

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Girls 10 & under 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	30.65	830	Han, Malorie	10	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
2	31.05	805	Meyer, Mckenna	10	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
3	31.15	799	Lightstone, Serena	10	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
4	31.33	788	Cam, Ashley	10	PC West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
5	31.41	783	Lisker, Aidan	10	PC USF Koret Youth Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
6	31.44	781	Wang, Sarah	10	PC Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
7	31.51	776	Wen, Larissa	10	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	31.59	772	House, Emily	10	PC Otter Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
9	31.61	770	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
10	31.63	769	Parson, Hannah	10	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
11	31.67	767	Boles, Catherine	10	PC Alameda Island Aquatics	8/8/2009	2009 Western Zone Swimming Cha
12	32.14	738	Fong, Olivia	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
13	32.21	734	Delore, Maddy	10	PC Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
14	32.26	730	Fornshell, Laura	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
15	32.27	730	Koontz, Shelby	10	PC Douglas Dolphins Swim Team	5/22/2009	2009 PC CARS LCM OPEN
16	32.36	724	Rudolph, Maegan	10	PC Otter Swim Club	7/30/2009	2009 PC LCM FAR WEST CHM
17	32.43	720	Green, Lauren	10	PC Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
17	32.43	720	Simpson, Michelle	10	PC Pacifica Sea Lions	8/8/2009	2009 Western Zone Swimming Cha
19	32.47	858	Lin, Claire	9	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	32.48	717	Wang, Valerie	10	PC De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+
21	32.65	707	Powell, Alyssa	10	PC Vallejo Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
22	32.84	695	Chan, Christine	10	PC De Anza Cupertino Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
23	33.03	684	Edwards, Hannah	10	PC Wine Country Aquatics Of Napa	7/29/2009	2009 PC LCM FAR WEST CHM
24	33.08	681	Pampeyan, Kristin	10	PC Santa Clara Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25 33.19 675 Smith, Lauren 10 PC Almaden Swim & Racquet Club 7/29/2009 2009 PC LCM FAR WEST CHM

Boys 10 & under 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	29.70	885	Fu, Waylen	10	PC South San Francisco Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
2	30.19	858	Poppe, Hank	10	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
3	30.75	921	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	8/4/2009	2009 Western Zone Swimming Cha
4	30.85	821	Vu, Jordan	10	PC SFRP Rossi Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
5	30.87	820	Choi, Tomas	10	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
6	30.99	813	Ho, Benjamin	10	PC Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
7	31.02	812	Liang, Alex	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	31.22	801	So, Tristan	10	PC Walnut Creek Aquabears	7/17/2009	2009 PC TERA LCM PC-JO
9	31.29	797	Little, Scott	10	PC Ladera Oaks	7/16/2009	2009 PC TERA LCM PC-JO
10	31.62	779	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
11	31.78	866	Cui, Kevin	9	PC California Dolphin Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
12	31.91	763	Pacult, Nicholas	10	PC Piedmont Swim Team	8/4/2009	2009 Western Zone Swimming Cha
13	32.19	748	James, Tyler	10	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
14	32.20	747	Barsanti, Nathan	10	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
15	32.21	747	Joseph, Kenny	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	32.67	722	Wagner, Ben	10	PC Ladera Oaks	7/29/2009	2009 PC LCM FAR WEST CHM
17	32.69	721	Rawls, Corban	10	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
18	32.79	715	Arvidsson, Karl	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	32.80	715	Ma, Michael	10	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
20	32.81	714	Korolev, Ivan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
21	33.04	800	Cunнан, Nathaniel	9	PC Marin Pirates	7/16/2009	2009 PC TERA LCM PC-JO
22	33.08	700	Baetiong, Ben	10	PC South San Francisco Aquatics	6/26/2009	2009 PN West Coast Invite
23	33.18	694	Newton, Bradley	10	PC De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	33.21	791	Bencomo, Gianluca	9	PC	Santa Clara Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
25	33.29	688	Hoefling, Nicholas	10	PC	Valley Splash	6/20/2009	2009 PC VS LCM PC-CBA+

Girls 10 & under 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:07.06	841	Han, Malorie	10	PC Piedmont Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
2	1:07.08	840	Meyer, Mckenna	10	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
3	1:07.35	831	Wen, Larissa	10	PC De Anza Cupertino Aquatics	8/4/2009	2009 Western Zone Swimming Cha
4	1:07.95	812	Lightstone, Serena	10	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
5	1:08.46	796	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	8/4/2009	2009 Western Zone Swimming Cha
6	1:08.56	792	Fornshell, Laura	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
7	1:08.66	789	Cam, Ashley	10	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:09.15	774	House, Emily	10	PC Otter Swim Club	8/4/2009	2009 Western Zone Swimming Cha
9	1:09.55	761	Parson, Hannah	10	PC Unattached	8/4/2009	2009 Western Zone Swimming Cha
10	1:09.69	757	Boles, Catherine	10	PC Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	1:09.72	756	Koontz, Shelby	10	PC Douglas Dolphins Swim Team	5/22/2009	2009 PC CARS LCM OPEN
11	1:09.72	756	Wang, Sarah	10	PC Otter Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
13	1:10.81	722	Simpson, Michelle	10	PC Pacifica Sea Lions	6/27/2009	2009 PC BAC LCM PC-CBA+
14	1:11.00	716	Delore, Maddy	10	PC Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	1:11.35	705	Smith, Lauren	10	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:12.09	683	Sharma, Supriya	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:12.12	682	Green, Lauren	10	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:12.16	681	Wang, Valerie	10	PC De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+
19	1:12.49	671	Fong, Olivia	10	PC Otter Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:12.64	667	Lisker, Aidan	10	PC USF Koret Youth Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
21	1:13.13	652	Rudolph, Maegan	10	PC Otter Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

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LSC: PC For Dates 9/1/2008 - 8/31/2009

22	1:13.79	633	Powell, Alyssa	10	PC	Vallejo Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
23	1:13.80	632	Jurich, Alanna	10	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:14.07	625	Sherwood, Julia	10	PC	Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:14.68	607	Cunanan, Mia	10	PC	Marin Pirates	5/1/2009	2009 PC VJO LCM PC-CBA+

Boys 10 & under 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:05.56	874	Liang, Alex	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
2	1:06.94	832	Fu, Waylen	10	PC South San Francisco Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
3	1:07.19	952	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
4	1:07.84	805	Choi, Tomas	10	PC Mission San Jose Aquatics	8/4/2009	2009 Western Zone Swimming Cha
5	1:08.97	772	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
6	1:09.25	764	Ho, Benjamin	10	PC Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
7	1:09.56	755	James, Tyler	10	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:09.87	746	Barsanti, Nathan	10	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
9	1:10.11	739	So, Tristan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
10	1:10.32	733	Vu, Jordan	10	PC SFRP Rossi Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
11	1:10.48	728	Wagner, Ben	10	PC Ladera Oaks	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:10.51	728	Korolev, Ivan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
13	1:10.87	717	Pacult, Nicholas	10	PC Piedmont Swim Team	8/4/2009	2009 Western Zone Swimming Cha
14	1:11.04	712	Poppe, Hank	10	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
15	1:11.24	707	Arvidsson, Karl	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
16	1:11.82	690	Ma, Michael	10	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:12.03	684	Cho, Andrew	10	PC Palo Alto Stanford Aquatics	4/18/2009	2009 PC WEST LCM PC-C/B/A+
18	1:12.27	678	Costa, Parker	10	PC Barracuda Aquatics Of Monterey	4/18/2009	2009 PC WEST LCM PC-C/B/A+
19	1:12.42	674	Joseph, Kenny	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:12.48	672	Little, Scott	10	PC Ladera Oaks	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

21	1:12.50	671	Newton, Bradley	10	PC	De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+
22	1:12.92	789	Cui, Kevin	9	PC	California Dolphin Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:12.98	787	Bencomo, Gianluca	9	PC	Santa Clara Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
24	1:13.00	786	Cunnan, Nathaniel	9	PC	Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:13.27	650	Crewe, William	10	PC	Sunnyvale Swim Club	7/16/2009	2009 PC TERA LCM PC-JO

Girls 10 & under 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:24.21	872	Han, Malorie	10	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:24.58	866	Meyer, Mckenna	10	PC Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
3	2:26.35	836	Fornshell, Laura	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
4	2:29.58	783	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
5	2:30.06	775	Simpson, Michelle	10	PC Pacifica Sea Lions	8/4/2009	2009 Western Zone Swimming Cha
6	2:31.55	751	Lightstone, Serena	10	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
7	2:32.25	740	Cam, Ashley	10	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
8	2:32.45	737	Parson, Hannah	10	PC Unattached	8/4/2009	2009 Western Zone Swimming Cha
9	2:33.06	727	Boles, Catherine	10	PC Alameda Island Aquatics	8/4/2009	2009 Western Zone Swimming Cha
10	2:33.49	720	Wang, Sarah	10	PC Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
11	2:34.31	708	Delore, Maddy	10	PC Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:34.49	705	Smith, Lauren	10	PC Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
13	2:34.58	703	Koontz, Shelby	10	PC Douglas Dolphins Swim Team	4/24/2009	2009 SN SMST Spring Splash
14	2:36.37	676	House, Emily	10	PC Otter Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
15	2:36.71	671	Sharma, Supriya	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:38.92	638	Green, Lauren	10	PC Almaden Swim & Racquet Club	6/13/2009	2009 PC BEAR LCM PC-CBA+
17	2:39.56	628	Sherwood, Julia	10	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:40.18	619	Fong, Olivia	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
19	2:42.95	579	Young, Katia	10	PC Brentwood Seawolves	7/29/2009	2009 PC LCM FAR WEST CHM

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20	2:43.33	574	Lum, Alexa	10	PC	Alameda Island Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
21	2:43.38	573	Kan, Amy	10	PC	San Ramon Vly/Livermore Aq.	7/16/2009	2009 PC TERA LCM PC-JO
22	2:44.65	715	Jones, Raime	9	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
23	2:45.95	537	Ha-Hoang, Olivia	10	PC	Napa Valley Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
24	2:46.43	690	Hashimoto, Christina	9	PC	Barracuda Aquatics Of Monterey	5/23/2009	2009 CC Clovis Memorial Day Meet
25	2:46.45	530	Edwards, Hannah	10	PC	Wine Country Aquatics Of Napa	7/16/2009	2009 PC TERA LCM PC-JO

Boys 10 & under 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:23.85	849	Liang, Alex	10	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
2	2:26.94	956	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
3	2:28.73	774	Vu, Jordan	10	PC SFRP Rossi Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:29.66	760	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
5	2:30.61	746	James, Tyler	10	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:30.99	741	Choi, Tomas	10	PC Mission San Jose Aquatics	8/4/2009	2009 Western Zone Swimming Cha
7	2:31.22	737	Wagner, Ben	10	PC Ladera Oaks	7/29/2009	2009 PC LCM FAR WEST CHM
8	2:31.90	727	Korolev, Ivan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
9	2:33.65	702	So, Tristan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
10	2:34.67	687	Barsanti, Nathan	10	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
11	2:34.89	684	Costa, Parker	10	PC Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
12	2:36.77	657	Pacult, Nicholas	10	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:37.52	647	Urbina, Elijah	10	PC Morgan Hill Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
14	2:38.03	640	Murphy, Jack	10	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
15	2:38.23	637	Ma, Michael	10	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:38.63	631	Clark, Nicholas	10	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:39.74	769	Cunanan, Nathaniel	9	PC Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:39.86	614	Baetiong, Ben	10	PC South San Francisco Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

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19	2:40.25	762	Cruse, Nicholas	9	PC	Marin Pirates	7/16/2009	2009 PC TERA LCM PC-JO
20	2:40.60	757	Camerino, Joshua	9	PC	KOA Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:40.77	602	Karam, Spencer	10	PC	Reno Aquatic Club	6/27/2009	2009 SN Redding Swim Team Trophy B/A+
22	2:40.94	600	Joseph, Kenny	10	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	2:41.42	593	Holtschult, Spencer	10	PC	Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
24	2:41.54	592	Harmon, JonMichael	10	PC	Humboldt Swim Club	6/27/2009	2009 SN Redding Swim Team Trophy B/A+
25	2:41.69	590	Crewe, William	10	PC	Sunnyvale Swim Club	7/16/2009	2009 PC TERA LCM PC-JO

Girls 10 & under 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:08.49	853	Fornshell, Laura	10	PC SFRP Rossi Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
2	5:08.66	851	Han, Malorie	10	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
3	5:08.81	850	Meyer, Mckenna	10	PC Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
4	5:13.82	810	Simpson, Michelle	10	PC Pacifica Sea Lions	7/16/2009	2009 PC TERA LCM PC-JO
5	5:14.40	805	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
6	5:19.86	762	Parson, Hannah	10	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
7	5:21.11	752	Boles, Catherine	10	PC Alameda Island Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	5:24.16	729	Sharma, Supriya	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	5:24.92	723	Smith, Lauren	10	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
10	5:25.68	717	Delore, Maddy	10	PC Alameda Island Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
11	5:27.37	704	Wang, Sarah	10	PC Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
12	5:32.48	667	House, Emily	10	PC Otter Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
13	5:37.76	629	Cunnam, Mia	10	PC Marin Pirates	5/1/2009	2009 PC VJO LCM PC-CBA+
14	5:40.78	607	Young, Katia	10	PC Brentwood Seawolves	5/22/2009	2009 PC TIGR LCM OPEN
15	5:43.47	589	McCabe, Kelly	10	PC Marin Pirates	5/1/2009	2009 PC VJO LCM PC-CBA+
16	5:46.77	566	Sherwood, Julia	10	PC Walnut Creek Aquabears	5/22/2009	2009 PC TIGR LCM OPEN
17	5:47.26	563	Lindsay, Kayla	10	PC Pleasanton Seahawks	4/18/2009	2009 PC SRVL LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

18	5:48.81	552	Fong, Olivia	10	PC	Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
19	5:51.38	535	Bishop, Kelly	10	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	5:51.68	533	Ong, Evalynna	10	PC	Burlingame Aquatic Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
21	5:52.78	526	Powell, Alyssa	10	PC	Vallejo Aquatic Club	5/1/2009	2009 PC VJO LCM PC-CBA+
22	5:53.43	522	Martini, Victoria	10	PC	Morgan Hill Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
23	5:54.98	512	Brett, Hana	10	PC	Campbell Wave Swimming	6/27/2009	2009 PC WEST LCM PC-C/B/A+
24	5:56.71	501	Sigman, Dakota	10	PC	Tiger Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	5:56.95	499	Tuck, Natalie	10	PC	Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO

Boys 10 & under 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	5:04.75	860	Liang, Alex	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	5:10.76	817	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
3	5:11.69	810	Urbina, Elijah	10	PC Morgan Hill Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
4	5:13.77	795	James, Tyler	10	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
5	5:18.24	764	Korolev, Ivan	10	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
6	5:21.69	740	So, Tristan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
7	5:22.43	735	Vu, Jordan	10	PC SFRP Rossi Swim Team	6/19/2009	2009 PC RENO LCM PC-CBA+
8	5:23.04	731	Barsanti, Nathan	10	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
9	5:26.52	708	Choi, Tomas	10	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	5:26.73	706	Costa, Parker	10	PC Barracuda Aquatics Of Monterey	7/29/2009	2009 PC LCM FAR WEST CHM
11	5:32.85	865	Cruse, Nicholas	9	PC Marin Pirates	7/16/2009	2009 PC TERA LCM PC-JO
12	5:32.94	665	Clark, Nicholas	10	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
13	5:35.14	650	Holt, Oli	10	PC Cabrillo Threshers	7/16/2009	2009 PC TERA LCM PC-JO
14	5:36.79	839	Cunnan, Nathaniel	9	PC Marin Pirates	7/16/2009	2009 PC TERA LCM PC-JO
15	5:37.91	832	Klarsfeld, Jackson	9	PC Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
16	5:39.71	621	Baetiong, Ben	10	PC South San Francisco Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	5:43.77	595	Rosner, Hanno	10	PC Campbell Wave Swimming	5/2/2009	2009 PC SJA LCM PC-C/B/A+
18	5:45.17	586	Wagner, Ben	10	PC Ladera Oaks	6/13/2009	2009 PC DACA LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	5:47.64	571	Arvidsson, Karl	10	PC	Palo Alto Stanford Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
20	5:50.39	554	Tosky, Trent	10	PC	Palo Alto Stanford Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
21	5:52.05	544	Crewe, William	10	PC	Sunnyvale Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
22	5:53.97	532	Wycoff, Joey	10	PC	Valley Splash	5/2/2009	2009 PC SJA LCM PC-C/B/A+
23	5:56.70	516	Hoefling, Nicholas	10	PC	Valley Splash	6/20/2009	2009 PC VS LCM PC-CBA+
24	5:58.08	508	Baldry, Nathan	10	PC	Campbell Wave Swimming	5/2/2009	2009 PC SJA LCM PC-C/B/A+
25	5:58.65	505	Yang, Chianty	10	PC	Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+

Girls 10 & under 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	36.42	813	Cam, Ashley	10	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	36.68	798	Meyer, Mckenna	10	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
3	36.82	790	Wang, Valerie	10	PC De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+
4	36.85	788	Boles, Catherine	10	PC Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	36.92	784	Rudolph, Maegan	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
6	37.26	764	McKenna, Morganne	10	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
7	37.72	737	Lightstone, Serena	10	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	38.00	721	House, Emily	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
9	38.16	712	Delore, Maddy	10	PC Alameda Island Aquatics	8/4/2009	2009 Western Zone Swimming Cha
10	38.27	706	Fornshell, Laura	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
11	38.33	703	Powell, Alyssa	10	PC Vallejo Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
12	38.39	699	Wen, Larissa	10	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
13	38.41	698	Umansky, Vera	10	PC Livermore Blue Dolphins	7/29/2009	2009 PC LCM FAR WEST CHM
14	38.48	694	Wang, Sarah	10	PC Otter Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
15	38.60	688	Nguyen, Kaela	10	PC Gilroy Gators Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
16	38.62	687	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	6/19/2009	2009 PC NAPA LCM PC-CBA+
17	38.67	684	Sharma, Supriya	10	PC Palo Alto Stanford Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+
18	38.74	680	Bishop, Kelly	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	38.77	678	Smith, Lauren	10	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC	LCM FAR WEST CHM
20	38.83	675	Edwards, Hannah	10	PC	Wine Country Aquatics Of Napa	6/19/2009	2009 PC	NAPA LCM PC-CBA+
21	38.85	674	Koontz, Shelby	10	PC	Douglas Dolphins Swim Team	4/24/2009	2009 SN	SMST Spring Splash
22	38.86	673	Green, Lauren	10	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC	LCM FAR WEST CHM
23	39.00	666	Dimagmaliw, Naomi	10	PC	Daly City Dolphins	7/29/2009	2009 PC	LCM FAR WEST CHM
24	39.02	665	Palazzotto, Melissa	10	PC	Crow Canyon Country Club Sharks	4/18/2009	2009 PC	SRVL LCM PC-CBA+
25	39.08	661	Chen, Ivy	10	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC	TERA LCM PC-JO

Boys 10 & under 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>		
1	34.16	925	Vu, Jordan	10	PC	SFRP Rossi Swim Team	7/29/2009	2009 PC	LCM FAR WEST CHM
2	34.86	885	Liang, Alex	10	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC	TERA LCM PC-JO
3	36.22	809	Poppe, Hank	10	PC	Neptune Swimming	5/23/2009	2009 CC	Clovis Memorial Day Meet
4	36.25	808	Ma, Michael	10	PC	Unattached	7/16/2009	2009 PC	TERA LCM PC-JO
5	36.63	787	So, Tristan	10	PC	Walnut Creek Aquabears	7/16/2009	2009 PC	TERA LCM PC-JO
6	36.83	776	Mahgoub, Abdullah	10	PC	Oakland Undercurrent S.T.	4/18/2009	2009 PC	SRVL LCM PC-CBA+
7	37.16	758	Gonzalez, Alexander	10	PC	Livermore Aqua Cowboys Club	4/18/2009	2009 PC	SRVL LCM PC-CBA+
8	37.17	758	Pacult, Nicholas	10	PC	Piedmont Swim Team	7/16/2009	2009 PC	TERA LCM PC-JO
9	37.48	741	James, Tyler	10	PC	Terrapins Swim Team	7/29/2009	2009 PC	LCM FAR WEST CHM
10	37.67	731	Choi, Tomas	10	PC	Mission San Jose Aquatics	7/29/2009	2009 PC	LCM FAR WEST CHM
11	37.71	854	Wooldridge, Ben	9	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC	LCM FAR WEST CHM
12	38.23	702	Barsanti, Nathan	10	PC	Terrapins Swim Team	7/16/2009	2009 PC	TERA LCM PC-JO
13	38.24	701	Crewe, William	10	PC	Sunnyvale Swim Club	7/16/2009	2009 PC	TERA LCM PC-JO
14	38.27	825	Cui, Kevin	9	PC	California Dolphin Swim Team	7/29/2009	2009 PC	LCM FAR WEST CHM
15	38.62	681	Baetiong, Ben	10	PC	South San Francisco Aquatics	7/16/2009	2009 PC	TERA LCM PC-JO
15	38.62	681	Ho, Benjamin	10	PC	Palo Alto Stanford Aquatics	5/1/2009	2009 PC	LAMV LCM PC-C/B/A+
17	38.72	802	Yates, Nathan	9	PC	Santa Clara Swim Club	8/1/2009	2009 PC	LCM FAR WEST CHM
18	38.83	796	Zhang, Lyon	9	PC	Mission San Jose Aquatics	7/16/2009	2009 PC	TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	39.00	662	Murphy, Jack	10	PC	Neptune Swimming	7/29/2009	2009 PC	LCM FAR WEST CHM
20	39.01	661	Fu, Waylen	10	PC	South San Francisco Aquatics	5/1/2009	2009 PC	LAMV LCM PC-C/B/A+
21	39.20	777	Camerino, Joshua	9	PC	KOA Aquatics	7/16/2009	2009 PC	TERA LCM PC-JO
22	39.26	649	Le, Vincent	10	PC	Unattached	7/16/2009	2009 PC	TERA LCM PC-JO
23	39.31	646	Yongyuth, Jared	10	PC	Santa Clara Swim Club	5/22/2009	2009 PC	TIGR LCM OPEN
24	39.32	645	Wagner, Ben	10	PC	Ladera Oaks	7/29/2009	2009 PC	LCM FAR WEST CHM
25	39.41	641	Urbina, Elijah	10	PC	Morgan Hill Swim Club	5/22/2009	2009 PC	MBSC LCM OPEN

Girls 10 & under 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>	
1	1:18.13	824	Meyer, Mckenna	10	PC	Reno Aquatic Club	7/29/2009	2009 PC	LCM FAR WEST CHM
2	1:18.35	818	Krivokapic-Zhou, Sophie	10	PC	Santa Clara Swim Club	7/16/2009	2009 PC	TERA LCM PC-JO
3	1:19.44	789	Sharma, Supriya	10	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC	LCM FAR WEST CHM
4	1:20.08	772	Boles, Catherine	10	PC	Alameda Island Aquatics	7/29/2009	2009 PC	LCM FAR WEST CHM
5	1:20.78	754	Smith, Lauren	10	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC	LCM FAR WEST CHM
6	1:22.00	723	Dimagmaliw, Naomi	10	PC	Daly City Dolphins	7/29/2009	2009 PC	LCM FAR WEST CHM
7	1:22.11	720	Lightstone, Serena	10	PC	Mission San Jose Aquatics	7/16/2009	2009 PC	TERA LCM PC-JO
8	1:22.13	720	Rudolph, Maegan	10	PC	Otter Swim Club	7/16/2009	2009 PC	TERA LCM PC-JO
9	1:22.18	718	McKenna, Morganne	10	PC	Almaden Swim & Racquet Club	7/16/2009	2009 PC	TERA LCM PC-JO
10	1:22.38	713	Wang, Sarah	10	PC	Otter Swim Club	4/18/2009	2009 PC	WEST LCM PC-C/B/A+
11	1:23.12	695	Young, Katia	10	PC	Brentwood Seawolves	7/29/2009	2009 PC	LCM FAR WEST CHM
12	1:23.23	692	House, Emily	10	PC	Otter Swim Club	7/29/2009	2009 PC	LCM FAR WEST CHM
13	1:23.29	691	Fornshell, Laura	10	PC	SFRP Rossi Swim Team	7/16/2009	2009 PC	TERA LCM PC-JO
14	1:23.45	687	Chen, Ivy	10	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC	LCM FAR WEST CHM
15	1:23.52	685	Bishop, Kelly	10	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC	LCM FAR WEST CHM
16	1:23.59	683	Han, Malorie	10	PC	Piedmont Swim Team	7/29/2009	2009 PC	LCM FAR WEST CHM
17	1:23.85	677	Koontz, Shelby	10	PC	Douglas Dolphins Swim Team	4/24/2009	2009 SN	SMST Spring Splash
18	1:23.92	675	Powell, Alyssa	10	PC	Vallejo Aquatic Club	7/16/2009	2009 PC	TERA LCM PC-JO
19	1:24.10	670	Simpson, Michelle	10	PC	Pacifica Sea Lions	7/29/2009	2009 PC	LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

