: 9, 7, 6, 5, 4, 3, 2, 1.
Relay events: 18, 14, 12, 10, 8, 6, 4, 2.

AWARDS: Distinctive medals, 1st-3rd, ribbons 4th-8th. "A" medals for swimmers achieving new "A" times. Team trophies for all teams. Individual high point awards, boys and girls, in the following age groups: 6 & un, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, 19 & over.

ADMISSION: Free. Three day program will be on sale at the meet for \$3.00

TIMERS: Participating teams will be responsible for providing timers with adequate rotation for the entire meet. Lane assignments will be made based on the number of entries from each team. If a team cannot supply adequate timers during the meet, that team will not score points during the meet.

REFRESHMENTS: A snack bar will be available serving hot breakfast, hot lunches, salads and other nutritious items and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

Minimum Officials: All available USA Swimming members certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

Club swimmers entered in session	Trained & carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

Contact the Zone officials chair for specific requirements.

EVENTS:

	8&Under	9-10	11-12	13-14	15&Over
Friday	50 Free	100 Free	100 Free	200 Free	200 Free
	200 Free Relay	200 Free Relay	400 Free Relay	400 Free Relay	400 Free Relay
Saturday	25 Fly	50 Fly	50 Fly	100 Fly	100 Fly
	25 Back	50 Back	50 Back	100 Back	100 Back
	100 IM	100 IM	100 IM	200 IM	200 IM
	100 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay
Sunday	25 Breast	50 Breast	50 Breast	50 Free	50 Free
	25 Free	50 Free	50 Free	100 Breast	100 Breast
	100 Free Relay	200 Free Relay	200 Free Relay	100 Free	100 Free
				200 Free Relay	200 Free Relay

Girl's Event #	Age Group	Event	Boy's Event #
FRIDAY, JULY 19, 2013			
1	13-14	200 Freestyle	2
3	15&Over	200 Freestyle	4
5	8&Under	50 Freestyle	6
7	9-10	100 Freestyle	8
9	11-12	100 Freestyle	10
11	13-14	400 Freestyle Relay	12
13	15&Over	400 Freestyle Relay	14
15	8&Under	200 Freestyle Relay	16
17	9-10	200 Freestyle Relay	18
19	11-12	400 Freestyle Relay	20
SATURDAY, JULY 20, 2013			
21	13-14	100 Butterfly	22
23	15&Over	100 Butterfly	24
25	8&Under	25 Butterfly	26
27	9-10	50 Butterfly	28
29	11-12	50 Butterfly	30
31	13-14	100 Backstroke	32
33	15&Over	100 Backstroke	34
35	8&Under	25 Backstroke	36
37	9-10	50 Backstroke	38
39	11-12	50 Backstroke	40
41	13-14	200 Individual Medley	42
43	15&Over	200 Individual Medley	44
45	8&Under	100 Individual Medley	46
47	9-10	100 Individual Medley	48
49	11-12	100 Individual Medley	50
51	13-14	200 Medley Relay	52
53	15&Over	200 Medley Relay	54
55	8&Under	100 Medley Relay	56
57	9-10	200 Medley Relay	58
59	11-12	200 Medley Relay	60
SUNDAY, JULY 21, 2013			
61	13-14	50 Freestyle	62
63	15&Over	50 Freestyle	64
65	8&Under	25 Breaststroke	66
67	9-10	50 Breaststroke	68
69	11-12	50 Breaststroke	70
71	13-14	100 Breaststroke	72
73	15&Over	100 Breaststroke	74
75	8&Under	25 Freestyle	76
77	9-10	50 Freestyle	78
79	11-12	50 Freestyle	80
81	13-14	100 Freestyle	82
83	15&Over	100 Freestyle	84
85	8&Under	100 Freestyle Relay	86
87	9-10	200 Freestyle Relay	88
89	11-12	200 Freestyle Relay	90
91	13-14	200 Freestyle Relay	92
93	15&Over	200 Freestyle Relay	94

Use the following URL to find the time standards: http://www.pacswim.org/page/times_standards.shtml

South Bay Swim League
 7/19 - 7/21/2013
 Consolidated Entry Form

Name: Last, First Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

of entries _____ x \$2.75 = \$ _____
 Participation Fee \$8.00
 Total \$ _____

Coach

Swimmer's
Address

Email:	Cell Phone
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