20	1:24.35	664	Green, Lauren	10	PC	Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
21	1:24.61	658	Delore, Maddy	10	PC	Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:24.92	650	Umansky, Vera	10	PC	Livermore Blue Dolphins	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:25.04	647	Tuck, Natalie	10	PC	Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
24	1:25.08	646	Gomes, Madison	10	PC	Pacifica Sea Lions	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:25.26	642	Wen, Larissa	10	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 10 & under 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:15.64	885	Liang, Alex	10	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
2	1:17.28	843	Vu, Jordan	10	PC SFRP Rossi Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
3	1:18.28	817	Mahgoub, Abdullah	10	PC Oakland Undercurrent S.T.	4/18/2009	2009 PC SRVL LCM PC-CBA+
4	1:19.25	793	Gonzalez, Alexander	10	PC Livermore Aqua Cowboys Club	4/18/2009	2009 PC SRVL LCM PC-CBA+
5	1:19.47	787	Urbina, Elijah	10	PC Morgan Hill Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:19.72	781	Choi, Tomas	10	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
7	1:20.46	763	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
8	1:20.89	752	James, Tyler	10	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:20.93	751	So, Tristan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
10	1:21.11	747	Poppe, Hank	10	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
11	1:21.12	746	Pacult, Nicholas	10	PC Piedmont Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
12	1:21.56	735	Ma, Michael	10	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:21.64	860	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
14	1:21.72	858	Yates, Nathan	9	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
15	1:22.05	851	Cui, Kevin	9	PC California Dolphin Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
16	1:22.46	714	Murphy, Jack	10	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
17	1:23.77	682	Crewe, William	10	PC Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:23.80	681	Baetiong, Ben	10	PC South San Francisco Aquatics	6/26/2009	2009 PN West Coast Invite
19	1:23.82	808	Camerino, Joshua	9	PC KOA Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

20	1:24.30	669	Holt, Oli	10	PC	Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:24.74	659	Arvidsson, Karl	10	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:25.08	651	Wagner, Ben	10	PC	Ladera Oaks	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:25.56	640	Barsanti, Nathan	10	PC	Terrapins Swim Team	6/27/2009	2009 PC OAPB LCM PC-CBA+
24	1:26.55	744	Zhang, Lyon	9	PC	Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	1:26.57	616	Korolev, Ivan	10	PC	Walnut Creek Aquabears	6/27/2009	2009 PC AH-MP-WCAB-WCM

Girls 10 & under 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	38.50	899	McKenna, Morganne	10	PC Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha
2	39.87	834	Morris, Halle	10	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
3	39.90	833	Fong, Olivia	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
4	40.51	805	Wang, Valerie	10	PC De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+
5	40.94	785	Pang, Hannah	10	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
6	41.62	754	Han, Malorie	10	PC Piedmont Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
7	41.80	745	Cam, Ashley	10	PC West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	42.32	722	Delore, Maddy	10	PC Alameda Island Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
9	42.39	719	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
10	42.48	887	Bakalish, Sherlyn	9	PC Los Altos & Mountain View A.C.	7/29/2009	2009 PC LCM FAR WEST CHM
11	42.96	693	Simpson, Michelle	10	PC Pacifica Sea Lions	8/4/2009	2009 Western Zone Swimming Cha
12	43.00	692	Meyer, Mckenna	10	PC Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN
13	43.04	690	Lawler, Thea	10	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
14	43.18	684	Wen, Larissa	10	PC De Anza Cupertino Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
15	43.31	678	Wang, Sarah	10	PC Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
16	43.45	672	Powell, Alyssa	10	PC Vallejo Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
17	43.61	665	Ong, Evalynna	10	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
18	43.70	661	Wiley, Sophia	10	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	43.74	659	Cheng, Nicole	10	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	43.81	656	Boles, Catherine	10	PC	Alameda Island Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
21	44.07	645	Brett, Hana	10	PC	Campbell Wave Swimming	6/20/2009	2009 PC VS LCM PC-CBA+
22	44.18	640	McCabe, Kelly	10	PC	Marin Pirates	5/1/2009	2009 PC VJO LCM PC-CBA+
23	44.21	639	Jurich, Alanna	10	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
24	44.26	811	Truong, Angeline	9	PC	Valley Splash	5/2/2009	2009 PC SJA LCM PC-C/B/A+
25	44.37	806	Tam, Larisa	9	PC	KOA Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Boys 10 & under 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	38.62	911	Poppe, Hank	10	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
2	39.87	849	Pacult, Nicholas	10	PC Piedmont Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
3	39.94	846	Vu, Jordan	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
4	41.76	759	Fu, Waylen	10	PC South San Francisco Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
5	42.40	729	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
6	42.63	718	Arvidsson, Karl	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
7	42.84	708	Cory, Nikolas	10	PC San Ramon Vly/Livermore Aq.	7/16/2009	2009 PC TERA LCM PC-JO
8	42.94	704	Baetiong, Ben	10	PC South San Francisco Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
9	43.13	849	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
10	43.28	688	Ma, Michael	10	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
11	43.86	662	Joseph, Kenny	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
12	44.25	644	Ho, Benjamin	10	PC Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
13	44.29	642	Korolev, Ivan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
13	44.29	797	Jhong, Chris	9	PC Tri Valley Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	44.37	793	McKenna, David	9	PC Santa Clara Swim Club	5/22/2009	2009 PC TIGR LCM OPEN
16	44.48	634	Choy, Daniel	10	PC Oakland Barracuda Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
17	44.72	623	Clark, Nicholas	10	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
18	44.81	619	Jin, Alan	10	PC Mission San Jose Aquatics	4/18/2009	2009 PC SRVL LCM PC-CBA+
19	44.85	772	Cui, Kevin	9	PC California Dolphin Swim Team	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

20	44.86	617	Le, Kevin	10	PC	South Bay Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
21	44.93	614	Burrill, Jackson	10	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
22	45.04	609	Murphy, Jack	10	PC	Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
23	45.15	604	Shinn, Kenneth	10	PC	Piranha Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
24	45.22	756	Zhang, Lyon	9	PC	Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	45.61	739	Liang, Alex	9	PC	Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+

Girls 10 & under 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:24.28	899	Wang, Valerie	10	PC De Anza Cupertino Aquatics	4/18/2009	2009 PC WEST LCM PC-C/B/A+
2	1:25.73	868	McKennan, Morganne	10	PC Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
3	1:28.17	817	Morris, Halle	10	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
4	1:28.81	803	Fong, Olivia	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
5	1:31.14	755	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
6	1:31.17	754	Pang, Hannah	10	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
7	1:31.70	907	Bakalish, Sherlyn	9	PC Los Altos & Mountain View A.C.	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:32.04	737	Han, Malorie	10	PC Piedmont Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
9	1:32.14	735	Cam, Ashley	10	PC West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
10	1:32.49	728	Jurich, Alanna	10	PC Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
11	1:32.81	721	Simpson, Michelle	10	PC Pacifica Sea Lions	7/16/2009	2009 PC TERA LCM PC-JO
12	1:33.21	713	Meyer, Mckenna	10	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
13	1:33.46	708	Wang, Sarah	10	PC Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
14	1:33.58	706	Lawler, Thea	10	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
15	1:33.96	698	Ong, Evalynna	10	PC Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:34.51	687	Delore, Maddy	10	PC Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:34.72	683	McCabe, Kelly	10	PC Marin Pirates	5/1/2009	2009 PC VJO LCM PC-CBA+
18	1:34.90	679	Wen, Larissa	10	PC De Anza Cupertino Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
19	1:35.18	674	Sharma, Supriya	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

20	1:35.38	670	Sun, Angela	10	PC	Lynbrook Aquatics	6/20/2009	2009 PC VS LCM PC-CBA+
21	1:35.67	664	Brett, Hana	10	PC	Campbell Wave Swimming	6/20/2009	2009 PC VS LCM PC-CBA+
22	1:35.83	661	Yu, Yue	10	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:35.94	659	Boles, Catherine	10	PC	Alameda Island Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
24	1:35.96	658	Truong, Angeline	10	PC	Valley Splash	6/13/2009	2009 PC DACA LCM PC-C/B/A+
25	1:36.27	652	Sargis, Taylor	10	PC	Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+

Boys 10 & under 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:20.84	991	Poppe, Hank	10	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
2	1:27.80	838	Pacult, Nicholas	10	PC Piedmont Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
3	1:32.21	745	Vu, Jordan	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
4	1:33.14	863	Zhang, Lyon	9	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	1:33.23	724	Baetiong, Ben	10	PC South San Francisco Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
6	1:33.68	715	Ma, Michael	10	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
7	1:33.72	852	McKenna, David	9	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
8	1:33.88	711	Clark, Nicholas	10	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:34.14	706	Yongyuth, Jared	10	PC Santa Clara Swim Club	5/22/2009	2009 PC TIGR LCM OPEN
10	1:34.56	697	Jin, Alan	10	PC Mission San Jose Aquatics	4/18/2009	2009 PC SRVL LCM PC-CBA+
11	1:35.22	684	Arvidsson, Karl	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:35.70	812	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	8/4/2009	2009 Western Zone Swimming Cha
13	1:36.53	657	Louie, Cameron	10	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
14	1:36.81	652	Korolev, Ivan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
15	1:36.94	649	Joseph, Kenny	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
16	1:37.06	786	Cui, Kevin	9	PC California Dolphin Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:37.10	785	Chiun, Felix	9	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:37.26	782	Bencomo, Gianluca	9	PC Santa Clara Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
19	1:37.94	768	Ferenczy, Max	9	PC Palo Alto Stanford Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

20	1:38.45	619	Choi, Tomas	10	PC	Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:38.65	615	Winn, Nehemi	10	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:38.69	615	Murphy, Jack	10	PC	Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:38.70	754	Liang, Alex	9	PC	Palo Alto Stanford Aquatics	5/23/2009	2009 CC Clovis Memorial Day Meet
24	1:38.71	614	Jozefov, Andrew	10	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	1:38.87	611	Gonzalez, Alexander	10	PC	Livermore Aqua Cowboys Club	4/18/2009	2009 PC SRVL LCM PC-CBA+

Girls 10 & under 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	33.52	833	House, Emily	10	PC Otter Swim Club	8/4/2009	2009 Western Zone Swimming Cha
2	34.06	803	Wen, Larissa	10	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	34.23	794	Lightstone, Serena	10	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
4	34.56	776	Powell, Alyssa	10	PC Vallejo Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
5	34.77	764	Meyer, Mckenna	10	PC Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN
6	34.78	764	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
7	34.80	763	Wang, Sarah	10	PC Otter Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
8	34.91	900	Burton, Haydn	9	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
9	35.08	748	Sharma, Supriya	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	35.28	737	Cam, Ashley	10	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	35.30	736	Morris, Halle	10	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
12	35.36	733	Rudolph, Maegan	10	PC Otter Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	35.50	726	Green, Lauren	10	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	35.50	726	Fornshell, Laura	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
15	35.66	717	Koontz, Shelby	10	PC Douglas Dolphins Swim Team	5/22/2009	2009 PC CARS LCM OPEN
16	35.82	709	Smith, Lauren	10	PC Almaden Swim & Racquet Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
17	35.88	706	Wang, Valerie	10	PC De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+
18	36.22	688	Fong, Olivia	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	36.30	684	Qian, Vivian	10	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
20	36.31	683	Takahashi, Alisa	10	PC	Otter Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	36.32	683	Parson, Hannah	10	PC	Unattached	8/4/2009	2009 Western Zone Swimming Cha
22	36.44	677	Guadamos, Ariela	10	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
23	36.45	676	Boles, Catherine	10	PC	Alameda Island Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
24	36.48	675	Han, Malorie	10	PC	Piedmont Swim Team	6/13/2009	2009 PC BEAR LCM PC-CBA+
25	36.58	670	Parson, Sarah	10	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO

Boys 10 & under 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	33.47	828	Choi, Tomas	10	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
1	33.47	828	Vu, Jordan	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
3	33.58	822	Liang, Alex	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	33.59	821	Poppe, Hank	10	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
5	34.01	797	James, Tyler	10	PC Terrapins Swim Team	8/4/2009	2009 Western Zone Swimming Cha
6	34.17	940	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
7	34.23	784	Ma, Michael	10	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
8	34.57	917	Zhang, Lyon	9	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
9	34.86	748	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
10	35.13	733	So, Tristan	10	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
11	35.37	719	Arvidsson, Karl	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
12	36.01	684	Fu, Waylen	10	PC South San Francisco Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
13	36.02	683	Barsanti, Nathan	10	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
14	36.21	673	Pacult, Nicholas	10	PC Piedmont Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
15	36.22	824	McKenna, David	9	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
16	36.34	818	Camerino, Joshua	9	PC KOA Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	36.51	657	Crewe, William	10	PC Sunnyvale Swim Club	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

18	36.65	801	Silmaro, Joel	7	PC	Mission San Jose Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
19	36.72	646	Joseph, Kenny	10	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
20	36.77	643	Sandoval, Matthew	10	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	36.81	641	Costa, Parker	10	PC	Barracuda Aquatics Of Monterey	7/3/2009	2009 CA SLO Firecracker
22	36.83	640	He, Kadar	10	PC	West Coast Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+
23	36.84	639	Louie, Cameron	10	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
24	37.04	629	Clark, Nicholas	10	PC	Unattached	4/18/2009	2009 PC SRVL LCM PC-CBA+
25	37.08	627	Mahgoub, Abdullah	10	PC	Oakland Undercurrent S.T.	4/18/2009	2009 PC SRVL LCM PC-CBA+

Girls 10 & under 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:16.34	828	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
2	1:16.43	826	House, Emily	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
3	1:16.97	813	Cam, Ashley	10	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:18.14	785	Wang, Sarah	10	PC Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
5	1:18.39	780	Sharma, Supriya	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
6	1:19.38	757	Takahashi, Alisa	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
7	1:19.77	748	Meyer, Mckenna	10	PC Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:20.02	742	Wen, Larissa	10	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
9	1:20.03	742	Powell, Alyssa	10	PC Vallejo Aquatic Club	6/19/2009	2009 PC NAPA LCM PC-CBA+
10	1:21.06	719	Rudolph, Maegan	10	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
11	1:21.75	703	Fornshell, Laura	10	PC SFRP Rossi Swim Team	6/19/2009	2009 PC NAPA LCM PC-CBA+
12	1:22.03	697	Smith, Lauren	10	PC Almaden Swim & Racquet Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
13	1:22.29	691	Green, Lauren	10	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
14	1:23.37	667	Parson, Hannah	10	PC Unattached	8/4/2009	2009 Western Zone Swimming Cha
15	1:23.94	824	Burton, Haydn	9	PC Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
15	1:23.94	655	Pang, Hannah	10	PC Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:24.52	642	Qian, Vivian	10	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

18	1:24.64	640	Lampron, Paige	10	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
19	1:25.28	626	Morris, Halle	10	PC	Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:25.36	624	Perna, Maddie	10	PC	Napa Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:25.38	624	Fong, Sasha	10	PC	Neptune Swimming	6/19/2009	2009 PC NAPA LCM PC-CBA+
22	1:25.50	791	Hui, Camille	9	PC	Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:25.73	616	Parson, Sarah	10	PC	Unattached	6/20/2009	2009 PC VS LCM PC-CBA+
24	1:25.81	615	Lightstone, Serena	10	PC	Mission San Jose Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
25	1:25.91	612	Chen, Ivy	10	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 10 & under 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:12.35	914	Liang, Alex	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
2	1:15.45	1015	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
3	1:15.80	824	Poppe, Hank	10	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
4	1:17.01	793	Choi, Tomas	10	PC Mission San Jose Aquatics	8/4/2009	2009 Western Zone Swimming Cha
5	1:17.98	769	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
6	1:18.26	762	James, Tyler	10	PC Terrapins Swim Team	8/4/2009	2009 Western Zone Swimming Cha
7	1:19.43	734	Ma, Michael	10	PC Unattached	8/4/2009	2009 Western Zone Swimming Cha
8	1:19.64	911	Camerino, Joshua	9	PC KOA Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:20.90	881	Zhang, Lyon	9	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
10	1:23.12	646	Vu, Jordan	10	PC SFRP Rossi Swim Team	6/19/2009	2009 PC RENO LCM PC-CBA+
11	1:23.66	634	Pacult, Nicholas	10	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:23.99	626	Louie, Cameron	10	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:24.12	623	Arvidsson, Karl	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
14	1:24.27	620	Holtschult, Spencer	10	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
15	1:25.00	604	Joseph, Kenny	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:25.41	594	Clark, Nicholas	10	PC Unattached	4/18/2009	2009 PC SRVL LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

17	1:25.63	590	Crewe, William	10	PC	Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:26.38	755	McKenna, David	9	PC	Santa Clara Swim Club	6/20/2009	2009 PC VS LCM PC-CBA+
19	1:26.87	562	Urbina, Elijah	10	PC	Morgan Hill Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:27.29	553	Cho, Andrew	10	PC	Palo Alto Stanford Aquatics	4/18/2009	2009 PC WEST LCM PC-C/B/A+
21	1:27.37	551	Holt, Oli	10	PC	Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:27.44	550	Tosky, Trent	10	PC	Palo Alto Stanford Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
23	1:27.76	724	Marella, Daniel	9	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:27.79	542	Sandoval, Matthew	10	PC	Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
25	1:28.43	529	Sun, Henry	10	PC	San Ramon Vly/Livermore Aq.	7/25/2009	2009 PC SRVL LCM PC-CBA+

Girls 10 & under 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:45.53	843	Meyer, Mckenna	10	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
2	2:46.93	825	Krivokapic-Zhou, Sophie	10	PC Santa Clara Swim Club	8/4/2009	2009 Western Zone Swimming Cha
3	2:46.95	825	Sharma, Supriya	10	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:49.32	795	Han, Malorie	10	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
5	2:50.56	780	Wang, Valerie	10	PC De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+
6	2:50.91	776	Cam, Ashley	10	PC West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
7	2:51.76	765	House, Emily	10	PC Otter Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
8	2:52.65	754	Fornshell, Laura	10	PC SFRP Rossi Swim Team	8/4/2009	2009 Western Zone Swimming Cha
9	2:53.80	740	Wang, Sarah	10	PC Otter Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
10	2:55.15	724	Powell, Alyssa	10	PC Vallejo Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
11	2:55.17	724	Wen, Larissa	10	PC De Anza Cupertino Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
12	2:55.53	720	McKennan, Morganne	10	PC Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
13	2:56.59	707	Delore, Maddy	10	PC Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
14	2:56.69	706	Chen, Ivy	10	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	2:57.11	701	Cunnam, Mia	10	PC Marin Pirates	5/1/2009	2009 PC VJO LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

16	2:57.13	700	Simpson, Michelle	10	PC	Pacifica Sea Lions	7/16/2009	2009 PC TERA LCM PC-JO
17	2:58.20	688	Boles, Catherine	10	PC	Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:58.37	686	Smith, Lauren	10	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
19	2:58.52	684	Lightstone, Serena	10	PC	Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	2:58.72	682	Pampeyan, Kristin	10	PC	Santa Clara Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
21	2:59.41	674	Fong, Olivia	10	PC	Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
22	3:00.02	666	Rudolph, Maegan	10	PC	Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
23	3:00.88	656	Dimagmaliw, Naomi	10	PC	Daly City Dolphins	7/16/2009	2009 PC TERA LCM PC-JO
24	3:01.73	647	Ong, Evalynna	10	PC	Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
25	3:02.00	643	Morris, Halle	10	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO

Boys 10 & under 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:44.15	846	Liang, Alex	10	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
2	2:46.12	819	Fu, Waylen	10	PC South San Francisco Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
3	2:48.24	792	Vu, Jordan	10	PC SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
4	2:48.42	789	Pacult, Nicholas	10	PC Piedmont Swim Team	8/4/2009	2009 Western Zone Swimming Cha
5	2:48.87	783	Yongyuth, Jared	10	PC Santa Clara Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
6	2:49.79	771	Choi, Tomas	10	PC Mission San Jose Aquatics	8/4/2009	2009 Western Zone Swimming Cha
7	2:49.80	771	Poppe, Hank	10	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
8	2:51.48	924	Wooldridge, Ben	9	PC Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
9	2:53.15	728	Ma, Michael	10	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:55.58	698	Arvidsson, Karl	10	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
11	2:56.04	866	Zhang, Lyon	9	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:56.53	686	Ho, Benjamin	10	PC Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
13	2:56.88	682	Urbina, Elijah	10	PC Morgan Hill Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
14	2:57.24	677	Barsanti, Nathan	10	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

15	2:57.26	677	James, Tyler	10	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
16	2:58.79	658	Murphy, Jack	10	PC	Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:58.92	657	Gonzalez, Alexander	10	PC	Livermore Aqua Cowboys Club	4/18/2009	2009 PC SRVL LCM PC-CBA+
18	2:58.96	830	Cui, Kevin	9	PC	California Dolphin Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
19	2:59.01	656	Baetiong, Ben	10	PC	South San Francisco Aquatics	6/26/2009	2009 PN West Coast Invite
20	2:59.39	651	Joseph, Kenny	10	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:59.69	647	Cho, Andrew	10	PC	Palo Alto Stanford Aquatics	4/18/2009	2009 PC WEST LCM PC-C/B/A+
21	2:59.69	647	Costa, Parker	10	PC	Barracuda Aquatics Of Monterey	4/18/2009	2009 PC WEST LCM PC-C/B/A+
23	3:01.56	625	Holt, Oli	10	PC	Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
24	3:01.59	625	Louie, Cameron	10	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
25	3:02.10	792	McKenna, David	9	PC	Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+

Girls 11-12 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	28.58	802	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
2	28.69	794	Ladd, Catherine	12	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
3	28.82	860	Usinger, Brittany	11	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
4	28.87	781	Ashby, Mary	12	PC Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
5	29.33	747	Hua, Vivy	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
6	29.34	747	Fong, Kristina	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
7	29.43	740	Lew-Koga, Alike	12	PC USF Koret Youth Swim Club	4/18/2009	2009 PC TERA LCM PC-CBA+
8	29.52	734	Short, Allison	12	PC Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
9	29.55	731	Reid, Carly	12	PC Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
10	29.56	731	Valle, Choki	12	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
11	29.60	728	Doan, Natalie	12	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
12	29.79	714	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
13	29.82	712	Knowles, Rachel	12	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
14	29.86	709	Campbell, Jennifer	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	29.90	706	Rosenthal, Haley	12	PC Santa Cruz County Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

16	29.94	703	Morrow, Hannah	12	PC	De Anza Cupertino Aquatics	8/2/2009	2009 PC LCM FAR WEST CHM
16	29.94	703	Van Linge, Kindle	12	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	29.97	701	Sargis, Celine	12	PC	Neptune Swimming	5/22/2009	2009 PC MBSC LCM OPEN
19	30.02	698	Brand, Iris	12	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
20	30.07	770	Raukar, Cali	11	PC	Marin Pirates	7/16/2009	2009 PC TERA LCM PC-JO
21	30.08	770	Isleta, Chloe	11	PC	Rovella's Athletic Club	6/6/2009	2009 PC SJA LCM JR+
22	30.12	691	Lee, Jessica	12	PC	Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
23	30.20	685	Ortiz, Katarina	12	PC	Rovella's Athletic Club	6/6/2009	2009 PC SJA LCM JR+
23	30.20	761	Faridnia, Sayeh	11	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	30.21	684	Luders, Micaela	12	PC	Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+

Boys 11-12 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	26.41	904	Lynch, Justin	12	PC Terrapins Swim Team	8/5/2009	2009 CA North American Challen
2	26.58	892	Read, Justin	12	PC De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
3	26.91	980	Sun, Jerome	11	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
4	27.70	816	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
5	27.94	800	Yeung, Anthony	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
6	27.97	797	McCrillis, Patrick	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
7	28.06	791	Mayer, Kenny	12	PC Cabrillo Threshers	7/16/2009	2009 PC TERA LCM PC-JO
8	28.34	773	Sun, Bryan	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
9	28.40	883	Bottene, Max	11	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
10	28.46	765	Gohlke, Nils	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
11	28.65	752	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
12	28.70	863	Watson, Grant	11	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
13	28.71	748	Shen, Tony	12	PC Pleasanton Seahawks	6/6/2009	2009 PC SJA LCM JR+
13	28.71	748	Hoefling, Michael	12	PC Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
15	28.80	857	Lin, Shawn	11	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

16	28.84	740	Murphy, Jack	12	PC	Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
17	28.90	736	Pawlak, Daniel	12	PC	Morgan Hill Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
18	29.21	831	Fu, Waylen	11	PC	South San Francisco Aquatics	8/2/2009	2009 PC LCM FAR WEST CHM
19	29.25	713	Bole, Scott	12	PC	North Bay Aquatics	4/18/2009	2009 PC TERA LCM PC-CBA+
20	29.27	711	Burrill, Cooper	12	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	29.49	697	Silva, A.J.	12	PC	Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
22	29.50	696	Messner, Michael	12	PC	Sunnyvale Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
22	29.50	696	Wu, Stanley	12	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
24	29.57	692	Zyla, Michal	12	PC	Terrapins Swim Team	6/27/2009	2009 PC OAPB LCM PC-CBA+
25	29.59	690	Dickens, Soren	12	PC	Oakdale Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 11-12 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:01.21	837	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
2	1:01.88	811	Ladd, Catherine	12	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
3	1:02.10	907	Usinger, Brittany	11	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:02.66	782	Ashby, Mary	12	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	1:03.17	762	Fong, Kristina	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
6	1:03.45	752	Knowles, Rachel	12	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
7	1:03.56	748	Reid, Carly	12	PC Palo Alto Stanford Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
8	1:03.76	844	Isleta, Chloe	11	PC Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:04.16	725	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
10	1:04.39	717	Sargis, Celine	12	PC Neptune Swimming	5/22/2009	2009 PC TIGR LCM OPEN
10	1:04.39	717	Hua, Vivy	12	PC Mission San Jose Aquatics	7/30/2009	2009 PC LCM FAR WEST CHM
12	1:04.60	709	Burton, Holly	12	PC Reno Aquatic Club	6/27/2009	2009 SN Redding Swim Team Trophy B/A+
13	1:04.96	696	Brand, Iris	12	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
14	1:04.98	695	Doan, Natalie	12	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
15	1:05.08	795	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

								Championship
16	1:05.09	691	Campbell, Jennifer	12	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	1:05.22	687	Benjamin, Miriam	12	PC	Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:05.54	778	Raukar, Cali	11	PC	Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM
19	1:05.64	671	Van Linge, Kindle	12	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:05.75	668	Nicolosi, Sara	12	PC	Crow Canyon Country Club Sharks	5/22/2009	2009 PC TIGR LCM OPEN
21	1:05.84	664	Valle, Choki	12	PC	Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	1:05.92	661	Luders, Micaela	12	PC	Neptune Swimming	5/1/2009	2009 PC VJO LCM PC-CBA+
23	1:05.94	661	Fuller, Cassidy	12	PC	Orinda Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
24	1:06.08	656	Garza, Halli	12	PC	The Swim Club of NorCal	5/1/2009	2009 PC VJO LCM PC-CBA+
25	1:06.10	655	Ortiz, Katarina	12	PC	Rovella's Athletic Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+

Boys 11-12 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	57.34	928	Lynch, Justin	12	PC Terrapins Swim Team	8/5/2009	2009 CA North American Challen
2	57.87	908	Read, Justin	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
3	58.81	872	Sun, Jerome	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	59.96	830	McCrillis, Patrick	12	PC Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN
5	1:00.72	802	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
6	1:01.46	776	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
7	1:01.61	770	Zyla, Michal	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:01.68	768	Yeung, Anthony	12	PC Flying Fish	8/5/2009	2009 CA North American Challen
9	1:01.90	760	Keller, Stefan	12	PC Neptune Swimming	8/5/2009	2009 CA North American Challen
10	1:02.01	901	Lin, Shawn	11	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
11	1:02.10	753	Messner, Michael	12	PC Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:02.45	741	Sun, Bryan	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
13	1:02.46	740	Gohlke, Nils	12	PC Bear Swimming	8/4/2009	2009 Western Zone Swimming Cha
14	1:03.48	705	Mayer, Kenny	12	PC Cabrillo Threshers	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

15	1:03.60	846	Watson, Grant	11	PC	Walnut Creek Aquabears	8/4/2009	2009 Western Zone Swimming Cha
16	1:04.06	685	Shen, Tony	12	PC	Pleasanton Seahawks	6/6/2009	2009 PC SJA LCM JR+
17	1:04.25	824	Matsuda, Daichi	11	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
18	1:04.54	814	Fu, Waylen	11	PC	South San Francisco Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
18	1:04.54	668	Hoefling, Michael	12	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:04.66	664	Pawlak, Daniel	12	PC	Morgan Hill Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
21	1:04.77	806	Yongyuth, Jared	11	PC	Santa Clara Swim Club	7/30/2009	2009 PC LCM FAR WEST CHM
21	1:04.77	661	Wang, Winston	12	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:04.90	656	Murphy, Jack	12	PC	Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:04.90	656	Fields, Adrian	12	PC	Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
25	1:04.93	801	Bottene, Max	11	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO

Girls 11-12 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:13.14	823	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:13.35	819	Knowles, Rachel	12	PC Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
3	2:15.83	770	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
4	2:18.44	720	Fong, Kristina	12	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
5	2:18.63	716	Grimes, Alexandra	12	PC Swim South Bay	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:19.22	705	Benjamin, Miriam	12	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
7	2:19.64	697	Garza, Halli	12	PC The Swim Club of NorCal	4/24/2009	2009 SN SMST Spring Splash
8	2:19.78	694	Brand, Iris	12	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
9	2:19.90	692	Burton, Holly	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
10	2:20.02	690	Ashby, Mary	12	PC Orinda Aquatics	8/5/2009	2009 CA North American Challen
11	2:20.21	804	Usinger, Brittany	11	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
12	2:21.46	664	Luders, Micaela	12	PC Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+
13	2:21.48	780	Isleta, Chloe	11	PC Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
14	2:21.79	658	MacGregor, Cate	12	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

15	2:22.15	651	Campbell, Jennifer	12	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:23.06	635	Reid, Carly	12	PC	Palo Alto Stanford Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
17	2:23.17	633	Ladd, Catherine	12	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
18	2:24.08	617	Ortiz, Katarina	12	PC	Rovella's Athletic Club	7/16/2009	2009 PC TERA LCM PC-JO
19	2:24.32	728	Raukar, Cali	11	PC	Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:24.34	612	Fuller, Cassidy	12	PC	Orinda Aquatics	6/27/2009	2009 PC OAPB LCM PC-CBA+
21	2:25.43	708	Shimomura, Sarah	11	PC	Cabrillo Threshers	6/6/2009	2009 PC SJA LCM JR+
22	2:25.83	586	Rosenthal, Haley	12	PC	Santa Cruz County Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
23	2:26.03	583	Sargis, Celine	12	PC	Neptune Swimming	5/22/2009	2009 PC TIGR LCM OPEN
24	2:26.11	696	Woods, Katie	11	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:26.16	580	Ma, Kimberly	12	PC	Santa Clara Swim Club	6/28/2009	2009 PC SUNN LCM INVITE

Boys 11-12 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:06.09	909	Lynch, Justin	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:06.35	903	Sun, Jerome	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	2:06.64	898	Read, Justin	12	PC De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
4	2:09.33	846	McCrillis, Patrick	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
5	2:12.30	791	Messner, Michael	12	PC Sunnyvale Swim Club	8/5/2009	2009 CA North American Challen
6	2:12.65	784	Keller, Stefan	12	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
7	2:12.92	779	Yeung, Anthony	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
8	2:14.09	758	Zyla, Michal	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
9	2:14.84	897	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:16.21	720	Sun, Bryan	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
11	2:16.49	715	Shen, Tony	12	PC Pleasanton Seahawks	4/18/2009	2009 PC SRVL LCM PC-CBA+
12	2:17.89	690	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
13	2:18.14	686	Bole, Scott	12	PC North Bay Aquatics	4/18/2009	2009 PC TERA LCM PC-CBA+
14	2:18.23	684	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	4/18/2009	2009 PC SRVL LCM PC-CBA+
15	2:19.00	822	White, Forrest	11	PC Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

16	2:19.47	814	Burns, Aidan	11	PC	Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
17	2:19.98	654	Pawlak, Daniel	12	PC	Morgan Hill Swim Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
18	2:20.50	796	Watson, Grant	11	PC	Walnut Creek Aquabears	8/4/2009	2009 Western Zone Swimming Cha
19	2:20.60	794	Yongyuth, Jared	11	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
20	2:20.67	642	Wong, Benjamin	12	PC	West Coast Aquatics	8/4/2009	2009 Western Zone Swimming Cha
21	2:20.77	791	Gutierrez, Corey	11	PC	San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:21.11	635	Mayer, Kenny	12	PC	Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
23	2:21.90	622	Dickens, Soren	12	PC	Oakdale Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
24	2:22.27	615	Khan, Marzuq	12	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:22.71	608	Wu, Stanley	12	PC	Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 11-12 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:36.56	854	Knowles, Rachel	12	PC Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
2	4:48.50	853	Isleta, Chloe	11	PC Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
3	4:48.73	736	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
4	4:48.87	735	Benjamin, Miriam	12	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
5	4:49.24	732	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
6	4:53.89	802	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
7	4:55.82	672	Campbell, Jennifer	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	4:56.55	665	Brand, Iris	12	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
9	5:00.90	627	Garza, Halli	12	PC The Swim Club of NorCal	5/1/2009	2009 PC VJO LCM PC-CBA+
10	5:01.44	622	MacGregor, Cate	12	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
11	5:01.65	621	Fong, Kristina	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
12	5:03.04	609	Burton, Holly	12	PC Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	5:03.46	605	Ladd, Catherine	12	PC Osprey Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
14	5:05.90	693	Usinger, Brittany	11	PC Orinda Aquatics	4/18/2009	2009 PC TERA LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

15	5:07.13	574	Sun, Lillian	12	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
16	5:07.53	571	Ma, Kimberly	12	PC	Santa Clara Swim Club	6/20/2009	2009 PC VS LCM PC-CBA+
17	5:07.59	570	Soe, Sandra	12	PC	Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
18	5:07.74	569	Miller, Lindsey	12	PC	Palo Alto Stanford Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+
19	5:07.75	569	Nicolosi, Sara	12	PC	Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+
20	5:08.15	566	Hua, Vivy	12	PC	Mission San Jose Aquatics	4/18/2009	2009 PC SRVL LCM PC-CBA+
21	5:08.46	671	Woods, Katie	11	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
22	5:08.65	562	Ortiz, Katarina	12	PC	Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
23	5:08.67	670	Shimomura, Sarah	11	PC	Cabrillo Threshers	7/16/2009	2009 PC TERA LCM PC-JO
24	5:09.59	662	Kauffeld, Maggie	11	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
25	5:10.25	656	Faridnia, Sayeh	11	PC	De Anza Cupertino Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+

Boys 11-12 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:27.12	901	Sun, Jerome	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	4:28.28	890	Read, Justin	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
3	4:33.46	844	Messner, Michael	12	PC Sunnyvale Swim Club	8/5/2009	2009 CA North American Challen
4	4:37.72	807	McCrillis, Patrick	12	PC Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN
5	4:39.39	792	Lynch, Justin	12	PC Terrapins Swim Team	5/1/2009	2009 PC VJO LCM PC-CBA+
6	4:41.52	774	Yeung, Anthony	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
7	4:42.49	895	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
8	4:44.74	747	Zyla, Michal	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
9	4:47.02	856	White, Forrest	11	PC Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
10	4:48.04	719	Wong, Benjamin	12	PC West Coast Aquatics	8/4/2009	2009 Western Zone Swimming Cha
11	4:49.12	838	Gutierrez, Corey	11	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	4:49.67	705	Shen, Tony	12	PC Pleasanton Seahawks	4/18/2009	2009 PC SRVL LCM PC-CBA+
13	4:51.47	691	Sun, Bryan	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
14	4:53.42	675	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

15	4:53.61	801	Burns, Aidan	11	PC	Santa Clara Swim Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
16	4:53.80	672	Mayer, Kenny	12	PC	Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
17	4:54.30	668	Bole, Scott	12	PC	North Bay Aquatics	4/18/2009	2009 PC TERA LCM PC-CBA+
18	4:54.74	664	Pawlak, Daniel	12	PC	Morgan Hill Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
19	4:54.76	664	Fry, Phillip	12	PC	Osprey Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+
20	4:56.51	650	Wu, Stanley	12	PC	Terrapins Swim Team	5/22/2009	2009 PC TIGR LCM OPEN
21	4:57.83	767	Yongyuth, Jared	11	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
22	4:58.28	636	Tamayo, Estevan	12	PC	West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
23	5:00.68	617	Shaker, Sharif	12	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
24	5:00.83	616	Hernandez, Eduardo	12	PC	Morgan Hill Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
25	5:00.93	742	Blake, Samuel	11	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 11-12 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:33.95	884	Knowles, Rachel	12	PC Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
2	9:52.50	803	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
3	10:02.04	762	Grimes, Alexandra	12	PC Swim South Bay	7/29/2009	2009 PC LCM FAR WEST CHM
4	10:02.70	759	Benjamin, Miriam	12	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
5	10:11.86	722	Brand, Iris	12	PC Santa Clara Swim Club	6/19/2009	2009 SN SS Invitational
6	10:15.57	707	MacGregor, Cate	12	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
7	10:27.50	659	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
8	10:36.04	626	Sun, Lillian	12	PC Pleasanton Seahawks	5/22/2009	2009 PC TIGR LCM OPEN
9	10:36.39	624	Hua, Vivy	12	PC Mission San Jose Aquatics	6/6/2009	2009 PC SJA LCM JR+
10	10:37.21	621	Haley, Hannah	12	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
11	10:37.55	620	Bantock, Chloe	12	PC Pleasanton Seahawks	5/22/2009	2009 PC TIGR LCM OPEN
12	10:38.81	615	Burton, Holly	12	PC Reno Aquatic Club	6/19/2009	2009 PC RENO LCM PC-CBA+
13	10:41.94	738	Usinger, Brittany	11	PC Unattached	6/6/2009	2009 PC SJA LCM JR+
14	10:43.27	598	McNamara, Monica	12	PC Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	10:45.62	724	Shimomura, Sarah	11	PC Cabrillo Threshers	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

16	10:46.44	721	Kauffeld, Maggie	11	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
17	10:51.47	701	Chung, Eva	11	PC	Pleasanton Seahawks	5/22/2009	2009 PC TIGR LCM OPEN
18	10:57.41	546	Lee, Jessica	12	PC	Neptune Swimming	6/19/2009	2009 PC NAPA LCM PC-CBA+
19	11:02.46	528	Rojas, Alexia	12	PC	Otter Swim Club	5/22/2009	2009 PC TIGR LCM OPEN
20	11:04.10	522	Farrell, Jodi	12	PC	Westside Aquaducks	6/19/2009	2009 PC NAPA LCM PC-CBA+
21	11:18.49	472	Woolever, Katherine	12	PC	Cabrillo Threshers	6/27/2009	2009 PC WEST LCM PC-C/B/A+
22	11:23.53	455	Vineys, Madison	12	PC	Westside Aquaducks	6/19/2009	2009 PC NAPA LCM PC-CBA+
23	11:31.55	428	Dean-Pelikan, Rahel	12	PC	Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
24	11:32.67	424	Lindsey, Madisen	12	PC	Campbell Wave Swimming	4/18/2009	2009 PC WEST LCM PC-C/B/A+
25	11:44.39	512	Karpishin, Michelle	11	PC	Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+

Boys 11-12 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	9:24.05	895	Read, Justin	12	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
2	9:41.66	983	Sun, Jerome	11	PC Mission San Jose Aquatics	6/6/2009	2009 PC SJA LCM JR+
3	10:06.10	882	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
4	10:07.73	875	Yeung, Anthony	11	PC Flying Fish	6/6/2009	2009 PC SJA LCM JR+
5	10:12.17	857	Blake, Samuel	11	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
6	10:17.52	674	Hinrichs, Christopher	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
7	10:19.90	665	Fry, Phillip	12	PC Osprey Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+
8	10:30.25	625	Hernandez, Eduardo	12	PC Morgan Hill Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
9	10:41.93	582	Khan, Marzuq	12	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
10	10:42.07	741	Garcia, Erik	11	PC Otter Swim Club	5/22/2009	2009 PC TIGR LCM OPEN
11	11:12.36	630	Idgunji, Sidhant	11	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
12	11:15.36	619	Murray, Jake	11	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
13	11:17.41	458	Miguel, Brandon	12	PC Unattached	5/1/2009	2009 PC VJO LCM PC-CBA+
14	11:17.99	610	Ren, David	11	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
15	11:22.03	442	Lang, Aric	12	PC Piranha Swimming	5/1/2009	2009 PC VJO LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

16	11:28.92	572	Corbishley, Luke	11	PC	Barracuda Aquatics Of Monterey	7/3/2009	2009 CA SLO Firecracker
17	11:38.93	538	Rosati, Winston	11	PC	Palo Alto Stanford Aquatics	4/18/2009	2009 PC WEST LCM PC-C/B/A+
18	11:40.54	533	Bottene, Max	11	PC	Terrapins Swim Team	5/1/2009	2009 PC VJO LCM PC-CBA+
19	11:40.74	532	Alexander, Quinlan	11	PC	Unattached	6/19/2009	2009 PC RENO LCM PC-CBA+
20	11:50.86	499	Lax, Sam	11	PC	YMCA Presidio Aquatics Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
21	11:53.73	343	Laws, Gus	12	PC	Terrapins Swim Team	5/1/2009	2009 PC VJO LCM PC-CBA+
22	11:55.50	485	Pease, Walker	11	PC	YMCA Presidio Aquatics Club	6/19/2009	2009 PC RENO LCM PC-CBA+
23	11:58.02	331	Shimokobe, Takahiro	12	PC	Unattached	6/19/2009	2009 PC NAPA LCM PC-CBA+
24	11:58.72	474	Yan, Alan	11	PC	Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+
25	11:59.09	473	Steiner, Henry	11	PC	Westside Aquaducks	6/19/2009	2009 PC NAPA LCM PC-CBA+

Girls 11-12 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	18:36.72	874	Knowles, Rachel	12	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
2	18:50.94	842	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
3	19:17.98	784	Benjamin, Miriam	12	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
4	19:25.17	768	Campbell, Jennifer	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	19:26.60	765	Grimes, Alexandra	12	PC Swim South Bay	7/29/2009	2009 PC LCM FAR WEST CHM
6	19:43.79	729	MacGregor, Cate	12	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
7	20:38.63	775	Shimomura, Sarah	11	PC Cabrillo Threshers	6/6/2009	2009 PC SJA LCM JR+
8	20:51.73	594	Soe, Sandra	12	PC Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
9	21:05.49	722	Usinger, Brittany	11	PC Unattached	6/6/2009	2009 PC SJA LCM JR+
10	21:30.21	523	Wright, Kailee	12	PC Marin Pirates	5/1/2009	2009 PC VJO LCM PC-CBA+
11	21:32.24	519	Haley, Hannah	12	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
12	21:49.65	488	Lindsey, Madisen	12	PC Campbell Wave Swimming	5/2/2009	2009 PC SJA LCM PC-C/B/A+
13	21:50.28	637	Panconi, Danielle	11	PC De Anza Cupertino Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
14	22:01.29	468	Staton, Elizabeth	12	PC Peninsula Covenant Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
15	22:11.64	599	Gardner, Nia	11	PC Palo Alto Stanford Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
16	22:17.08	589	Akin, Lauren	11	PC Morgan Hill Swim Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

17	22:17.26	589	Karpishin, Michelle	11	PC	Otter Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
18	22:40.99	547	Malysz, Emma	11	PC	Swim South Bay	5/2/2009	2009 PC SJA LCM PC-C/B/A+
19	22:48.69	389	Thielen, Shannon	12	PC	Highland Dolphins Aquatic Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
20	22:51.24	385	King, Samantha	12	PC	Peninsula Covenant Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
21	23:03.07	367	Albright, Lindsey	12	PC	Lakeridge Swim Team	6/19/2009	2009 PC RENO LCM PC-CBA+
22	23:15.92	347	Mellen, Annika	12	PC	Marin Pirates	6/19/2009	2009 PC RENO LCM PC-CBA+
23	23:48.06	299	Pasquinzo, Kennedy	12	PC	YMCA Presidio Aquatics Club	6/19/2009	2009 PC RENO LCM PC-CBA+
24	24:56.23	208	Vidano, Laura	12	PC	YMCA Presidio Aquatics Club	6/19/2009	2009 PC RENO LCM PC-CBA+
25	26:05.25	243	Ezrre, Alana	11	PC	Santa Clara Swim Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+

Boys 11-12 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:56.72	902	Read, Justin	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	18:20.78	1085	Sun, Jerome	11	PC Mission San Jose Aquatics	5/2/2009	2009 PC SJA LCM PC-C/B/A+
3	18:29.28	837	Messner, Michael	12	PC Sunnyvale Swim Club	6/28/2009	2009 PC SUNN LCM INVITE
4	19:10.85	757	Lynch, Justin	12	PC Terrapins Swim Team	5/1/2009	2009 PC VJO LCM PC-CBA+
5	19:41.92	699	Hinrichs, Christopher	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
6	19:44.12	929	Yeung, Anthony	11	PC Flying Fish	6/6/2009	2009 PC SJA LCM JR+
7	20:59.88	794	Hernandez, Eduardo	11	PC Morgan Hill Swim Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
8	21:34.06	736	Watson, Grant	11	PC Walnut Creek Aquabears	6/6/2009	2009 PC SJA LCM JR+
9	21:43.13	487	Ong, Jonathan	12	PC Pleasanton Seahawks	6/6/2009	2009 PC SJA LCM JR+
10	22:01.43	457	Crewe, Jackson	12	PC Sunnyvale Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
11	22:04.06	453	Jerome, Bradley	12	PC Peninsula Covenant Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
12	22:12.74	439	Lang, Aric	12	PC Piranha Swimming	5/1/2009	2009 PC VJO LCM PC-CBA+
13	22:13.61	670	Oliver, Nick	11	PC Ladera Oaks	6/13/2009	2009 PC DACA LCM PC-C/B/A+
14	22:19.60	660	Pease, Walker	11	PC YMCA Presidio Aquatics Club	6/19/2009	2009 PC RENO LCM PC-CBA+
15	22:37.58	631	Lax, Sam	11	PC YMCA Presidio Aquatics Club	6/19/2009	2009 PC RENO LCM PC-CBA+
16	23:11.01	578	Tay, Eldon	11	PC Palo Alto Stanford Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

17	23:28.75	551	Curtis, Kyle	11	PC	Lakeridge Swim Team	6/19/2009	2009 PC RENO LCM PC-CBA+
18	23:41.88	306	Moore, Bryce	12	PC	Humboldt Swim Club	5/1/2009	2009 PC VJO LCM PC-CBA+
19	23:59.98	504	Aguiar, Gabriel	11	PC	Los Altos & Mountain View A.C.	6/28/2009	2009 PC SUNN LCM INVITE

Girls 11-12 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	31.84	890	Ladd, Catherine	12	PC Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	33.22	790	Ashby, Mary	12	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	33.73	853	Minor, Megan	11	PC Napa Valley Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
4	33.80	849	Usinger, Brittany	11	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
5	33.88	843	Coloma, Samantha	11	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
6	33.97	738	Short, Allison	12	PC Barracuda Aquatics Of Monterey	7/29/2009	2009 PC LCM FAR WEST CHM
7	34.00	736	Sturzenegger, Selby	12	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
8	34.05	831	Isleta, Chloe	11	PC Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
9	34.20	821	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
10	34.49	702	Grimes, Alexandra	12	PC Swim South Bay	7/29/2009	2009 PC LCM FAR WEST CHM
11	34.54	699	Sargis, Celine	12	PC Neptune Swimming	5/22/2009	2009 PC TIGR LCM OPEN
12	34.67	690	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
13	34.69	689	Morrow, Hannah	12	PC De Anza Cupertino Aquatics	8/2/2009	2009 PC LCM FAR WEST CHM
14	34.77	782	Wang, Valerie	11	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
15	34.85	678	Fong, Kristina	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	34.97	670	Lee, Jessica	12	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
17	35.07	663	Van Linge, Kindle	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	35.21	654	Hon, Fiona	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	35.32	647	Knowles, Rachel	12	PC Pleasanton Seahawks	7/3/2009	2009 HI 61st ANNUAL KEO NAKAMA
20	35.56	631	Rosenthal, Haley	12	PC Santa Cruz County Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	35.58	630	Valle, Choki	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	35.61	628	Cooper, Leah	12	PC South San Francisco Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

23	35.64	626	Owyong, Jordan	12	PC	Montclair Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
24	35.67	624	Campbell, Jennifer	12	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	35.68	623	Soe, Sandra	12	PC	Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO

Boys 11-12 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	29.87	962	Lynch, Justin	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
2	31.38	856	Sun, Jerome	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	32.62	772	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	32.73	765	Tung, Jeffrey	12	PC Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
5	32.98	748	McCrillis, Patrick	12	PC Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN
6	33.61	707	Burrill, Cooper	12	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
7	33.83	693	Sun, Bryan	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
8	34.01	847	Bottene, Max	11	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
9	34.31	662	Murphy, Jack	12	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
10	34.32	827	White, Forrest	11	PC Crow Canyon Country Club Sharks	8/7/2009	2009 Western Zone Swimming Cha
11	34.37	824	Gutierrez, Corey	11	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	34.41	656	Zyla, Michal	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
13	34.61	644	Vega, Jordan	12	PC California Dolphin Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
14	34.76	634	Farbman, Jonathan	12	PC Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM
15	34.78	633	Wu, Stanley	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
16	34.79	632	Wang, Winston	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	34.92	790	Lin, Shawn	11	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
18	34.98	620	Fry, Phillip	12	PC Osprey Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+
19	35.17	774	Garcia, Erik	11	PC Otter Swim Club	6/27/2009	2009 PC BAC LCM PC-CBA+
20	35.42	759	Galant, Misha	11	PC California Dolphin Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
21	35.44	592	Khan, Marzuq	12	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	35.44	592	Elmurib, Sean	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

23	35.54	586	Arvidsson, Erik	12	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	35.54	751	Burns, Aidan	11	PC	Santa Clara Swim Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
25	35.70	742	Liang, Matthew	11	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Girls 11-12 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:08.24	881	Ladd, Catherine	12	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
2	1:11.33	780	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
3	1:12.06	868	Usinger, Brittany	11	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:12.51	743	Ashby, Mary	12	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	1:12.96	729	Grimes, Alexandra	12	PC Swim South Bay	8/4/2009	2009 Western Zone Swimming Cha
6	1:13.13	724	Luders, Micaela	12	PC Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+
6	1:13.13	834	Isleta, Chloe	11	PC Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:13.31	829	Minor, Megan	11	PC Napa Valley Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
9	1:13.49	713	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	1:14.30	688	Sargis, Celine	12	PC Neptune Swimming	5/22/2009	2009 PC TIGR LCM OPEN
11	1:14.37	796	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
11	1:14.37	796	Coloma, Samantha	11	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:14.65	677	Mellen, Annika	12	PC Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM
14	1:14.74	675	Sturzenegger, Selby	12	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
15	1:15.36	656	Hon, Fiona	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:15.47	653	Van Linge, Kindle	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:15.73	645	Morrow, Hannah	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:15.79	643	Short, Allison	12	PC Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
19	1:15.87	751	Raukar, Cali	11	PC Marin Pirates	7/16/2009	2009 PC TERA LCM PC-JO
20	1:16.19	631	Cooper, Leah	12	PC South San Francisco Aquatics	8/5/2009	2009 CA North American Challen
21	1:16.49	623	Knowles, Rachel	12	PC Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
22	1:16.52	622	O'Leary, Sarah	12	PC Tiger Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

23	1:16.53	621	Nicolosi, Sara	12	PC	Crow Canyon Country Club Sharks	5/22/2009	2009 PC TIGR LCM OPEN
24	1:16.60	619	Burton, Holly	12	PC	Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN
25	1:16.73	616	Valle, Choki	12	PC	Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Boys 11-12 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:04.63	952	Lynch, Justin	12	PC Terrapins Swim Team	8/5/2009	2009 CA North American Challen
2	1:07.17	870	Sun, Jerome	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	1:09.58	793	Tung, Jeffrey	12	PC Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:10.27	772	Read, Justin	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	1:10.72	758	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	8/7/2009	2009 CA North American Challen
6	1:11.08	912	White, Forrest	11	PC Crow Canyon Country Club Sharks	8/4/2009	2009 Western Zone Swimming Cha
7	1:12.18	879	Lin, Shawn	11	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
8	1:12.20	713	McCrillis, Patrick	12	PC Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN
9	1:12.58	702	Sun, Bryan	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
10	1:12.81	695	Fields, Adrian	12	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
11	1:13.30	845	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:13.41	842	Burns, Aidan	11	PC Santa Clara Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
13	1:13.57	672	Zyla, Michal	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
13	1:13.57	837	Bottene, Max	11	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
15	1:14.44	647	Burrill, Cooper	12	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:14.50	645	Wu, Stanley	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:14.58	643	Khan, Marzuq	12	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
18	1:14.66	640	Garcia, Erik	12	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
19	1:15.11	627	James, Brandon	12	PC Terrapins Swim Team	4/18/2009	2009 PC TERA LCM PC-CBA+
20	1:15.75	609	Fry, Phillip	12	PC Osprey Aquatics	6/20/2009	2009 PC VS LCM PC-CBA+
21	1:15.78	608	Messner, Michael	12	PC Sunnyvale Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
22	1:15.99	602	Vega, Jordan	12	PC California Dolphin Swim Team	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

23	1:16.03	766	Shang, Keven	11	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:16.19	596	Wooldridge, Jacob	12	PC	Crow Canyon Country Club Sharks	6/13/2009	2009 PC BEAR LCM PC-CBA+
25	1:16.30	593	Pon, Brandon	12	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 11-12 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:33.11	917	Isleta, Chloe	11	PC	Rovella's Athletic Club	7/29/2009 2009 PC LCM FAR WEST CHM
2	2:33.83	907	Usinger, Brittany	11	PC	Unattached	7/29/2009 2009 PC LCM FAR WEST CHM
3	2:34.55	775	Luders, Micaela	12	PC	Neptune Swimming	5/1/2009 2009 PC VJO LCM PC-CBA+
4	2:35.05	769	Ashby, Mary	12	PC	Orinda Aquatics	7/29/2009 2009 PC LCM FAR WEST CHM
5	2:37.51	858	Raukar, Cali	11	PC	Marin Pirates	7/29/2009 2009 PC LCM FAR WEST CHM
6	2:37.97	729	Delisle, Marie-Pierre	12	PC	Palo Alto Stanford Aquatics	5/22/2009 2009 PC MBSC LCM OPEN
7	2:40.41	697	Sturzenegger, Selby	12	PC	Burlingame Aquatic Club	7/16/2009 2009 PC TERA LCM PC-JO
8	2:41.37	808	Coloma, Samantha	11	PC	Terrapins Swim Team	7/16/2009 2009 PC TERA LCM PC-JO
9	2:41.47	806	Saghafi, Ariana	11	PC	Crow Canyon Country Club Sharks	6/13/2009 2009 PC BEAR LCM PC-CBA+
10	2:42.08	675	Cooper, Leah	12	PC	South San Francisco Aquatics	6/26/2009 2009 PN West Coast Invite
11	2:42.61	668	Hon, Fiona	12	PC	Palo Alto Stanford Aquatics	7/16/2009 2009 PC TERA LCM PC-JO
12	2:43.30	659	Nicolosi, Sara	12	PC	Crow Canyon Country Club Sharks	6/6/2009 2009 PC SJA LCM JR+
13	2:43.72	654	Burton, Holly	12	PC	Reno Aquatic Club	6/19/2009 2009 PC RENO LCM PC-CBA+
14	2:44.07	649	Grimes, Alexandra	12	PC	Swim South Bay	6/6/2009 2009 PC SJA LCM JR+
15	2:44.61	642	Sun, Lillian	12	PC	Pleasanton Seahawks	7/29/2009 2009 PC LCM FAR WEST CHM
16	2:44.78	640	Ladd, Catherine	12	PC	Osprey Aquatics	8/5/2009 2009 CA North American Challen
17	2:44.99	638	Sargis, Celine	12	PC	Neptune Swimming	5/1/2009 2009 PC VJO LCM PC-CBA+
18	2:45.47	755	Minor, Megan	11	PC	Napa Valley Swim Team	6/19/2009 2009 PC NAPA LCM PC-CBA+
19	2:45.91	626	Fong, Kristina	12	PC	De Anza Cupertino Aquatics	6/13/2009 2009 PC DACA LCM PC-C/B/A+
20	2:45.95	625	Cheng, Christina	12	PC	De Anza Cupertino Aquatics	6/13/2009 2009 PC DACA LCM PC-C/B/A+
21	2:46.45	619	Fuller, Cassidy	12	PC	Orinda Aquatics	6/13/2009 2009 PC BEAR LCM PC-CBA+
22	2:46.89	613	Morrow, Hannah	12	PC	De Anza Cupertino Aquatics	6/13/2009 2009 PC DACA LCM PC-C/B/A+
23	2:47.18	733	Cunnan, Mia	11	PC	Marin Pirates	7/16/2009 2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	2:48.07	599	Knowles, Rachel	12	PC	Pleasanton Seahawks	6/6/2009	2009 PC SJA LCM JR+
25	2:48.10	598	Van Linge, Kindle	12	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN

Boys 11-12 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:20.34	968	Lynch, Justin	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:24.33	906	Sun, Jerome	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	2:30.19	818	Tung, Jeffrey	12	PC Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:30.75	991	White, Forrest	11	PC Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
5	2:31.61	797	Read, Justin	12	PC De Anza Cupertino Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
6	2:34.21	941	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
7	2:34.91	749	McCrillis, Patrick	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
8	2:36.26	912	Lin, Shawn	11	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
9	2:36.69	723	Khan, Marzuq	12	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
10	2:37.61	710	Fry, Phillip	12	PC Osprey Aquatics	6/20/2009	2009 PC VS LCM PC-CBA+
11	2:37.97	705	Fields, Adrian	12	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
12	2:38.37	700	Zyla, Michal	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
13	2:38.50	880	Burns, Aidan	11	PC Santa Clara Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
14	2:38.64	696	Sun, Bryan	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
15	2:39.08	690	Redd, Donovan	12	PC Oakland Undercurrent S.T.	7/16/2009	2009 PC TERA LCM PC-JO
16	2:40.87	665	Garcia, Erik	12	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
17	2:41.43	840	Bottene, Max	11	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:44.45	616	James, Brandon	12	PC Terrapins Swim Team	5/1/2009	2009 PC VJO LCM PC-CBA+
19	2:44.86	793	DeSomma, Emilio	11	PC North Bay Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:44.96	792	Shang, Keven	11	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
21	2:45.05	790	Mahgoub, Abdullah	11	PC Oakland Undercurrent S.T.	7/16/2009	2009 PC TERA LCM PC-JO
22	2:45.19	606	Velasquez, Yanni	12	PC Daly City Dolphins	7/29/2009	2009 PC LCM FAR WEST CHM
23	2:45.27	787	Rooney, Maxime	11	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	2:46.10	594	Pon, Brandon	12	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	2:46.39	590	Pawlak, Daniel	12	PC	Morgan Hill Swim Club	5/22/2009	2009 PC MBSC LCM OPEN

Girls 11-12 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	36.84	779	Marella, Christine	12	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
2	37.26	755	Brand, Iris	12	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
3	37.42	747	Swanson, Alex	12	PC Napa Valley Swim Team	6/19/2009	2009 PC NAPA LCM PC-CBA+
4	37.53	832	Wang, Valerie	11	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	37.58	738	Morrow, Hannah	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
6	37.98	716	Miller, Lindsey	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
7	38.02	714	Didion, Kate	12	PC Terrapins Swim Team	6/27/2009	2009 PC OAPB LCM PC-CBA+
8	38.25	701	Funai, Charlene	12	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	38.42	692	Burton, Holly	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
10	38.45	690	Ladd, Catherine	12	PC Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	38.51	687	Lee, Aileen	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	38.54	686	Nunn, Tiffany	12	PC Humboldt Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
13	39.01	660	Garcia, Callie	12	PC Otter Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
14	39.07	657	Soltz, Hannah	12	PC Montclair Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
15	39.20	743	Miller, Abigail	11	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
16	39.28	646	Doan, Natalie	12	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
17	39.29	738	Panconi, Danielle	11	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
18	39.55	632	Simcock, Mary	12	PC North Bay Aquatics	4/18/2009	2009 PC TERA LCM PC-CBA+
19	39.60	722	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	6/27/2009	2009 PC OAPB LCM PC-CBA+
20	39.68	717	Ananth, Shahini	11	PC Livermore Aqua Cowboys Club	4/18/2009	2009 PC SRVL LCM PC-CBA+
21	39.70	624	Maxfield, Lily	12	PC Neptune Swimming	7/11/2009	2009 PC WA PC-CBA+
22	39.72	715	Scott, Riley	11	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
23	40.00	608	Chung, Eva	12	PC Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
24	40.13	602	Peterson, Amy	12	PC Humboldt Swim Club	6/27/2009	2009 SN Redding Swim Team

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Trophy B/A+

25 40.15 601 Hon, Fiona 12 PC Palo Alto Stanford Aquatics 5/1/2009 2009 PC LAMV LCM PC-C/B/A+

Boys 11-12 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	32.93	958	Read, Justin	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
2	34.31	872	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
3	35.57	795	Nishihara, Taiki	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
4	35.75	784	Gohlke, Nils	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
5	35.82	780	Dickens, Soren	12	PC Oakdale Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
6	35.86	777	Murphy, Jack	12	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
7	35.99	770	Messner, Michael	12	PC Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
8	36.01	768	Yeung, Anthony	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
9	36.43	744	Monroe, David	12	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
10	36.51	739	Macabugao, Toby	12	PC Monterey County Aquatic Team	7/16/2009	2009 PC TERA LCM PC-JO
11	36.68	920	Shinn, Curtis	11	PC Piranha Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
12	37.24	696	Wong, Benjamin	12	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
13	37.34	691	Wu, Stanley	12	PC Terrapins Swim Team	5/1/2009	2009 PC VJO LCM PC-CBA+
14	37.39	688	Keller, Stefan	12	PC Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+
15	37.53	680	Sun, Bryan	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
15	37.53	680	Le, Kevin	12	PC Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
17	37.61	866	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+
18	37.62	675	Kmak, JoJo	12	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
19	37.81	664	Redd, Donovan	12	PC Oakland Undercurrent S.T.	7/16/2009	2009 PC TERA LCM PC-JO
20	38.01	652	Hernandez, Giovanni	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
21	38.05	842	Sun, Jerome	11	PC Mission San Jose Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+
22	38.19	834	Nguyen, Tan	11	PC Milpitas Tidal Waves	4/18/2009	2009 PC WEST LCM PC-C/B/A+
23	38.20	642	Lee, Eric	12	PC California Dolphin Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
24	38.21	833	Shang, Keven	11	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25 38.23 832 Fu, Waylen 11 PC South San Francisco Aquatics 7/29/2009 2009 PC LCM FAR WEST CHM

Girls 11-12 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:19.54	784	Marella, Christine	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	1:19.77	779	Didion, Kate	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
3	1:20.30	875	Wang, Valerie	11	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:20.45	761	Ladd, Catherine	12	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
5	1:20.57	758	Morrow, Hannah	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:20.81	752	Brand, Iris	12	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
7	1:21.04	746	Burton, Holly	12	PC Reno Aquatic Club	8/4/2009	2009 Western Zone Swimming Cha
8	1:21.76	728	Miller, Lindsey	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:21.95	724	Lee, Aileen	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	1:23.22	692	Nunn, Tiffany	12	PC Humboldt Swim Club	6/27/2009	2009 SN Redding Swim Team Trophy B/A+
11	1:24.14	670	Chung, Eva	12	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
12	1:24.19	780	Scott, Riley	11	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:24.73	655	Swanson, Alex	12	PC Napa Valley Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
14	1:24.78	766	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	6/27/2009	2009 PC OAPB LCM PC-CBA+
15	1:24.98	649	Maxfield, Lily	12	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:26.16	621	Hon, Fiona	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	1:26.43	615	Sato, Kana	12	PC Wine Country Aquatics Of Napa	7/16/2009	2009 PC TERA LCM PC-JO
18	1:26.50	613	Knowles, Rachel	12	PC Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
19	1:26.67	609	Dean-Pelikan, Rahel	12	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:26.92	603	Funai, Charlene	12	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:26.94	603	Sturzenegger, Selby	12	PC Burlingame Aquatic Club	6/27/2009	2009 PC BAC LCM PC-CBA+
22	1:27.13	598	Soltz, Hannah	12	PC Montclair Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
23	1:27.32	594	Barrett, Izzy	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	1:27.38	592	Lee, Jessica	12	PC	Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:27.48	590	Wittenbrink, Jayna	12	PC	Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+

Boys 11-12 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:14.01	912	Read, Justin	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
2	1:15.31	876	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
3	1:17.11	828	Messner, Michael	12	PC Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:17.54	816	Nishihara, Taiki	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
5	1:17.71	812	Murphy, Jack	12	PC Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:18.10	802	Keller, Stefan	12	PC Neptune Swimming	8/5/2009	2009 CA North American Challen
7	1:18.23	974	Shinn, Curtis	11	PC Piranha Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:19.32	770	Macabugao, Toby	12	PC Monterey County Aquatic Team	7/16/2009	2009 PC TERA LCM PC-JO
9	1:19.35	769	Gohlke, Nils	12	PC Bear Swimming	8/4/2009	2009 Western Zone Swimming Cha
10	1:19.86	755	Wong, Benjamin	12	PC West Coast Aquatics	8/4/2009	2009 Western Zone Swimming Cha
11	1:19.98	752	Sun, Bryan	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:20.60	736	Yeung, Anthony	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:20.67	735	Lung, Andrew	12	PC West Coast Aquatics	6/6/2009	2009 PC SJA LCM JR+
14	1:20.69	734	Dickens, Soren	12	PC Oakdale Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
15	1:21.16	722	Redd, Donovan	12	PC Oakland Undercurrent S.T.	7/16/2009	2009 PC TERA LCM PC-JO
16	1:21.34	895	Sun, Jerome	11	PC Mission San Jose Aquatics	4/18/2009	2009 PC SRVL LCM PC-CBA+
17	1:21.52	891	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:21.89	703	Escolar, Jacob	12	PC Milpitas Tidal Waves	5/2/2009	2009 PC SJA LCM PC-C/B/A+
18	1:21.89	703	Wu, Stanley	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:22.06	699	Monroe, David	12	PC Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:22.58	686	Le, Kevin	12	PC Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:22.92	677	Kmak, JoJo	12	PC Burlingame Aquatic Club	6/27/2009	2009 PC BAC LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

23	1:23.75	656	Fields, Adrian	12	PC	Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
24	1:24.24	644	Gagnon, Nathaniel	12	PC	Ripon Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:24.45	639	Hernandez, Giovanni	12	PC	Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO

Girls 11-12 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:47.65	843	Marella, Christine	12	PC De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
2	2:52.45	788	Didion, Kate	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
3	2:53.42	777	Ladd, Catherine	12	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
4	2:54.35	767	Chung, Eva	12	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
5	2:55.42	755	Miller, Lindsey	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:55.47	872	Wang, Valerie	11	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
7	2:56.61	741	Morrow, Hannah	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	2:58.21	723	Brand, Iris	12	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
9	2:58.88	716	Burton, Holly	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
10	2:59.93	704	Lee, Aileen	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	3:00.17	702	Maxfield, Lily	12	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
12	3:00.22	821	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	6/27/2009	2009 PC OAPB LCM PC-CBA+
13	3:02.79	673	Nunn, Tiffany	12	PC Humboldt Swim Club	6/27/2009	2009 SN Redding Swim Team Trophy B/A+
14	3:03.05	670	Garza, Halli	12	PC The Swim Club of NorCal	4/24/2009	2009 SN SMST Spring Splash
15	3:03.87	661	Cheung, Heidi	12	PC Mission San Jose Aquatics	6/27/2009	2009 PC OAPB LCM PC-CBA+
16	3:03.90	661	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
17	3:04.28	657	Barrett, Izzy	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
18	3:04.40	776	Scott, Riley	11	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
19	3:04.66	653	Swanson, Alex	12	PC Napa Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
20	3:05.15	648	Funai, Charlene	12	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	3:05.61	643	Dean-Pelikan, Rahel	12	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
22	3:06.95	628	Cheng, Christina	12	PC De Anza Cupertino Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

23	3:07.49	623	Reid, Carly	12	PC	Palo Alto Stanford Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
24	3:07.78	619	Auchard, Layna	12	PC	Almaden Swim & Racquet Club	6/28/2009	2009 PC SUNN LCM INVITE
25	3:07.85	619	Hon, Fiona	12	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 11-12 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:37.37	967	Messner, Michael	12	PC Sunnyvale Swim Club	8/5/2009	2009 CA North American Challen
2	2:42.13	912	Read, Justin	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
3	2:45.63	871	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:48.57	838	Keller, Stefan	12	PC Neptune Swimming	8/5/2009	2009 CA North American Challen
5	2:49.89	992	Shinn, Curtis	11	PC Piranha Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:52.08	799	Nishihara, Taiki	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
7	2:52.70	792	Macabugao, Toby	12	PC Monterey County Aquatic Team	7/16/2009	2009 PC TERA LCM PC-JO
8	2:52.91	789	Wong, Benjamin	12	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	2:53.00	788	Gohlke, Nils	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
10	2:53.20	786	Murphy, Jack	12	PC Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
11	2:53.37	784	Yeung, Anthony	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:55.11	765	Fields, Adrian	12	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
13	2:55.21	764	Dickens, Soren	12	PC Oakdale Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
14	2:56.59	749	Sun, Bryan	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
15	2:57.32	913	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
16	2:57.89	907	Fu, Waylen	11	PC South San Francisco Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	2:57.96	734	Monroe, David	12	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
18	2:58.32	730	Redd, Donovan	12	PC Oakland Undercurrent S.T.	7/16/2009	2009 PC TERA LCM PC-JO
19	2:59.28	892	Sun, Jerome	11	PC Mission San Jose Aquatics	5/2/2009	2009 PC SJA LCM PC-C/B/A+
20	3:01.73	693	Le, Kevin	12	PC Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	3:01.75	866	Shang, Keven	11	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	3:02.13	689	Lynch, Justin	12	PC Terrapins Swim Team	6/27/2009	2009 PC OAPB LCM PC-CBA+
23	3:02.36	686	Pease, Walker	12	PC YMCA Presidio Aquatics Club	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	3:04.05	668	Lutzker, Aaron	12	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
25	3:06.04	647	McCrillis, Patrick	12	PC	Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN

Girls 11-12 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	29.67	953	Usinger, Brittany	11	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
2	30.57	810	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
3	30.96	785	Knowles, Rachel	12	PC Pleasanton Seahawks	5/22/2009	2009 PC TIGR LCM OPEN
4	31.18	771	Ladd, Catherine	12	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
5	31.58	746	Ashby, Mary	12	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
6	31.65	827	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	6/13/2009	2009 PC BEAR LCM PC-CBA+
7	31.67	741	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
8	31.85	729	Grimes, Alexandra	12	PC Swim South Bay	8/4/2009	2009 Western Zone Swimming Cha
9	31.96	722	Fuller, Cassidy	12	PC Orinda Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
10	32.08	715	Luders, Micaela	12	PC Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+
11	32.13	712	Fong, Kristina	12	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
12	32.19	708	Van Linge, Kindle	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
13	32.21	707	Burton, Holly	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
14	32.23	706	Campbell, Jennifer	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	32.32	700	Lee, Jessica	12	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
16	32.38	697	O'Leary, Sarah	12	PC Tiger Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	32.45	692	Inlow, Koe	12	PC AlaGators	7/16/2009	2009 PC TERA LCM PC-JO
18	32.48	776	Miller, Abigail	11	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
19	32.61	768	Minor, Megan	11	PC Napa Valley Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
20	32.62	682	Le, Victoria	12	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
21	32.77	673	Lew-Koga, Alika	12	PC USF Koret Youth Swim Club	4/18/2009	2009 PC TERA LCM PC-CBA+
21	32.77	673	Valle, Choki	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	32.86	667	Brolin, Anna	12	PC Gilroy Gators Swim Team	5/2/2009	2009 PC SJA LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	32.98	660	Huntley, Briana	12	PC	Rovella's Athletic Club	4/18/2009	2009 PC TERA LCM PC-CBA+
24	32.98	745	Woods, Katie	11	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO

Boys 11-12 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	27.36	1004	Lynch, Justin	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
2	29.45	850	Read, Justin	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	29.65	836	Sun, Jerome	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	29.94	816	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
5	29.98	813	Keller, Stefan	12	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
6	30.01	811	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
7	30.48	778	Sun, Bryan	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
8	30.52	775	Arvidsson, Erik	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
9	30.77	758	Murphy, Jack	12	PC Burlingame Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
10	30.86	752	Pawlak, Daniel	12	PC Morgan Hill Swim Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
11	31.06	738	Gohlke, Nils	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
12	31.16	871	Yeung, Anthony	11	PC Flying Fish	4/18/2009	2009 PC TERA LCM PC-CBA+
13	31.27	724	Zyla, Michal	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
14	31.62	701	Malapira, Patrick	12	PC East Bay Bat Rays	7/29/2009	2009 PC LCM FAR WEST CHM
15	31.69	696	Wu, Stanley	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
16	31.71	695	Williams, Gordon	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	31.73	693	Nishihara, Taiki	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
18	31.78	690	Bole, Scott	12	PC North Bay Aquatics	4/18/2009	2009 PC TERA LCM PC-CBA+
19	31.80	828	Lin, Shawn	11	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
20	31.81	688	Redd, Donovan	12	PC Oakland Undercurrent S.T.	7/16/2009	2009 PC TERA LCM PC-JO
21	31.91	681	Macabugao, Toby	12	PC Monterey County Aquatic Team	7/29/2009	2009 PC LCM FAR WEST CHM
22	31.99	676	Hernandez, Giovanni	12	PC Bear Swimming	6/13/2009	2009 PC BEAR LCM PC-CBA+
23	32.12	668	Mayer, Kenny	12	PC Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
24	32.14	666	McDonald, Zach	12	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25 32.19 663 Tung, Jeffrey 12 PC Reno Aquatic Club 7/29/2009 2009 PC LCM FAR WEST CHM

Girls 11-12 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:06.59	947	Usinger, Brittany	11	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
2	1:07.76	914	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
3	1:07.82	813	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
4	1:08.69	789	Knowles, Rachel	12	PC Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
5	1:09.38	770	Burton, Holly	12	PC Reno Aquatic Club	4/24/2009	2009 SN SMST Spring Splash
6	1:09.99	753	Garza, Halli	12	PC The Swim Club of NorCal	4/24/2009	2009 SN SMST Spring Splash
7	1:10.02	752	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
8	1:10.12	850	Isleta, Chloe	11	PC Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:11.33	716	Luders, Micaela	12	PC Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+
10	1:11.91	700	Van Linge, Kindle	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	1:12.50	684	Grimes, Alexandra	12	PC Swim South Bay	8/4/2009	2009 Western Zone Swimming Cha
12	1:13.70	754	Panconi, Danielle	11	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
13	1:13.81	650	Fong, Kristina	12	PC De Anza Cupertino Aquatics	6/25/2009	2009 CA SCS NOVA JAG
14	1:13.94	646	Fuller, Cassidy	12	PC Orinda Aquatics	6/27/2009	2009 PC OAPB LCM PC-CBA+
15	1:14.01	746	Miller, Abigail	11	PC Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+
16	1:14.57	630	Maxfield, Lily	12	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
17	1:14.67	627	Campbell, Jennifer	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:14.85	622	Matherson, Paige	12	PC San Ramon Vly/Livermore Aq.	4/18/2009	2009 PC SRVL LCM PC-CBA+
19	1:14.94	722	Guo, Sofia	11	PC Unattached	6/13/2009	2009 PC DACA LCM PC-C/B/A+
20	1:14.98	619	MacGregor, Cate	12	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:15.13	615	Valle, Choki	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:15.33	610	Chung, Eva	12	PC Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
23	1:15.34	610	Le, Victoria	12	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

23	1:15.34	711	Woods, Katie	11	PC	Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
25	1:15.36	711	Minor, Megan	11	PC	Napa Valley Swim Team	7/16/2009	2009 PC TERA LCM PC-JO

Boys 11-12 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:00.27	1019	Lynch, Justin	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
2	1:03.17	924	Read, Justin	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
3	1:04.11	894	Keller, Stefan	12	PC Neptune Swimming	8/5/2009	2009 CA North American Challen
4	1:06.76	975	Sun, Jerome	11	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
5	1:06.89	807	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:08.31	764	Yeung, Anthony	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
7	1:08.38	762	Sun, Bryan	12	PC Flying Fish	8/4/2009	2009 Western Zone Swimming Cha
8	1:08.44	925	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:08.78	750	Arvidsson, Erik	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	1:09.59	726	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	1:09.94	716	Murphy, Jack	12	PC Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:10.03	713	Bole, Scott	12	PC North Bay Aquatics	6/6/2009	2009 PC SJA LCM JR+
13	1:10.62	696	Wu, Stanley	12	PC Terrapins Swim Team	5/22/2009	2009 PC TIGR LCM OPEN
14	1:10.72	693	Hernandez, Giovanni	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
15	1:11.24	678	Mayer, Kenny	12	PC Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:11.57	668	Messner, Michael	12	PC Sunnyvale Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
17	1:11.85	660	Malapira, Patrick	12	PC East Bay Bat Rays	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:11.98	657	Zyla, Michal	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
19	1:12.35	646	Gohlke, Nils	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
20	1:13.41	616	Shen, Tony	12	PC Pleasanton Seahawks	4/18/2009	2009 PC SRVL LCM PC-CBA+
21	1:14.01	600	Mock, Jarrod	12	PC Palo Alto Stanford Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+
22	1:14.06	598	Macabugao, Toby	12	PC Monterey County Aquatic Team	7/16/2009	2009 PC TERA LCM PC-JO
23	1:14.27	758	Tong, David	11	PC Otter Swim Club	5/22/2009	2009 PC TIGR LCM OPEN

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	1:14.38	589	Wong, Benjamin	12	PC	West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:14.84	742	Spurzem, Gus	11	PC	Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 11-12 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:27.28	1009	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
2	2:30.87	830	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	6/28/2009	2009 PC SUNN LCM INVITE
3	2:33.20	941	Usinger, Brittany	11	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:33.23	802	Knowles, Rachel	12	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
5	2:35.10	779	Burton, Holly	12	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
6	2:39.71	867	Panconi, Danielle	11	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
7	2:46.29	651	Ma, Kimberly	12	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
8	2:46.79	646	Sturzenegger, Selby	12	PC Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
9	2:46.83	645	Fuller, Cassidy	12	PC Orinda Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
10	2:47.04	643	Chung, Eva	12	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
11	2:47.24	640	Maxfield, Lily	12	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:51.42	739	Shimomura, Sarah	11	PC Cabrillo Threshers	7/16/2009	2009 PC TERA LCM PC-JO
13	2:52.78	580	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
14	2:53.02	577	Ortiz, Katarina	12	PC Rovella's Athletic Club	7/16/2009	2009 PC TERA LCM PC-JO
15	2:54.48	706	Facey, Mia	11	PC Napa Valley Swim Team	6/19/2009	2009 PC NAPA LCM PC-CBA+
16	2:54.88	557	Bergman, Hayley	12	PC Sunnyvale Swim Club	6/6/2009	2009 PC SJA LCM JR+
17	2:55.01	701	Vargas, Alex	11	PC Rovella's Athletic Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
18	2:55.06	700	Wang, Sarah	11	PC Otter Swim Club	6/13/2009	2009 PC DACA LCM PC-C/B/A+
19	2:58.38	520	Grimes, Alexandra	12	PC Swim South Bay	4/18/2009	2009 PC WEST LCM PC-C/B/A+
20	3:02.27	479	Dean-Pelikan, Rahel	12	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
21	3:02.73	474	Liou, Karen	12	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
22	3:03.17	470	McNulty, Eilish	12	PC Humboldt Swim Club	6/27/2009	2009 SN Redding Swim Team Trophy B/A+
23	3:03.21	469	Hurst, Madi	12	PC Reno Aquatic Club	6/19/2009	2009 PC RENO LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	3:04.09	460	Hart, Torrey	12	PC	Oakland Barracuda Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
25	3:04.21	459	Rojas, Alexia	12	PC	Otter Swim Club	4/18/2009	2009 PC WEST LCM PC-C/B/A+

Boys 11-12 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:16.65	1006	Lynch, Justin	12	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:17.71	991	Read, Justin	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	2:23.96	904	Keller, Stefan	12	PC Neptune Swimming	8/5/2009	2009 CA North American Challen
4	2:28.79	839	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
5	2:29.74	1029	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:31.58	802	Mayer, Kenny	12	PC Cabrillo Threshers	7/16/2009	2009 PC TERA LCM PC-JO
7	2:34.43	969	Sun, Jerome	11	PC Mission San Jose Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+
8	2:37.59	724	Bole, Scott	12	PC North Bay Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
9	2:38.54	712	Hernandez, Giovanni	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
10	2:40.43	894	Spurzem, Gus	11	PC Rovella's Athletic Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
11	2:41.78	671	Wong, Benjamin	12	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:42.87	864	Yeung, Anthony	11	PC Flying Fish	6/6/2009	2009 PC SJA LCM JR+
13	2:43.99	644	Sun, Bryan	12	PC Flying Fish	6/6/2009	2009 PC SJA LCM JR+
14	2:45.89	620	Gohlke, Nils	12	PC Bear Swimming	6/13/2009	2009 PC BEAR LCM PC-CBA+
15	2:46.43	614	Zyla, Michal	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
16	2:47.69	806	Burns, Aidan	11	PC Santa Clara Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
17	2:47.72	598	Macabugao, Toby	12	PC Monterey County Aquatic Team	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:48.24	800	Tong, David	11	PC Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
19	2:48.97	791	Rooney, Maxime	11	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
20	2:49.83	573	Pawlak, Daniel	12	PC Morgan Hill Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
21	2:54.34	728	Aisawa, Kevin	11	PC Sunnyvale Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
22	2:54.61	725	Yongyuth, Jared	11	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
23	2:58.28	683	Oliver, Nick	11	PC Ladera Oaks	6/13/2009	2009 PC DACA LCM PC-C/B/A+
24	2:59.40	464	Fry, Phillip	12	PC Osprey Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25 3:00.88 654 Nguyen, Tan 11 PC Milpitas Tidal Waves 4/18/2009 2009 PC WEST LCM PC-C/B/A+

Girls 11-12 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:32.11	911	Isleta, Chloe	11	PC Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:34.06	882	Saghafi, Ariana	11	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
3	2:34.59	874	Usinger, Brittany	11	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:35.22	761	Delisle, Marie-Pierre	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
5	2:35.40	758	Marella, Christine	12	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
6	2:35.42	758	Burton, Holly	12	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
7	2:35.75	753	Wittenbrink, Jayna	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
8	2:37.42	729	Knowles, Rachel	12	PC Pleasanton Seahawks	7/3/2009	2009 HI 61st ANNUAL KEO NAKAMA
9	2:39.04	705	Grimes, Alexandra	12	PC Swim South Bay	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:39.25	702	Garza, Halli	12	PC The Swim Club of NorCal	5/1/2009	2009 PC VJO LCM PC-CBA+
11	2:40.23	688	Hon, Fiona	12	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:40.95	678	Brand, Iris	12	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
13	2:41.25	674	Fong, Kristina	12	PC De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
14	2:41.47	671	Luders, Micaela	12	PC Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+
15	2:41.57	669	Lee, Aileen	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:41.67	668	Maxfield, Lily	12	PC Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:41.82	769	Miller, Abigail	11	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:41.90	664	Nicolosi, Sara	12	PC Crow Canyon Country Club Sharks	5/22/2009	2009 PC TIGR LCM OPEN
19	2:42.07	662	Chung, Eva	12	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:42.30	659	Morrow, Hannah	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:42.68	654	Cheung, Heidi	12	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	2:43.69	742	Faridnia, Sayeh	11	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
23	2:44.43	629	Van Linge, Kindle	12	PC Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
24	2:44.88	623	Valle, Choki	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25 2:44.93 622 Ma, Kimberly 12 PC Santa Clara Swim Club 6/6/2009 2009 PC SJA LCM JR+

Boys 11-12 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:21.63	941	Read, Justin	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:22.05	934	Lynch, Justin	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
3	2:23.17	915	Sun, Jerome	12	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:26.68	857	Messner, Michael	12	PC Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
5	2:26.69	856	Keller, Stefan	12	PC Neptune Swimming	8/5/2009	2009 CA North American Challen
6	2:27.49	843	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
7	2:30.08	954	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
8	2:30.77	790	Sun, Bryan	12	PC Flying Fish	8/4/2009	2009 Western Zone Swimming Cha
9	2:31.87	773	Nguyen, Sean	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
10	2:32.82	758	Yeung, Anthony	12	PC Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
11	2:33.13	753	Gohlke, Nils	12	PC Bear Swimming	8/4/2009	2009 Western Zone Swimming Cha
12	2:35.17	722	Shen, Tony	12	PC Pleasanton Seahawks	4/18/2009	2009 PC SRVL LCM PC-CBA+
13	2:35.44	718	McCrillis, Patrick	12	PC Reno Aquatic Club	5/22/2009	2009 PC CARS LCM OPEN
14	2:35.48	869	Burns, Aidan	11	PC Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
15	2:35.79	712	Wu, Stanley	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
16	2:36.38	703	Redd, Donovan	12	PC Oakland Undercurrent S.T.	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:36.64	699	Fields, Adrian	12	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
18	2:37.42	687	Wong, Benjamin	12	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	2:38.42	672	Macabugao, Toby	12	PC Monterey County Aquatic Team	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:38.50	671	Murphy, Jack	12	PC Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:38.80	667	Hernandez, Giovanni	12	PC Bear Swimming	7/16/2009	2009 PC TERA LCM PC-JO
22	2:38.96	664	Mayer, Kenny	12	PC Cabrillo Threshers	5/22/2009	2009 PC MBSC LCM OPEN
23	2:39.26	811	Gutierrez, Corey	11	PC San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	2:39.65	654	Zyla, Michal	12	PC	Terrapins Swim Team	7/29/2009	2009 PC	LCM FAR WEST CHM
25	2:40.40	643	Tung, Jeffrey	12	PC	Reno Aquatic Club	7/29/2009	2009 PC	LCM FAR WEST CHM

Girls 11-12 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>		
1	5:16.92	1008	Isleta, Chloe	11	PC	Rovella's Athletic Club	7/29/2009	2009 PC	LCM FAR WEST CHM
2	5:24.19	809	Delisle, Marie-Pierre	12	PC	Palo Alto Stanford Aquatics	6/28/2009	2009 PC	SUNN LCM INVITE
3	5:25.15	803	Knowles, Rachel	12	PC	Pleasanton Seahawks	7/16/2009	2009 PC	TERA LCM PC-JO
4	5:25.44	801	Burton, Holly	12	PC	Reno Aquatic Club	7/16/2009	2009 PC	TERA LCM PC-JO
5	5:30.96	764	Luders, Micaela	12	PC	Neptune Swimming	4/18/2009	2009 PC	TERA LCM PC-CBA+
6	5:33.45	748	Grimes, Alexandra	12	PC	Swim South Bay	7/29/2009	2009 PC	LCM FAR WEST CHM
7	5:38.21	868	Saghafi, Ariana	11	PC	Crow Canyon Country Club Sharks	7/16/2009	2009 PC	TERA LCM PC-JO
8	5:38.54	715	Chung, Eva	12	PC	Pleasanton Seahawks	7/29/2009	2009 PC	LCM FAR WEST CHM
9	5:38.71	714	Marella, Christine	12	PC	De Anza Cupertino Aquatics	6/25/2009	2009 CA	SCS NOVA JAG
10	5:43.55	683	MacGregor, Cate	12	PC	Pleasanton Seahawks	7/29/2009	2009 PC	LCM FAR WEST CHM
11	5:44.82	674	Brand, Iris	12	PC	Santa Clara Swim Club	7/16/2009	2009 PC	TERA LCM PC-JO
12	5:44.86	674	Garza, Halli	12	PC	The Swim Club of NorCal	5/1/2009	2009 PC	VJO LCM PC-CBA+
13	5:46.00	818	Usinger, Brittany	11	PC	Unattached	6/27/2009	2009 PC	OAPB LCM PC-CBA+
14	5:46.37	665	Sturzenegger, Selby	12	PC	Burlingame Aquatic Club	5/1/2009	2009 PC	DACA LCM PC-C/B/A+
15	5:46.53	664	Fong, Kristina	12	PC	De Anza Cupertino Aquatics	6/13/2009	2009 PC	DACA LCM PC-C/B/A+
16	5:46.97	661	Reid, Carly	12	PC	Palo Alto Stanford Aquatics	6/13/2009	2009 PC	DACA LCM PC-C/B/A+
17	5:47.53	657	Nicolosi, Sara	12	PC	Crow Canyon Country Club Sharks	6/6/2009	2009 PC	SJA LCM JR+
18	5:48.14	654	Ma, Kimberly	12	PC	Santa Clara Swim Club	6/6/2009	2009 PC	SJA LCM JR+
19	5:49.33	646	Didion, Kate	12	PC	Terrapins Swim Team	7/16/2009	2009 PC	TERA LCM PC-JO
20	5:49.63	795	Panconi, Danielle	11	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC	LCM FAR WEST CHM
21	5:50.44	639	Cheung, Heidi	12	PC	Mission San Jose Aquatics	7/29/2009	2009 PC	LCM FAR WEST CHM
22	5:50.47	639	Sun, Lillian	12	PC	Pleasanton Seahawks	7/29/2009	2009 PC	LCM FAR WEST CHM
23	5:52.30	628	Maxfield, Lily	12	PC	Neptune Swimming	6/19/2009	2009 PC	NAPA LCM PC-CBA+
23	5:52.30	779	Minor, Megan	11	PC	Napa Valley Swim Team	6/19/2009	2009 PC	NAPA LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25 5:53.19 622 Wittenbrink, Jayna 12 PC Palo Alto Stanford Aquatics 5/1/2009 2009 PC LAMV LCM PC-C/B/A+

Boys 11-12 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:59.74	976	Lynch, Justin	12	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
2	5:02.78	954	Read, Justin	12	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
3	5:15.24	1050	Matsuda, Daichi	11	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	5:15.33	1049	Sun, Jerome	11	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
5	5:18.39	841	Wooldridge, Jacob	12	PC Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
6	5:22.91	809	Messner, Michael	12	PC Sunnyvale Swim Club	6/6/2009	2009 PC SJA LCM JR+
7	5:23.01	808	Sun, Bryan	12	PC Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
8	5:30.72	755	Shen, Tony	12	PC Pleasanton Seahawks	4/18/2009	2009 PC SRVL LCM PC-CBA+
9	5:31.82	748	Wong, Benjamin	12	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	5:34.27	919	Burns, Aidan	11	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
11	5:38.74	889	Yeung, Anthony	11	PC Flying Fish	6/20/2009	2009 PC VS LCM PC-CBA+
12	5:39.06	699	Mayer, Kenny	12	PC Cabrillo Threshers	5/22/2009	2009 PC MBSC LCM OPEN
13	5:39.48	884	Yongyuth, Jared	11	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
14	5:40.65	876	Gutierrez, Corey	11	PC San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
15	5:40.88	687	Macabugao, Toby	12	PC Monterey County Aquatic Team	7/16/2009	2009 PC TERA LCM PC-JO
16	5:40.89	687	Fry, Phillip	12	PC Osprey Aquatics	6/20/2009	2009 PC VS LCM PC-CBA+
17	5:41.81	681	Fields, Adrian	12	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
18	5:43.59	669	Arvidsson, Erik	12	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	5:44.66	662	Bole, Scott	12	PC North Bay Aquatics	6/6/2009	2009 PC SJA LCM JR+
20	5:45.10	659	Zyla, Michal	12	PC Terrapins Swim Team	6/27/2009	2009 PC OAPB LCM PC-CBA+
21	5:50.77	623	Pawlak, Daniel	12	PC Morgan Hill Swim Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
22	5:51.72	804	Howell, Grant	11	PC Neptune Swimming	7/16/2009	2009 PC TERA LCM PC-JO
23	5:54.26	788	Fu, Waylen	11	PC South San Francisco Aquatics	6/6/2009	2009 PC SJA LCM JR+
24	5:56.09	776	Rooney, Maxime	11	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25 5:58.78 573 Khan, Marzuq 12 PC Santa Clara Swim Club 7/16/2009 2009 PC TERA LCM PC-JO

Girls 13-14 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	26.94	894	Mack, Linnea	13	PC Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	27.20	831	Ama, Julia	14	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
3	27.62	836	Howe, Ally	13	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	27.72	827	Hayes, Nina	13	PC Livermore Aqua Cowboys Club	7/22/2009	2009 CA/NV Speedo Championship
5	27.87	774	Baxley, Rebecca	14	PC Neptune Swimming	8/8/2009	2009 Western Zone Swimming Cha
6	27.97	806	Mackey, Chinasa	13	PC Oakland Undercurrent S.T.	7/16/2009	2009 PC TERA LCM PC-JO
7	28.02	762	Applegate, Madison	14	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
8	28.03	801	Reid, Carly	13	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
9	28.06	758	Bicomong, Megan	14	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	28.07	757	Tang, Helen	14	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
11	28.10	755	Bergh, Marissa	14	PC Tri Valley Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
12	28.12	753	Liu, Jennifer	14	PC Unattached	7/16/2009	2009 PC TERA LCM PC-JO
13	28.15	751	Kreuzberger, Kimmie	14	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
14	28.21	746	Chenault, Chelsea	14	PC Terrapins Swim Team	5/22/2009	2009 Mel Zajac Jr Internationa
15	28.22	785	Scherp, Stefanie	13	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	28.25	743	White, Madison	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
17	28.29	780	Leonard, Kelsey	13	PC Walnut Creek Aquabears	5/22/2009	2009 PC TIGR LCM OPEN
18	28.36	774	Carter, Miranda	13	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
18	28.36	733	Siegel, Katie	14	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
20	28.56	717	Muller, Erica	14	PC Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

21	28.63	711	Young, Taylor	14	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
22	28.65	710	Kamai, Charlotte	14	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	28.69	747	Giambastini, Emily	13	PC	Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
24	28.74	702	Williamson, Bailey	14	PC	Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
25	28.75	702	Brown, Tess	14	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	28.75	702	Van Raalte, Meghan	14	PC	Unattached	4/18/2009	2009 PC SRVL LCM PC-CBA+

Boys 13-14 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	24.59	884	Morgan, David	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
2	24.62	882	Burns, Ian	14	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
3	24.82	865	Campbell, Sven	14	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	25.41	817	Barsanti, Ryan	14	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
5	25.67	887	Silverthorn, Nick	13	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
6	25.83	783	Miller, Jack	14	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
7	25.87	780	Webster, Matthew	14	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
8	25.98	771	Cline, Bradley	14	PC North Bay Aquatics	7/10/2009	2009 PC AP TERA / NBA / PLS LC Senior Dual
9	26.01	769	Newman, Gabe	14	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
10	26.09	763	Scheaffer, Chris	14	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
11	26.10	762	Bole, Sandy	14	PC North Bay Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
12	26.16	757	Choi, Michael	14	PC Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
13	26.21	753	Usinger, Brett	14	PC Unattached	8/4/2009	2009 Western Zone Swimming Cha
14	26.22	752	Kremer, Tom	14	PC Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
15	26.28	748	Bui, Andrew	14	PC West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

16	26.32	744	Su, Kevin	14	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	26.48	732	Rapp, Dominic	14	PC	Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
18	26.50	730	Hughes, Bryan	14	PC	Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
19	26.58	724	Wong, Jason	14	PC	Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
20	26.59	723	Elmore, Ares	14	PC	Vallejo Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	26.70	714	Bucter, Matthew	14	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
22	26.73	804	Guo, Andy	13	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
23	26.75	710	Sanborn, Byron	14	PC	Palo Alto Stanford Aquatics	6/19/2009	2009 SN SS Invitational
24	26.77	709	McCombs, Ryan	14	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
25	26.86	702	Williams, Dillon	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 13-14 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	56.71	939	Chenault, Chelsea	14	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	58.75	846	Davis, Allie	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
3	58.81	878	Mack, Linnea	13	PC Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	58.92	838	Neel, Marissa	14	PC Terrapins Swim Team	8/10/2009	2009 Jr National Champs TT
5	59.15	828	Ama, Julia	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	59.62	807	Applegate, Madison	14	PC Terrapins Swim Team	8/11/2009	2009 Speedo Junior National Ch
7	59.63	807	White, Madison	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
8	59.82	798	Tang, Helen	14	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
9	1:00.07	822	Hayes, Nina	13	PC Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO
10	1:00.18	782	Kreuzberger, Kimmie	14	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
11	1:00.21	816	Howe, Ally	13	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
12	1:00.31	777	Baxley, Rebecca	14	PC Neptune Swimming	8/4/2009	2009 Western Zone Swimming Cha

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

13	1:00.33	776	Bicomong, Megan	14	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	1:00.42	772	Leonard, Kelsey	14	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
15	1:00.69	760	Woods, Maggie	14	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
15	1:00.69	760	Ren, Dorothy	14	PC	Santa Clara Swim Club	7/30/2009	2009 PC LCM FAR WEST CHM
17	1:00.75	758	Upshaw, Arlyn	14	PC	Piedmont Swim Team	8/6/2009	2009 CA North American Challen
18	1:00.79	756	Thomas, Naomi	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	1:01.31	734	Cheung, Hilvy	14	PC	Mission San Jose Aquatics	8/5/2009	2009 CA North American Challen
20	1:01.37	731	Kamai, Charlotte	14	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	1:01.37	731	Bergh, Marissa	14	PC	Tri Valley Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	1:01.41	730	Aoyama, Brittany	14	PC	The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
23	1:01.42	729	Brown, Tess	14	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	1:01.46	728	Liu, Jennifer	14	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
25	1:01.63	720	Williamson, Bailey	14	PC	Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship

Boys 13-14 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	52.97	940	Morgan, David	14	PC Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
2	53.27	926	Kremer, Tom	14	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
3	53.68	908	Burns, Ian	14	PC Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
4	53.82	901	Campbell, Sven	14	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	54.39	952	Silverthorn, Nick	13	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
6	54.95	851	Cline, Bradley	14	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	55.18	841	Sanborn, Byron	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

							Championship
8	55.62	822	Miller, Jack	14	PC	Terrapins Swim Team	7/16/2009 2009 PC TERA LCM PC-JO
9	55.81	890	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	8/5/2009 2009 CA North American Challen
10	56.21	796	Webster, Matthew	14	PC	Santa Clara Swim Club	7/29/2009 2009 PC LCM FAR WEST CHM
11	56.22	796	Barsanti, Ryan	14	PC	Terrapins Swim Team	7/29/2009 2009 PC LCM FAR WEST CHM
12	56.25	795	Leung, Michael	14	PC	De Anza Cupertino Aquatics	5/22/2009 2009 CA Janet Evans Invitation
13	56.38	789	Choi, Michael	14	PC	Mission San Jose Aquatics	7/29/2009 2009 PC LCM FAR WEST CHM
14	56.48	785	Bole, Sandy	14	PC	North Bay Aquatics	6/13/2009 2009 PC BEAR LCM PC-CBA+
15	56.76	773	Usinger, Brett	14	PC	Unattached	8/4/2009 2009 Western Zone Swimming Cha
16	57.06	760	Hughes, Bryan	14	PC	Pleasanton Seahawks	7/16/2009 2009 PC TERA LCM PC-JO
17	57.29	751	Bui, Andrew	14	PC	West Coast Aquatics	7/29/2009 2009 PC LCM FAR WEST CHM
18	57.43	745	Villanueva, Marco	14	PC	Tiger Aquatics	7/16/2009 2009 PC TERA LCM PC-JO
19	57.52	741	Scheaffer, Chris	14	PC	Almaden Swim & Racquet Club	7/29/2009 2009 PC LCM FAR WEST CHM
20	57.95	723	Selfridge, Zach	14	PC	Osprey Aquatics	7/29/2009 2009 PC LCM FAR WEST CHM
21	58.04	719	Su, Kevin	14	PC	De Anza Cupertino Aquatics	7/29/2009 2009 PC LCM FAR WEST CHM
22	58.10	793	Liang, Andrew	13	PC	Palo Alto Stanford Aquatics	8/4/2009 2009 Western Zone Swimming Cha
23	58.39	705	Lawler, Keltan	14	PC	Santa Clara Swim Club	8/5/2009 2009 CA North American Challen
24	58.45	702	Haley, Sam	14	PC	Neptune Swimming	5/22/2009 2009 PC MBSC LCM OPEN
25	58.47	701	Wong, Jason	14	PC	Palo Alto Stanford Aquatics	5/1/2009 2009 PC LAMV LCM PC-C/B/A+

Girls 13-14 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:59.14	1032	Chenault, Chelsea	14	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	2:06.47	853	White, Madison	14	PC Crow Canyon Country Club Sharks	8/13/2009	2009 Speedo Junior National Ch
3	2:06.90	843	Davis, Allie	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
4	2:08.33	810	Tang, Helen	14	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

5	2:08.35	809	Applegate, Madison	14	PC	Terrapins Swim Team	8/13/2009	2009 Speedo Junior National Ch
6	2:09.43	785	Lincoln, Casey	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	2:09.50	783	Troup, Lexy	14	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
8	2:09.52	808	Howe, Ally	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	2:09.83	801	Bauer, Jenna	13	PC	Neptune Swimming	8/5/2009	2009 CA North American Challen
10	2:10.43	762	Woods, Maggie	14	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
11	2:11.13	747	Baxley, Rebecca	14	PC	Neptune Swimming	8/4/2009	2009 Western Zone Swimming Cha
12	2:12.05	727	Ama, Julia	14	PC	Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
13	2:12.27	722	Thomas, Naomi	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	2:12.38	719	Kreuzberger, Kimmie	14	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
15	2:12.95	707	Bicomong, Megan	14	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:13.00	731	Hayes, Nina	13	PC	Livermore Aqua Cowboys Club	7/22/2009	2009 CA/NV Speedo Championship
17	2:13.07	704	Leonard, Kelsey	14	PC	Walnut Creek Aquabears	7/24/2009	2009 CA/NV Speedo Championship
18	2:13.64	692	Neel, Marissa	14	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
19	2:13.75	690	Brand, Kirsten	14	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
20	2:14.01	684	Kay, Kortney	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:14.30	678	Zebker, Molly	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	2:14.42	676	Cheung, Hilvy	14	PC	Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	2:14.42	700	Scherp, Stefanie	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
24	2:14.44	700	Amberg, Natalie	13	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25	2:14.54	673	Duckett, Abby	14	PC	Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
25	2:14.54	673	Whaley, Reid	14	PC	Neptune Swimming	7/17/2009	2009 PC MP LCM SENIOR

Boys 13-14 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:53.52	991	Kremer, Tom	14	PC Unattached	8/5/2009	2009 ISR Nationals
2	1:55.53	1055	Silverthorn, Nick	13	PC Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
3	1:56.09	930	Burns, Ian	14	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
4	1:57.20	904	Miller, Jack	14	PC Terrapins Swim Team	8/5/2009	2009 CA North American Challen
5	1:59.27	857	Cline, Bradley	14	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	1:59.32	856	Campbell, Sven	14	PC Orinda Aquatics	7/24/2009	2009 CA/NV Speedo Championship
7	1:59.43	853	Hughes, Bryan	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:59.77	957	Ogren, Curtis	13	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:59.93	842	Morgan, David	14	PC Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
10	2:00.71	824	Barsanti, Ryan	14	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
11	2:02.04	795	Sanborn, Byron	14	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
12	2:02.22	791	Villanueva, Marco	14	PC Tiger Aquatics	8/4/2009	2009 Western Zone Swimming Cha
13	2:03.95	753	Bole, Sandy	14	PC North Bay Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
14	2:05.04	730	Choi, Michael	14	PC Mission San Jose Aquatics	8/5/2009	2009 CA North American Challen
15	2:05.06	730	Kuhn, Nate	14	PC Neptune Swimming	8/4/2009	2009 Western Zone Swimming Cha
16	2:06.04	818	Liang, Andrew	13	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:06.15	707	Webster, Matthew	14	PC Santa Clara Swim Club	8/2/2009	2009 PC LCM FAR WEST CHM
18	2:06.77	694	Haley, Sam	14	PC Neptune Swimming	5/22/2009	2009 PC MBSC LCM OPEN
19	2:06.93	690	Thompson, James	14	PC Manteca Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:07.43	680	Lee, Rolland	14	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:07.85	671	Dourov, Christopher	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

22	2:07.98	669	Lawler, Keltan	14	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
23	2:08.09	775	Sanabia, John	13	PC	Monterey Bay Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
24	2:08.21	664	Selfridge, Zach	14	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	2:08.24	772	Mattox, Miguel	13	PC	North Bay Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 13-14 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:12.53	998	Chenault, Chelsea	14	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
2	4:23.17	871	White, Madison	14	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
3	4:28.26	812	Davis, Allie	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
4	4:28.87	806	Lincoln, Casey	14	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	4:31.01	782	Troup, Lexy	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
6	4:31.55	776	Duckett, Abby	14	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
7	4:32.44	766	Kay, Kortney	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
8	4:33.07	783	Bauer, Jenna	13	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
9	4:36.30	724	Tang, Helen	14	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
10	4:38.36	702	Woods, Maggie	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
11	4:39.52	713	Amberg, Natalie	13	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
12	4:39.86	687	Ruby, Charlotte	14	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
13	4:40.20	706	Howe, Ally	13	PC Palo Alto Stanford Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+
14	4:40.25	683	Young, Taylor	14	PC Neptune Swimming	6/19/2009	2009 SN SS Invitational
15	4:41.26	672	Ren, Dorothy	14	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
16	4:41.37	671	Whaley, Reid	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
17	4:42.92	655	Baca, Kim	14	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

18	4:43.19	675	Delisle, Marie-Pierre	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	4:43.21	652	Applegate, Madison	14	PC	Terrapins Swim Team	5/22/2009	2009 CA JEI Time Trials
20	4:43.32	651	Aoyama, Brittany	14	PC	The Swim Club of NorCal	6/12/2009	2009 SN Mel Enze Memorial Meet
21	4:44.14	643	Batiza, Amaya	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
22	4:44.54	639	Brand, Kirsten	14	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
23	4:44.85	658	Leonard, Kelsey	13	PC	Walnut Creek Aquabears	5/22/2009	2009 PC TIGR LCM OPEN
24	4:45.00	634	Zebker, Molly	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	4:45.47	630	Blake, Abby	14	PC	Santa Clara Swim Club	6/19/2009	2009 SN SS Invitational

Boys 13-14 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:03.35	1065	Silverthorn, Nick	13	PC Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
2	4:04.28	958	Hughes, Bryan	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
3	4:04.40	957	Kremer, Tom	14	PC Unattached	8/5/2009	2009 ISR Nationals
4	4:11.52	880	Miller, Jack	14	PC Terrapins Swim Team	8/5/2009	2009 CA North American Challen
5	4:13.92	855	Burns, Ian	14	PC Santa Clara Swim Club	6/11/2009	XLII Santa Clara International
6	4:14.17	947	Ogren, Curtis	13	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	4:14.97	844	Cline, Bradley	14	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	4:17.33	819	Morgan, David	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
9	4:19.26	799	Villanueva, Marco	14	PC Tiger Aquatics	8/4/2009	2009 Western Zone Swimming Cha
10	4:19.83	793	Sanborn, Byron	14	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
11	4:24.01	751	Kuhn, Nate	14	PC Neptune Swimming	8/4/2009	2009 Western Zone Swimming Cha
12	4:25.34	738	Lawler, Keltan	14	PC Santa Clara Swim Club	6/20/2009	2009 PC VS LCM PC-CBA+
13	4:26.24	823	McCrillis, Patrick	13	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

14	4:27.26	719	Bole, Sandy	14	PC	North Bay Aquatics	6/6/2009	2009 PC SJA LCM JR+
15	4:27.42	717	Barsanti, Ryan	14	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
16	4:29.91	693	Selfridge, Zach	14	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	4:30.00	692	Dourov, Christopher	14	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
18	4:30.57	687	Cooper, Quentin	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
19	4:31.40	772	Sanabia, John	13	PC	Monterey Bay Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
20	4:33.45	659	Bui, Andrew	14	PC	West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
21	4:33.81	656	Lee, Rolland	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	4:34.55	649	Lu, Osker	14	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
23	4:35.38	641	Spurzem, Graham	14	PC	Rovella's Athletic Club	7/16/2009	2009 PC TERA LCM PC-JO
24	4:35.52	640	Lorenzin, James	14	PC	Sunnyvale Swim Club	6/28/2009	2009 PC SUNN LCM INVITE
25	4:35.78	730	Tamayo, Victor	13	PC	West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 13-14 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:49.61	944	Chenault, Chelsea	14	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
2	9:08.68	844	Lincoln, Casey	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	9:08.83	843	White, Madison	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
4	9:09.94	838	Brown, Allison	14	PC Pleasanton Seahawks	12/7/2008	2008 LCM Invite ATL
5	9:13.67	819	Kay, Kortney	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
6	9:16.64	804	Davis, Allie	14	PC Neptune Swimming	8/5/2009	2009 CA North American Challen
7	9:16.92	802	Troup, Lexy	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
8	9:22.90	799	Bauer, Jenna	13	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
9	9:29.11	742	Whaley, Reid	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

10	9:38.48	698	Batiza, Amaya	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
11	9:45.42	691	Howe, Ally	13	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
12	9:45.55	665	Blake, Abby	14	PC	Santa Clara Swim Club	6/19/2009	2009 SN SS Invitational
13	9:47.61	655	Woods, Maggie	14	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
14	9:47.68	680	Delisle, Marie-Pierre	13	PC	Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
15	9:50.21	668	Mayone, Colleen	13	PC	Barracuda Aquatics Of Monterey	7/29/2009	2009 PC LCM FAR WEST CHM
16	9:50.29	643	Zebker, Molly	14	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	9:51.28	639	Applegate, Madison	14	PC	Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
18	9:52.98	631	Brand, Kirsten	14	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
19	9:56.35	641	Bridges, Christiana	13	PC	Morgan Hill Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
20	9:57.26	636	Bayliss, Allison	13	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
21	9:58.21	607	Winkler, Jo Jo	14	PC	North Bay Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	10:00.04	624	Nelson, Lilly	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	10:05.20	577	Sabourin, Kate	14	PC	Neptune Swimming	6/19/2009	2009 SN SS Invitational
24	10:06.98	569	Lu, Linda	14	PC	San Ramon Vly/Livermore Aq.	7/17/2009	2009 PC MP LCM SENIOR
25	10:07.81	565	Herrera, Monica	14	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO

Boys 13-14 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	8:25.65	959	Hughes, Bryan	14	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
2	8:32.49	922	Kremer, Tom	14	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
3	8:40.65	975	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	8:41.16	973	Silverthorn, Nick	13	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
5	8:55.14	805	Morgan, David	14	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
6	8:55.22	805	Webster, Matthew	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
7	9:01.84	772	Kuhn, Nate	14	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

8	9:06.13	751	Lawler, Keltan	14	PC	Santa Clara Swim Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
9	9:15.22	707	Selfridge, Zach	14	PC	Osprey Aquatics	6/19/2009	2009 SN SS Invitational
10	9:15.76	798	Calleja-Harris, Sky	13	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
11	9:15.92	704	Cooper, Quentin	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
12	9:22.35	767	Lee, William	13	PC	Palo Alto Stanford Aquatics	6/19/2009	2009 SN SS Invitational
13	9:23.12	763	Tamayo, Victor	13	PC	West Coast Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
14	9:25.90	750	McCrillis, Patrick	13	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
15	9:26.31	655	Lu, Osker	14	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
16	9:28.47	645	Spurzem, Graham	14	PC	Rovella's Athletic Club	6/27/2009	2009 PC WEST LCM PC-C/B/A+
17	9:28.58	644	Lorenzin, James	14	PC	Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
18	9:29.04	735	Mattox, Miguel	13	PC	North Bay Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	9:30.97	634	Jacobs, Bryant	14	PC	Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
20	9:32.82	625	Villanueva, Marco	14	PC	Tiger Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
21	9:37.15	698	Ordes, Ian	13	PC	West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	9:38.37	600	Huang, Paul	14	PC	West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	9:38.57	599	Bui, Andrew	14	PC	West Coast Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+
24	9:43.02	671	Meyer, Christopher	13	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
25	9:43.53	577	McDonnell, Austin	14	PC	Manteca Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Girls 13-14 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:30.25	848	Lincoln, Casey	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	17:40.92	820	Troup, Lexy	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
3	17:57.58	778	Davis, Allie	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
4	18:06.30	756	Kay, Kortney	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
5	18:32.61	692	Duckett, Abby	14	PC Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
6	18:38.95	676	Batiza, Amaya	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

							Championship
7	18:40.09	710	Delisle, Marie-Pierre	13	PC	Palo Alto Stanford Aquatics	7/29/2009 2009 PC LCM FAR WEST CHM
8	18:44.31	664	Zebker, Molly	14	PC	Palo Alto Stanford Aquatics	7/29/2009 2009 PC LCM FAR WEST CHM
9	18:45.99	660	Woods, Maggie	14	PC	Pleasanton Seahawks	7/29/2009 2009 PC LCM FAR WEST CHM
10	18:49.35	652	Whaley, Reid	14	PC	Unattached	5/1/2009 2009 PC VJO LCM PC-CBA+
11	18:49.60	687	Bridges, Christiana	13	PC	Morgan Hill Swim Club	7/29/2009 2009 PC LCM FAR WEST CHM
12	19:10.85	638	Zanolli, Nicole	13	PC	SOLO Aquatics	5/1/2009 2009 PC LAMV LCM PC-C/B/A+
13	19:24.48	572	Winkler, Jo Jo	14	PC	North Bay Aquatics	7/16/2009 2009 PC TERA LCM PC-JO
14	19:27.72	565	Herrera, Monica	14	PC	Reno Aquatic Club	7/16/2009 2009 PC TERA LCM PC-JO
15	19:38.16	577	Tang, Natalie	13	PC	Tri Valley Aquatics	5/2/2009 2009 PC SJA LCM PC-C/B/A+
16	19:38.79	541	Yau, Tammy	14	PC	De Anza Cupertino Aquatics	7/16/2009 2009 PC TERA LCM PC-JO
17	19:44.07	564	Nelson, Lilly	13	PC	Palo Alto Stanford Aquatics	5/1/2009 2009 PC LAMV LCM PC-C/B/A+
18	19:53.26	510	Nair, Roshni	14	PC	Pleasanton Seahawks	7/16/2009 2009 PC TERA LCM PC-JO
19	19:54.12	542	Depolo, Gwen	13	PC	Reno Aquatic Club	7/16/2009 2009 PC TERA LCM PC-JO
20	19:55.70	504	Ho, Jessie	14	PC	Palo Alto Stanford Aquatics	5/1/2009 2009 PC LAMV LCM PC-C/B/A+
21	20:04.09	521	Stanbury, Heather	13	PC	De Anza Cupertino Aquatics	5/1/2009 2009 PC DACA LCM PC-C/B/A+
22	20:12.87	503	Nowack, Angelica	13	PC	Neptune Swimming	5/1/2009 2009 PC VJO LCM PC-CBA+
23	20:14.56	465	Henderson, Kelley	14	PC	Vallejo Aquatic Club	5/1/2009 2009 PC VJO LCM PC-CBA+
24	20:17.83	492	Larko, Allison	13	PC	Swim South Bay	5/2/2009 2009 PC SJA LCM PC-C/B/A+
25	20:19.05	456	Huang, Elizabeth	14	PC	De Anza Cupertino Aquatics	7/16/2009 2009 PC TERA LCM PC-JO

Boys 13-14 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:07.36	943	Hughes, Bryan	14	PC	Pleasanton Seahawks	7/29/2009 2009 PC LCM FAR WEST CHM
2	16:40.83	940	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	7/29/2009 2009 PC LCM FAR WEST CHM
3	16:44.40	931	Silverthorn, Nick	13	PC	Pleasanton Seahawks	8/5/2009 2009 CA North American Challen
4	17:05.49	803	Miller, Jack	14	PC	Terrapins Swim Team	8/5/2009 2009 CA North American Challen
5	17:24.40	759	Kuhn, Nate	14	PC	Neptune Swimming	8/4/2009 2009 Western Zone Swimming Cha

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

6	17:24.66	837	Lee, William	13	PC	Palo Alto Stanford Aquatics	7/17/2009	2009 PC MP LCM SENIOR
7	17:32.03	742	Lawler, Keltan	14	PC	Santa Clara Swim Club	8/5/2009	2009 CA North American Challen
8	17:49.89	780	Mattox, Miguel	13	PC	North Bay Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	17:50.40	700	Hinrichs, Bret	14	PC	Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
10	18:00.00	679	Lorenzin, James	14	PC	Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
11	18:00.26	678	Wong, Toby	14	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
12	18:04.01	670	Dourov, Christopher	14	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
13	18:09.07	737	Spurzem, Graham	13	PC	Rovella's Athletic Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
14	18:16.68	721	Meyer, Christopher	13	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
15	18:19.17	715	McCrillis, Patrick	13	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
16	18:23.76	627	Cooper, Quentin	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
17	18:26.86	698	Calleja-Harris, Sky	13	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
18	18:28.07	618	Kiris, Eren	14	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	18:35.78	601	Kim, Travis	14	PC	San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
20	18:39.78	593	Jacobs, Bryant	14	PC	Burlingame Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	18:40.22	592	Cripe, Jordan	14	PC	Seaside Aquatic Club	5/22/2009	2009 PC MBSC LCM OPEN
22	18:45.04	659	Goltra, Kilian	13	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
23	18:49.94	571	Vu, Jared	14	PC	SFRP Rossi Swim Team	5/22/2009	2009 PC CARS LCM OPEN
24	18:53.52	564	Zhao, Darren	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	19:04.69	541	MacPherson, Albert	14	PC	Cabrillo Threshers	7/16/2009	2009 PC TERA LCM PC-JO

Girls 13-14 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	1:02.10	1012	White, Madison	14	PC	Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
2	1:04.49	965	Howe, Ally	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	1:05.55	877	Upshaw, Arlyn	14	PC	Unattached	8/10/2009	2009 Speedo Junior National Ch
4	1:05.57	923	Mack, Linnea	13	PC	Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	1:06.38	892	Hayes, Nina	13	PC	Livermore Aqua Cowboys Club	8/5/2009	2009 CA North American Challen

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

6	1:06.56	839	Neel, Marissa	14	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
7	1:07.44	853	Scherp, Stefanie	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:08.73	805	Amberg, Natalie	13	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:08.83	755	Baxley, Rebecca	14	PC	Neptune Swimming	7/26/2009	2009 CA/NV Speedo Championship
10	1:09.76	768	Barcellona, Jenny	13	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
11	1:09.86	765	Grubbs, Hannah	13	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:10.41	745	Delisle, Marie-Pierre	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:10.44	744	Carter, Miranda	13	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
14	1:10.57	693	Chenault, Chelsea	14	PC	Terrapins Swim Team	6/27/2009	2009 PC OAPB LCM PC-CBA+
15	1:10.59	693	Doyle, Jackie	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:10.61	692	Siegel, Katie	14	PC	Santa Clara Swim Club	6/19/2009	2009 SN SS Invitational
17	1:10.67	690	Phi, Thuy	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:10.76	687	Bergh, Marissa	14	PC	Tri Valley Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	1:10.81	685	Aisawa, Michelle	14	PC	Sunnyvale Swim Club	6/28/2009	2009 PC SUNN LCM INVITE
20	1:10.92	681	McNulty, Erin	14	PC	Humboldt Swim Club	6/27/2009	2009 SN Redding Swim Team Trophy B/A+
21	1:11.01	724	Stanbury, Heather	13	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	1:11.31	668	Ren, Dorothy	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
23	1:11.34	666	Love, Haley Rose	14	PC	Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:11.36	712	Bauer, Jenna	13	PC	Neptune Swimming	7/17/2009	2009 PC MP LCM SENIOR
25	1:11.37	665	Lincoln, Casey	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Boys 13-14 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:00.79	911	Campbell, Sven	14	PC Orinda Aquatics	8/5/2009	2009 CA North American Challen
2	1:01.73	874	Webster, Matthew	14	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
3	1:01.79	872	Morgan, David	14	PC Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

4	1:02.17	857	Burns, Ian	14	PC	Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
5	1:02.19	960	Silverthorn, Nick	13	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:02.79	834	Khojasteh, Kevin	14	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
7	1:03.20	818	Cline, Bradley	14	PC	North Bay Aquatics	7/26/2009	2009 CA/NV Speedo Championship
8	1:03.53	909	Lee, William	13	PC	Palo Alto Stanford Aquatics	8/5/2009	2009 Western Zone Swimming Cha
9	1:04.46	771	Scheaffer, Chris	14	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
10	1:04.61	766	Benight, Patrick	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	1:04.95	753	Spurzem, Graham	14	PC	Rovella's Athletic Club	8/4/2009	2009 Western Zone Swimming Cha
12	1:04.98	752	Leung, Michael	14	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
13	1:05.09	748	Villanueva, Marco	14	PC	Tiger Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
14	1:05.13	747	Miao, Albert	14	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	1:05.23	743	Luh, Alex	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	1:05.74	724	Johnston, Nick	14	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:06.21	811	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
18	1:06.25	706	Hughes, Bryan	14	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
19	1:06.35	702	Williams, Dillon	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
20	1:06.42	700	Choi, Michael	14	PC	Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	1:06.42	803	Liang, Andrew	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:06.51	800	Castro-Abrams, Kenneth	13	PC	Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:06.67	691	Bole, Sandy	14	PC	North Bay Aquatics	6/13/2009	2009 PC BEAR LCM PC-CBA+
24	1:06.70	793	Mattox, Miguel	13	PC	North Bay Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:06.78	687	McCombs, Ryan	14	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 13-14 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:11.31	1020	White, Madison	14	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

2	2:20.06	907	Howe, Ally	13	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	2:22.74	830	Chenault, Chelsea	14	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
4	2:24.42	803	Troup, Lexy	14	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
5	2:24.93	795	Upshaw, Arlyn	14	PC	Piedmont Swim Team	8/5/2009	2009 CA North American Challenge
6	2:26.34	807	Delisle, Marie-Pierre	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
7	2:26.61	802	Hayes, Nina	13	PC	Livermore Aqua Cowboys Club	7/22/2009	2009 CA/NV Speedo Championship
8	2:26.97	763	Neel, Marissa	14	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
9	2:27.31	791	Amberg, Natalie	13	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:27.45	789	Mack, Linnea	13	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
11	2:29.23	761	Barcellona, Jenny	13	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
12	2:29.51	757	Luders, Micaela	13	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
13	2:29.98	716	Tang, Helen	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
14	2:30.20	747	Scherp, Stefanie	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	2:30.52	742	Grubbs, Hannah	13	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:31.38	728	Isleta, Czsarina	13	PC	Rovella's Athletic Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
17	2:31.78	722	Zhou, Joyce	13	PC	De Anza Cupertino Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
18	2:31.93	686	Bergh, Marissa	14	PC	Tri Valley Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	2:33.12	668	Aisawa, Michelle	14	PC	Sunnyvale Swim Club	7/22/2009	2009 CA/NV Speedo Championship
20	2:33.21	667	Cavallo, Alexa	14	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
21	2:33.41	698	Bauer, Jenna	13	PC	Neptune Swimming	6/19/2009	2009 SN SS Invitational
22	2:33.52	662	Baxley, Rebecca	14	PC	Neptune Swimming	5/1/2009	2009 PC VJO LCM PC-CBA+
23	2:33.87	657	Lincoln, Casey	14	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	2:33.91	690	Stanbury, Heather	13	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	2:34.24	651	Phi, Thuy	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 13-14 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:10.30	1014	Silverthorn, Nick	13	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:11.49	893	Webster, Matthew	14	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
3	2:14.19	942	Ogren, Curtis	13	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:14.63	835	Campbell, Sven	14	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	2:15.37	822	Kremer, Tom	14	PC Palo Alto Stanford Aquatics	6/28/2009	2009 PC SUNN LCM INVITE
6	2:16.02	909	Lee, William	13	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
7	2:16.89	794	Villanueva, Marco	14	PC Tiger Aquatics	8/4/2009	2009 Western Zone Swimming Cha
8	2:19.43	749	Luh, Alex	14	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
9	2:19.70	844	Castro-Abrams, Kenneth	13	PC Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:20.14	737	Kuhn, Nate	14	PC Neptune Swimming	8/4/2009	2009 Western Zone Swimming Cha
11	2:20.41	732	Hughes, Bryan	14	PC Pleasanton Seahawks	7/10/2009	2009 PC AP TERA / NBA / PLS LC Senior Dual
12	2:21.38	715	Scheaffer, Chris	14	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:22.03	704	Morgan, David	14	PC Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
14	2:22.85	690	Benight, Patrick	14	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	2:22.94	689	Miao, Albert	14	PC Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
16	2:23.76	774	Calleja-Harris, Sky	13	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:23.82	674	Spurzem, Graham	14	PC Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:24.00	671	Hinrichs, Bret	14	PC Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
19	2:24.21	667	McCombs, Ryan	14	PC Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:24.64	759	Liang, Andrew	13	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
21	2:24.68	758	Mattox, Miguel	13	PC North Bay Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

22	2:24.70	659	St. Francis, Theo	14	PC	Napa Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
23	2:24.72	758	Bartoli, Nicholas	13	PC	Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
24	2:25.72	741	Sanabia, John	13	PC	Monterey Bay Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:25.75	641	Bengston, Connor	14	PC	De Anza Cupertino Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+

Girls 13-14 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:14.43	864	Poppe, Heidi	13	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
2	1:15.71	823	Young, Taylor	14	PC Neptune Swimming	6/19/2009	2009 SN SS Invitational
3	1:15.87	822	Nelson, Lilly	13	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:17.44	773	Kay, Kortney	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
5	1:17.69	765	Noonan, Morgan	14	PC Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:17.75	764	Harryman, Julia	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	1:18.17	752	Akin, Annalee	14	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
8	1:18.28	749	Baxley, Rebecca	14	PC Neptune Swimming	8/4/2009	2009 Western Zone Swimming Cha
9	1:18.31	751	Scott, Miranda	13	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
10	1:18.43	744	Chan, Michelle	14	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
11	1:18.63	739	Zebker, Molly	14	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:19.02	731	Isleta, Czsarina	13	PC Rovella's Athletic Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
13	1:19.17	723	Zhai, Ruoning	14	PC De Anza Cupertino Aquatics	5/1/2009	2009 PC DACA LCM PC-C/B/A+
14	1:19.37	721	Winkler, Jo Jo	13	PC North Bay Aquatics	6/6/2009	2009 PC SJA LCM JR+
15	1:19.39	717	Benavidez, Madeline	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
16	1:19.43	716	Upshaw, Arlyn	14	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:19.49	714	Lee, Austine	14	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
18	1:19.52	717	Owen, Rachel	13	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	1:19.60	715	Miller, Amanda	13	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
20	1:19.80	706	Cheung, Natalie	14	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
21	1:20.09	697	Kamai, Charlotte	14	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	1:20.28	696	Lloyd, Megan	13	PC	Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
23	1:20.31	691	Personeni, Julia	14	PC	Neptune Swimming	7/17/2009	2009 PC MP LCM SENIOR
24	1:20.98	673	Josef, Emily	14	PC	Marin Pirates	6/19/2009	2009 SN SS Invitational
25	1:21.22	666	Lu, Linda	14	PC	San Ramon Vly/Livermore Aq.	5/23/2009	2009 CC Clovis Memorial Day Meet

Boys 13-14 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:09.36	871	Mercurio, Thomas	14	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
2	1:09.39	973	Ogren, Curtis	13	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
3	1:09.42	869	Luh, Alex	14	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:09.67	861	Sanborn, Byron	14	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
5	1:10.25	842	Usinger, Brett	14	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:10.53	833	Khojasteh, Kevin	14	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
7	1:13.08	752	Brown, Pat	14	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:13.10	752	Corley, Hayden	14	PC Napa Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:13.39	743	Morgan, David	14	PC Crow Canyon Country Club Sharks	7/16/2009	2009 PC TERA LCM PC-JO
10	1:13.93	726	Burns, Ian	14	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
11	1:14.01	723	Su, Kevin	14	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:14.18	718	Lee, Rolland	14	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
13	1:14.75	701	Bole, Sandy	14	PC Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
14	1:14.77	700	Hartwig, Brad	14	PC North Bay Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
15	1:15.43	680	Haley, Sam	14	PC Neptune Swimming	5/22/2009	2009 PC MBSC LCM OPEN
16	1:15.73	671	Rapp, Dominic	14	PC Flying Fish	6/27/2009	2009 PC OAPB LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

17	1:15.83	668	Barsanti, Ryan	14	PC	Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:16.09	765	Ordes, Ian	13	PC	West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	1:16.18	658	Lawler, Keltan	14	PC	Santa Clara Swim Club	6/20/2009	2009 PC VS LCM PC-CBA+
20	1:16.30	654	McCombs, Ryan	14	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:16.31	654	Puls, Landon	14	PC	The Swim Club of NorCal	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:16.58	750	Escolar, Jacob	13	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO
23	1:16.62	749	Toh, Nathan	13	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
24	1:16.63	644	Vu, Jared	14	PC	SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
25	1:16.65	748	Tanizaki-Hudson, Derek	13	PC	Lynbrook Aquatics	6/20/2009	2009 HI Oahu A+ Meet

Girls 13-14 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:41.03	830	Young, Taylor	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
2	2:41.97	827	Poppe, Heidi	13	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
3	2:43.32	800	Harryman, Julia	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	2:44.05	791	Noonan, Morgan	14	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
5	2:46.56	758	Upshaw, Arlyn	14	PC Piedmont Swim Team	7/22/2009	2009 CA/NV Speedo Championship
6	2:46.88	754	Akin, Annalee	14	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
7	2:48.42	743	Nelson, Lilly	13	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
8	2:48.55	732	Zebker, Molly	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	2:48.94	727	Chan, Michelle	14	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
10	2:49.29	723	Kay, Kortney	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
11	2:49.44	721	Cheung, Natalie	14	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
12	2:50.27	719	Winkler, Jo Jo	13	PC North Bay Aquatics	6/6/2009	2009 PC SJA LCM JR+
13	2:50.90	702	Josef, Emily	14	PC Marin Pirates	6/19/2009	2009 SN SS Invitational

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

14	2:51.44	704	Owen, Rachel	13	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
15	2:51.77	691	Bicomong, Megan	14	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:52.15	686	Lee, Austine	14	PC	Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	2:52.37	692	Lloyd, Megan	13	PC	Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
18	2:52.73	688	Isleta, Czsarina	13	PC	Rovella's Athletic Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
19	2:53.17	682	Scott, Miranda	13	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	2:53.39	671	Tai, Tammy	14	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
21	2:53.46	679	Bauer, Jenna	13	PC	Neptune Swimming	8/5/2009	2009 CA North American Challen
22	2:54.34	659	Feri, Krystal	14	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
23	2:54.35	659	Curran, Hope	14	PC	Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
24	2:55.82	640	Chase, Daelyn	14	PC	Unattached	6/13/2009	2009 PC BEAR LCM PC-CBA+
25	2:56.10	637	Baldwin, Hailee	14	PC	Ripon Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Boys 13-14 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:27.68	987	Ogren, Curtis	13	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:28.13	900	Sanborn, Byron	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	2:28.62	893	Usinger, Brett	14	PC Unattached	8/4/2009	2009 Western Zone Swimming Cha
4	2:30.69	865	Mercurio, Thomas	14	PC Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
5	2:31.12	859	Luh, Alex	14	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:36.90	780	Khojasteh, Kevin	14	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
7	2:39.43	746	Lawler, Keltan	14	PC Santa Clara Swim Club	6/28/2009	2009 PC SUNN LCM INVITE
8	2:39.63	743	Haley, Sam	14	PC Neptune Swimming	5/22/2009	2009 PC MBSC LCM OPEN
9	2:40.53	731	Brown, Pat	14	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:40.86	810	Tanizaki-Hudson, Derek	13	PC Lynbrook Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
11	2:40.90	726	Lee, Rolland	14	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

12	2:41.12	723	Corley, Hayden	14	PC	Napa Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:41.33	720	Kremer, Tom	14	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
14	2:42.62	703	Vu, Jared	14	PC	SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
15	2:42.71	786	Escolar, Jacob	13	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO
16	2:42.73	702	Bole, Sandy	14	PC	Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
17	2:44.17	683	Su, Kevin	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:44.47	763	Toh, Nathan	13	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	2:45.97	660	Puls, Landon	14	PC	The Swim Club of NorCal	7/16/2009	2009 PC TERA LCM PC-JO
20	2:46.25	656	Meyer, Nicholas	14	PC	Napa Valley Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
21	2:47.04	646	McCombs, Ryan	14	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:47.07	645	Yaung, Alexander	14	PC	Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
23	2:47.19	644	Nguyen, Michael	14	PC	Oakland Undercurrent S.T.	7/16/2009	2009 PC TERA LCM PC-JO
24	2:47.59	639	Turcotte, Chris	14	PC	Tiger Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	2:47.86	720	Silverthorn, Nick	13	PC	Pleasanton Seahawks	5/22/2009	2009 PC TIGR LCM OPEN

Girls 13-14 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:00.51	958	Neel, Marissa	14	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	1:03.06	902	Howe, Ally	13	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	1:03.49	887	Mack, Linnea	13	PC Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:03.63	847	Cheung, Hilvy	14	PC Mission San Jose Aquatics	8/5/2009	2009 CA North American Challen
5	1:04.26	825	Applegate, Madison	14	PC Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
6	1:04.41	820	Upshaw, Arlyn	14	PC Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
7	1:04.78	807	White, Madison	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:04.89	803	Chenault, Chelsea	14	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
9	1:05.26	791	Leonard, Kelsey	14	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
10	1:05.96	767	Ren, Dorothy	14	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

11	1:06.06	763	Zebker, Molly	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	1:06.36	753	Aisawa, Michelle	14	PC	Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:06.44	750	Aoyama, Brittany	14	PC	The Swim Club of NorCal	5/22/2009	2009 PC TIGR LCM OPEN
14	1:06.59	745	Ama, Julia	14	PC	Palo Alto Stanford Aquatics	6/19/2009	2009 SN SS Invitational
15	1:06.67	778	Scherp, Stefanie	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:06.73	741	Thomas, Naomi	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	1:06.77	739	Tang, Helen	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
18	1:06.78	739	Zhai, Ruoning	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	1:06.99	732	Siegel, Katie	14	PC	Santa Clara Swim Club	6/19/2009	2009 SN SS Invitational
20	1:07.88	702	Wong, Lauren	14	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	1:07.88	738	Garza, Halli	13	PC	The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
22	1:07.90	737	Isleta, Czsarina	13	PC	Rovella's Athletic Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
23	1:07.93	736	Hayes, Nina	13	PC	Livermore Aqua Cowboys Club	7/22/2009	2009 CA/NV Speedo Championship
24	1:08.01	733	Bauer, Jenna	13	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
25	1:08.05	696	Williamson, Bailey	14	PC	Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 13-14 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	57.69	930	Burns, Ian	14	PC Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
2	58.35	902	Kremer, Tom	14	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
3	59.63	850	Scheaffer, Chris	14	PC Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
4	1:01.01	796	Haley, Sam	14	PC Neptune Swimming	5/22/2009	2009 PC MBSC LCM OPEN
5	1:01.11	792	Hughes, Bryan	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:01.23	787	Choi, Michael	14	PC Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

7	1:02.25	747	Bole, Sandy	14	PC	North Bay Aquatics	6/6/2009	2009 PC SJA LCM JR+
8	1:02.46	739	Lawler, Keltan	14	PC	Santa Clara Swim Club	8/5/2009	2009 CA North American Challen
9	1:02.66	732	Usinger, Brett	14	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
10	1:02.85	832	Liang, Andrew	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	1:02.91	722	Morgan, David	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:03.25	709	Spurzem, Graham	14	PC	Rovella's Athletic Club	8/4/2009	2009 Western Zone Swimming Cha
13	1:03.39	704	Villanueva, Marco	14	PC	Tiger Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
14	1:03.63	695	Lee, Rolland	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	1:03.70	692	Luh, Alex	14	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:03.86	794	Tamayo, Victor	13	PC	West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:04.47	663	Szeto, Jeremy	14	PC	SFRP Rossi Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:04.53	661	Pasquinzo, Nicholas	14	PC	YMCA Presidio Aquatics Club	5/1/2009	2009 PC VJO LCM PC-CBA+
19	1:04.65	657	Bui, Andrew	14	PC	West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	1:04.75	761	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
21	1:04.85	649	Yu, Stephen	14	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:05.31	633	Williams, Dillon	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:05.37	738	Tanizaki-Hudson, Derek	13	PC	Lynbrook Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
24	1:05.42	736	Mattox, Miguel	13	PC	North Bay Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:05.57	623	Garin, Ivan	14	PC	Otter Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 13-14 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:16.54	947	Howe, Ally	13	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	2:19.11	866	Neel, Marissa	14	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
3	2:19.86	855	Cheung, Hilvy	14	PC Mission San Jose Aquatics	8/5/2009	2009 CA North American Challen
4	2:20.88	840	Applegate, Madison	14	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

5	2:23.19	806	Ren, Dorothy	14	PC	Santa Clara Swim Club	8/5/2009	2009 CA North American Challen
6	2:24.83	781	Aoyama, Brittany	14	PC	The Swim Club of NorCal	5/22/2009	2009 PC TIGR LCM OPEN
7	2:25.27	775	Zebker, Molly	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	2:25.58	771	Ruby, Charlotte	14	PC	Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
9	2:25.62	814	Delisle, Marie-Pierre	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	2:28.02	735	Zhai, Ruoning	14	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	2:29.59	757	Bauer, Jenna	13	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
12	2:30.03	706	Tang, Helen	14	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:31.29	688	Aisawa, Michelle	14	PC	Sunnyvale Swim Club	8/4/2009	2009 Western Zone Swimming Cha
14	2:31.67	683	Herrera, Monica	14	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
15	2:31.86	680	Thomas, Naomi	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:32.54	715	Garza, Halli	13	PC	The Swim Club of NorCal	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:34.25	647	Whaley, Reid	14	PC	Unattached	6/19/2009	2009 SN SS Invitational
18	2:34.32	646	Conlon, Kali	14	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO
19	2:34.78	639	Kay, Kortney	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:36.86	611	Locke, Elise	14	PC	Santa Cruz County Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
21	2:36.98	653	Matherson, Paige	13	PC	San Ramon Vly/Livermore Aq.	7/16/2009	2009 PC TERA LCM PC-JO
22	2:37.76	643	Scherp, Stefanie	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	2:37.82	642	Morefield, Shaelin	13	PC	Douglas Dolphins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
24	2:38.61	587	Phi, Thuy	14	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:39.38	576	Nagaraj, Eela	14	PC	Palo Alto Stanford Aquatics	7/17/2009	2009 PC MP LCM SENIOR

Boys 13-14 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:07.31	945	Kremer, Tom	14	PC Unattached	8/5/2009	2009 ISR Nationals

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

2	2:07.91	934	Hughes, Bryan	14	PC	Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
3	2:11.50	870	Burns, Ian	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
4	2:13.02	843	Lawler, Keltan	14	PC	Santa Clara Swim Club	8/5/2009	2009 CA North American Challen
5	2:14.04	825	Haley, Sam	14	PC	Neptune Swimming	5/22/2009	2009 PC MBSC LCM OPEN
6	2:14.37	939	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	2:20.63	713	Choi, Michael	14	PC	Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	2:22.36	684	Bengston, Connor	14	PC	De Anza Cupertino Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+
9	2:22.50	682	Spurzem, Graham	14	PC	Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:22.56	681	Scheaffer, Chris	14	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
11	2:22.96	795	Liang, Andrew	13	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
12	2:23.17	671	Bole, Sandy	14	PC	Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
13	2:23.56	785	Silverthorn, Nick	13	PC	Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
14	2:23.61	664	Williams, Dillon	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
15	2:23.83	781	Tamayo, Victor	13	PC	West Coast Aquatics	4/18/2009	2009 PC WEST LCM PC-C/B/A+
16	2:24.96	642	Kim, Travis	14	PC	San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	2:25.57	632	Vu, Jared	14	PC	SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
18	2:25.75	629	Carter, Cole	14	PC	Sunnyvale Swim Club	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
19	2:26.08	624	Usinger, Brett	14	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO
20	2:26.71	614	Villanueva, Marco	14	PC	Tiger Aquatics	6/27/2009	2009 PC OAPB LCM PC-CBA+
21	2:27.15	727	Bartoli, Nicholas	13	PC	Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:27.19	606	Garin, Ivan	14	PC	Otter Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
22	2:27.19	727	Chan, Garrett	13	PC	Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
24	2:27.31	605	Huang, Paul	14	PC	West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:27.54	601	Lam, Galen	14	PC	Alameda Island Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 13-14 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
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Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

1	2:23.02	838	Upshaw, Arlyn	14	PC	Piedmont Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
2	2:24.10	819	White, Madison	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
3	2:25.08	853	Howe, Ally	13	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
4	2:25.92	787	Chenault, Chelsea	14	PC	Terrapins Swim Team	6/11/2009	XLII Santa Clara International
5	2:28.55	742	Harryman, Julia	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	2:28.77	738	Young, Taylor	14	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
7	2:28.79	738	Zebker, Molly	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	2:29.06	734	Ren, Dorothy	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
9	2:29.54	777	Bauer, Jenna	13	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
10	2:30.47	710	Kay, Kortney	14	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
11	2:30.96	753	Scherp, Stefanie	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:31.26	697	Ruby, Charlotte	14	PC	Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
13	2:31.34	695	Thomas, Naomi	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	2:31.43	745	Tai, Tammy	13	PC	De Anza Cupertino Aquatics	6/13/2009	2009 PC DACA LCM PC-C/B/A+
15	2:31.51	693	Tang, Helen	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
16	2:31.63	742	Baxley, Rebecca	13	PC	Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+
17	2:31.72	740	Delisle, Marie-Pierre	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	2:31.78	739	Garza, Halli	13	PC	The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
19	2:31.79	739	Poppe, Heidi	13	PC	Neptune Swimming	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:31.85	738	Isleta, Czsarina	13	PC	Rovella's Athletic Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
21	2:32.04	735	Zhou, Joyce	13	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:32.23	681	Akin, Annalee	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

23	2:32.55	676	Whaley, Reid	14	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
24	2:33.36	662	Ama, Julia	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	2:34.01	703	Hayes, Nina	13	PC	Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO

Boys 13-14 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:11.05	942	Kremer, Tom	14	PC Unattached	8/5/2009	2009 ISR Nationals
2	2:11.37	935	Burns, Ian	14	PC Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
3	2:11.52	1032	Silverthorn, Nick	13	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:11.62	1030	Ogren, Curtis	13	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	2:14.28	877	Sanborn, Byron	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	2:14.70	869	Khojasteh, Kevin	14	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
7	2:16.72	829	Hughes, Bryan	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
8	2:16.89	826	Luh, Alex	14	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	2:17.11	822	Webster, Matthew	14	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
10	2:17.63	812	Usinger, Brett	14	PC Unattached	8/4/2009	2009 Western Zone Swimming Cha
11	2:18.66	792	Bole, Sandy	14	PC North Bay Aquatics	6/6/2009	2009 PC SJA LCM JR+
12	2:20.44	759	Villanueva, Marco	14	PC Tiger Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
13	2:20.64	755	Choi, Michael	14	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
14	2:21.04	747	Morgan, David	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
15	2:22.11	728	Mercurio, Thomas	14	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
16	2:22.50	720	Lee, Rolland	14	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:22.63	718	Lawler, Keltan	14	PC Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
18	2:22.78	813	Lee, William	13	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	2:23.31	803	Castro-Abrams, Kenneth	13	PC Marin Pirates	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

20	2:23.73	698	Miao, Albert	14	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:23.77	697	Bui, Andrew	14	PC	West Coast Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:24.04	692	Miller, Jack	14	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
23	2:24.22	689	Vu, Jared	14	PC	SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
24	2:24.62	682	Yaung, Alexander	14	PC	Flying Fish	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:25.10	673	Spurzem, Graham	14	PC	Rovella's Athletic Club	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 13-14 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:57.99	868	White, Madison	14	PC Crow Canyon Country Club Sharks	5/22/2009	2009 Mel Zajac Jr Internationa
2	5:04.13	819	Chenault, Chelsea	14	PC Terrapins Swim Team	6/11/2009	XLII Santa Clara International
3	5:07.11	835	Howe, Ally	13	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	5:08.35	786	Brown, Allison	14	PC Pleasanton Seahawks	12/7/2008	2008 LCM Invite ATL
5	5:10.13	772	Kay, Kortney	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
6	5:11.27	764	Zebker, Molly	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	5:11.52	762	Upshaw, Arlyn	14	PC Piedmont Swim Team	7/22/2009	2009 CA/NV Speedo Championship
8	5:12.13	797	Bauer, Jenna	13	PC Neptune Swimming	8/5/2009	2009 CA North American Challen
9	5:12.78	752	Troup, Lexy	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
10	5:13.88	744	Young, Taylor	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
11	5:14.16	781	Delisle, Marie-Pierre	13	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	5:15.84	729	Ren, Dorothy	14	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	5:16.62	723	Ruby, Charlotte	14	PC Santa Clara Swim Club	6/6/2009	2009 PC SJA LCM JR+
14	5:18.68	707	Harryman, Julia	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	5:21.19	688	Tai, Tammy	14	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

16	5:22.69	717	Isleta, Czsarina	13	PC	Rovella's Athletic Club	5/2/2009	2009 PC SJA LCM PC-C/B/A+
17	5:24.15	666	Whaley, Reid	14	PC	Neptune Swimming	7/17/2009	2009 PC MP LCM SENIOR
18	5:24.37	704	Zhou, Joyce	13	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	5:24.53	664	Akin, Annalee	14	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
20	5:25.22	698	Baxley, Rebecca	13	PC	Neptune Swimming	4/18/2009	2009 PC TERA LCM PC-CBA+
21	5:25.45	657	Conlon, Kali	14	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO
22	5:26.35	690	Luders, Micaela	13	PC	Neptune Swimming	7/11/2009	2009 PC WA PC-CBA+
23	5:26.65	688	Garza, Halli	13	PC	The Swim Club of NorCal	7/29/2009	2009 PC LCM FAR WEST CHM
24	5:28.41	635	Zhai, Ruoning	14	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	5:28.51	674	Poppe, Heidi	13	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship

Boys 13-14 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:38.32	1024	Ogren, Curtis	13	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
2	4:40.41	1006	Silverthorn, Nick	13	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
3	4:42.15	900	Hughes, Bryan	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
4	4:42.29	899	Kremer, Tom	14	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
5	4:44.59	879	Burns, Ian	14	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
6	4:53.53	802	Sanborn, Byron	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	4:53.66	801	Webster, Matthew	14	PC Santa Clara Swim Club	6/19/2009	2009 SN SS Invitational
8	4:53.81	800	Khojasteh, Kevin	14	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
9	4:55.94	782	Luh, Alex	14	PC Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	4:56.22	779	Villanueva, Marco	14	PC Tiger Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
11	4:57.03	863	Lee, William	13	PC Palo Alto Stanford Aquatics	7/17/2009	2009 PC MP LCM SENIOR
12	4:58.40	761	Bole, Sandy	14	PC Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
13	4:58.83	758	Lawler, Keltan	14	PC Santa Clara Swim Club	6/20/2009	2009 PC VS LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

14	5:00.93	740	Spurzem, Graham	14	PC	Rovella's Athletic Club	8/4/2009	2009 Western Zone Swimming Cha
15	5:03.93	806	Morgan, David	13	PC	Crow Canyon Country Club Sharks	6/11/2009	XLII Santa Clara International
16	5:07.96	683	Lee, Rolland	14	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	5:08.37	680	Usinger, Brett	14	PC	Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
18	5:10.12	666	Vu, Jared	14	PC	SFRP Rossi Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
19	5:10.29	665	Hinrichs, Bret	14	PC	Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
20	5:10.94	660	Miller, Jack	14	PC	Terrapins Swim Team	4/18/2009	2009 PC TERA LCM PC-CBA+
21	5:11.56	655	Selfridge, Zach	14	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	5:11.73	653	Yaung, Alexander	14	PC	Flying Fish	7/16/2009	2009 PC TERA LCM PC-JO
23	5:13.11	732	Messman, Clark	13	PC	Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
24	5:13.53	639	Bengston, Connor	14	PC	De Anza Cupertino Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+
25	5:14.28	634	Choi, Michael	14	PC	Mission San Jose Aquatics	6/6/2009	2009 PC SJA LCM JR+

Girls 15-16 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	25.70	928	Schaefer, Madeline	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	25.93	907	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	26.33	869	Murphy, Kathryn	16	PC Marin Pirates	3/17/2009	2009 FL NCSA Junior Nats
4	26.55	850	Roth, Deborah	16	PC North Bay Aquatics	8/4/2009	2009 U. S. Open
5	27.00	811	Slater, Laura	16	PC Marin Pirates	3/20/2009	2009 FL NCSA Junior Nats
6	27.26	788	Fuller, Brooke	16	PC Pirate Aquatics	8/5/2009	2009 CA North American Challen
7	27.36	782	Clarno, Kristen	15	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
8	27.37	779	Peanasky, Anne	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
9	27.61	759	Breed, Catherine	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
10	27.64	759	Roth, Becca	15	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	27.67	753	Khojasteh, Jessica	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
12	27.78	744	Dirado, Maya	16	PC Neptune Swimming	5/22/2009	Championship 2009 Mel Zajac Jr Internationa
13	27.83	743	Acker, Rachael	15	PC Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
13	27.83	740	Levens, Teva	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
15	27.91	733	Gali, Helena	16	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
15	27.91	733	Von Schottenstein, Haley	16	PC Douglas Dolphins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
17	27.92	732	Randall, M.E.	16	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
18	27.93	732	Wang, Karen	16	PC Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
19	28.02	724	Bergman, Jesse	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
20	28.04	722	Liang, Sarah	16	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	28.08	719	Garland, Natalie	16	PC Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
22	28.14	714	Saunders, Sydney	16	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
23	28.15	713	Gilley, Paige	16	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
24	28.21	711	Alcon, Sasha	15	PC Thunderbolt Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	28.23	709	Lange, Kelsey	15	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 15-16 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	23.66	886	Peske, Erich	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	24.39	824	Gibson, Piankhi	16	PC Terrapins Swim Team	5/22/2009	2009 CA Janet Evans Invitation
3	24.46	818	Tan, Daniel	16	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
4	24.53	812	Ngo, Michael	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA JEI Time Trials
5	24.67	833	Fleming, Casey	15	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
6	25.05	769	Noguchi, Shintaro	16	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

7	25.06	768	Koo, Derek	16	PC	Otter Swim Club	8/8/2009	2009 Western Zone Swimming Cha
7	25.06	801	Williams, Matt	15	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
7	25.06	768	Shultz, Patrick	16	PC	De Anza Cupertino Aquatics	8/2/2009	2009 PC LCM FAR WEST CHM
10	25.10	798	Ashby, Robbie	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	25.13	795	Winder, Alan	15	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	25.22	755	London, Mike	16	PC	Santa Clara Swim Club	8/2/2009	2009 PC LCM FAR WEST CHM
13	25.29	749	Chiang, Bryan	16	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
14	25.30	748	Chen, Joshua	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	25.31	747	Cheney, Trevor	16	PC	Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
16	25.34	745	Strausser, Jeffrey	16	PC	Orinda Aquatics	6/11/2009	XLII Santa Clara International
17	25.36	777	Hausmann, Chris	15	PC	Alameda Island Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	25.41	739	Clark, Dylan	16	PC	Sunnyvale Swim Club	7/22/2009	2009 CA/NV Speedo Championship
19	25.43	771	Khojasteh, Kevin	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
20	25.52	730	Carlo, Evan	16	PC	Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO
21	25.58	725	Nollette, Tyler	16	PC	Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
22	25.60	757	Neubieser, Daryl	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	25.68	750	Zavala, Aj	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
24	25.70	715	Weber, Jake	16	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	25.74	746	Hayes, Andrew	15	PC	Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO

Girls 15-16 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	55.98	914	Schaefer, Madeline	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

2	56.90	883	Tosky, Jasmine	15	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	57.38	849	Dirado, Maya	16	PC	Neptune Swimming	6/12/2009	XLII Santa Clara International
4	57.63	837	Breed, Catherine	16	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
5	57.91	824	Roth, Deborah	16	PC	North Bay Aquatics	3/17/2009	2009 FL NCSA Junior Nats
6	58.16	813	Murphy, Kathryn	16	PC	Marin Pirates	7/7/2009	2009 ConocoPhillips National Championships TT
7	58.46	800	Huang, Salena	16	PC	Mission San Jose Aquatics	8/10/2009	2009 Speedo Junior National Ch
8	58.62	804	Clarno, Kristen	15	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
9	59.13	782	Roth, Becca	15	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	59.18	767	Slater, Laura	16	PC	Marin Pirates	3/19/2009	2009 FL NCSA Junior Nats
11	59.19	767	Fuller, Brooke	16	PC	Pirate Aquatics	8/5/2009	2009 CA North American Challen
12	59.22	766	Garland, Natalie	16	PC	Santa Clara Swim Club	7/25/2009	2009 CA/NV Speedo Championship
13	59.40	770	Alcon, Sasha	15	PC	Thunderbolt Aquatics	6/11/2009	XLII Santa Clara International
14	59.53	764	Brown, Allison	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
15	59.68	745	Bergman, Jesse	16	PC	Palo Alto Stanford Aquatics	12/14/2008	2008 LCM Invite ATX
16	59.76	742	Levens, Teva	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
17	59.86	738	Wang, Karen	16	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
18	1:00.07	741	Grima, Alicia	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	1:00.10	727	Khojasteh, Jessica	16	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
20	1:00.11	727	Ward, Andrea	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	1:00.12	726	Peanasky, Anne	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	1:00.14	725	Saunders, Sydney	16	PC	Crow Canyon Country Club Sharks	8/6/2009	2009 CA North American Challen
23	1:00.33	717	Saunders, Sloan	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
24	1:00.35	716	Gali, Helena	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25	1:00.38	715	Ampuero, Jessie	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
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Boys 15-16 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	51.46	906	Peske, Erich	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	52.58	903	Burns, Ian	15	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
3	53.68	853	Winder, Alan	15	PC North Bay Aquatics	7/25/2009	2009 CA/NV Speedo Championship
4	53.83	797	Tan, Daniel	16	PC Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
5	53.98	790	London, Mike	16	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
6	54.04	837	Shimomura, Sam	15	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
7	54.08	786	Shultz, Patrick	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	54.10	834	Ashby, Robbie	15	PC Orinda Aquatics	8/5/2009	2009 CA North American Challen
9	54.17	831	Owens, Kevin	15	PC Santa Clara Swim Club	6/12/2009	XLII Santa Clara International
10	54.23	779	Gibson, Piankhi	16	PC Terrapins Swim Team	8/11/2009	2009 Speedo Junior National Ch
11	54.44	819	Zavala, Aj	15	PC De Anza Cupertino Aquatics	8/6/2009	2009 CA North American Challen
12	54.45	819	Jensen, Tor	15	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	54.76	755	Ngo, Michael	16	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	54.78	755	Chen, Joshua	16	PC De Anza Cupertino Aquatics	7/25/2009	2009 CA/NV Speedo Championship
14	54.78	804	Williams, Matt	15	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
16	54.86	800	Khojasteh, Kevin	15	PC De Anza Cupertino Aquatics	7/25/2009	2009 CA/NV Speedo Championship
17	54.91	749	Landefeld, Peter	16	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	54.95	796	Hausmann, Chris	15	PC Alameda Island Aquatics	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
19	55.00	745	Seitz, Andrew	16	PC Pleasanton Seahawks	7/29/2009	Championship 2009 PC LCM FAR WEST CHM
20	55.03	744	Noguchi, Shintaro	16	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
21	55.24	784	Leung, Michael	15	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	55.43	726	Deaver, Nick	16	PC Unattached	6/11/2009	XLII Santa Clara International
23	55.53	722	Clark, Dylan	16	PC Sunnyvale Swim Club	7/22/2009	2009 CA/NV Speedo Championship
24	55.56	720	Koo, Derek	16	PC Otter Swim Club	8/4/2009	2009 Western Zone Swimming Cha
25	55.67	765	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	12/14/2008	2008 LCM Invite ATX

Girls 15-16 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:00.51	947	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	7/24/2009	2009 CA/NV Speedo Championship
2	2:01.09	913	Breed, Catherine	16	PC Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
3	2:03.57	853	Roth, Deborah	16	PC North Bay Aquatics	3/17/2009	2009 FL NCSA Junior Nats
4	2:03.61	852	Schaefer, Madeline	16	PC Palo Alto Stanford Aquatics	8/7/2009	2009 U. S. Open
5	2:04.19	857	Brown, Allison	15	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
6	2:05.21	814	Dirado, Maya	16	PC Neptune Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
7	2:05.80	800	Huang, Salena	16	PC Mission San Jose Aquatics	8/10/2009	2009 Speedo Junior National Ch
8	2:07.12	770	Nanfria, Taylor	16	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
9	2:07.89	771	Grima, Alicia	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	2:08.09	766	Batiza, Delise	15	PC Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
11	2:08.51	738	Levere, Jacqui	16	PC Unattached	7/2/2009	2009 Maccabiah Games USA
12	2:08.73	733	Khojasteh, Jessica	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	2:09.23	722	Wang, Karen	16	PC Pleasanton Seahawks	6/11/2009	XLII Santa Clara International

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

14	2:09.28	721	Garland, Natalie	16	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
15	2:09.75	711	Ampuero, Jessie	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
16	2:09.83	709	Peanasky, Anne	16	PC	Palo Alto Stanford Aquatics	8/7/2009	2009 U. S. Open
17	2:09.95	706	Ward, Andrea	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	2:10.04	723	Ruby, Charlotte	15	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
19	2:10.21	701	Gali, Helena	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
20	2:10.27	699	Murray, Elizabeth	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	2:10.43	714	Clarno, Kristen	15	PC	De Anza Cupertino Aquatics	7/24/2009	2009 CA/NV Speedo Championship
22	2:10.76	689	Beach, Megan	16	PC	Peninsula Covenant Aquatics	8/5/2009	2009 CA North American Challen
23	2:11.07	700	Brown, Marissa	15	PC	Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
24	2:11.08	700	Alcon, Sasha	15	PC	Thunderbolt Aquatics	6/11/2009	XLII Santa Clara International
25	2:11.14	680	Fuller, Brooke	16	PC	Pirate Aquatics	8/5/2009	2009 CA North American Challen

Boys 15-16 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:53.07	892	Peske, Erich	16	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
2	1:54.49	912	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	1:55.13	897	Shimomura, Sam	15	PC Santa Clara Swim Club	8/12/2009	2009 Speedo Junior National Ch
4	1:55.42	890	Burns, Ian	15	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
5	1:56.07	821	Partin, Jackson	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
6	1:57.66	838	Porter, Andrew	15	PC Cabrillo Threshers	8/10/2009	2009 Jr National Champs TT
7	1:57.87	780	Tan, Daniel	16	PC Santa Clara Swim Club	6/11/2009	XLII Santa Clara International
8	1:58.11	774	Seitz, Andrew	16	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
9	1:58.19	773	Peters, Jeff	16	PC Santa Clara Swim Club	8/12/2009	2009 Speedo Junior National Ch
10	1:58.25	824	Nunan, Michael	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

11	1:58.33	769	Shultz, Patrick	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	1:59.20	803	Owens, Kevin	15	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
13	1:59.23	749	Chen, Joshua	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	1:59.50	796	Leung, Michael	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	1:59.70	791	Jensen, Tor	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	1:59.88	787	Khojasteh, Kevin	15	PC	De Anza Cupertino Aquatics	7/24/2009	2009 CA/NV Speedo Championship
17	1:59.90	734	London, Mike	16	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:00.01	732	Landefeld, Peter	16	PC	North Bay Aquatics	7/24/2009	2009 CA/NV Speedo Championship
19	2:00.12	729	Noguchi, Shintaro	16	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
20	2:00.61	719	Cheney, Trevor	16	PC	Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
21	2:00.67	770	Yee, Andrew	15	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:01.12	760	Hausmann, Chris	15	PC	Alameda Island Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	2:01.28	704	Clark, Dylan	16	PC	Sunnyvale Swim Club	7/22/2009	2009 CA/NV Speedo Championship
24	2:01.48	700	Gibson, Piankhi	16	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
25	2:01.51	699	Masuda, Kei	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation

Girls 15-16 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:13.25	958	Breed, Catherine	15	PC Unattached	1/8/2009	2009 Jr Pan Pacific Swimming C
2	4:13.87	950	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	4:16.21	888	Dirado, Maya	16	PC Neptune Swimming	6/11/2009	XLII Santa Clara International

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

4	4:20.00	877	Brown, Allison	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
5	4:20.95	865	Batiza, Delise	15	PC	Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
6	4:21.95	820	Nanfria, Taylor	16	PC	Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
7	4:27.97	785	Troup, Lexy	15	PC	Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
8	4:28.40	748	Huang, Salena	16	PC	Mission San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	4:29.02	773	Ruby, Charlotte	15	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
10	4:30.57	724	Levere, Jacqui	16	PC	Unattached	7/2/2009	2009 Maccabiah Games USA
11	4:31.35	748	Brown, Marissa	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
12	4:33.03	697	Davey, Kate	16	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	4:33.31	694	Ward, Andrea	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	4:34.24	684	Murray, Elizabeth	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
15	4:34.58	681	Rados, Sam	16	PC	Thunderbolt Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	4:34.82	678	Livingston, Madison	16	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	4:34.83	710	Oosterhouse, Haley	15	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
18	4:35.53	671	Lim, Stephanie	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
19	4:36.94	688	Duckett, Abby	15	PC	Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
20	4:37.44	651	Garland, Natalie	16	PC	Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
21	4:37.53	650	Silvas, Cara	16	PC	Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
22	4:37.56	650	Kim, Seraphina	16	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
23	4:38.08	676	Grima, Alicia	15	PC	Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
24	4:38.25	674	Berry, Michelle	15	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	4:38.85	636	Gali, Helena	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Boys 15-16 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:00.26	916	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	4:02.30	859	Partin, Jackson	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
3	4:02.56	890	Shimomura, Sam	15	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
4	4:06.13	851	Owens, Kevin	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
5	4:06.57	812	Peters, Jeff	16	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
6	4:09.45	781	Seitz, Andrew	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
7	4:10.50	804	Nunan, Michael	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
8	4:12.31	785	Porter, Andrew	15	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
9	4:14.59	727	Tan, Daniel	16	PC Santa Clara Swim Club	6/11/2009	XLII Santa Clara International
10	4:15.12	756	Yee, Andrew	15	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
11	4:15.71	750	Chen, Ronald	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
12	4:16.09	712	Stuwe, Connor	16	PC Monterey Bay Swim Club	8/5/2009	2009 CA North American Challen
13	4:16.17	745	Leung, Michael	15	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	4:16.49	708	Blazevski, Marko	16	PC Monterey Bay Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
15	4:17.77	695	Pickens, Chris	16	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
16	4:18.23	690	Masuda, Kei	16	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	4:19.34	679	Butler, Wyatt	16	PC Burlingame Aquatic Club	6/27/2009	2009 PC BAC LCM PC-CBA+
18	4:20.01	706	Horpel, Frank	15	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
19	4:20.27	703	Haley, Sam	15	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
20	4:20.30	703	Chang, Howard	15	PC San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

21	4:21.20	694	Jensen, Tor	15	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	4:21.67	656	Bauer, Kyle	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
23	4:21.89	654	Chandler, Brandon	16	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
24	4:22.11	651	Egan, Nick Q	16	PC	Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
25	4:22.97	676	He, Brian	15	PC	San Ramon Vly/Livermore Aq.	6/19/2009	2009 SN SS Invitational

Girls 15-16 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:46.61	885	Breed, Catherine	16	PC Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
2	8:48.48	892	Batiza, Delise	15	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	8:49.67	886	Brown, Allison	15	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
4	8:55.24	856	Nanfria, Taylor	15	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	9:16.52	747	Troup, Lexy	15	PC Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
6	9:21.03	725	Brown, Marissa	15	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
7	9:25.52	687	Levere, Jacqui	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
8	9:28.19	674	Murray, Elizabeth	16	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	9:32.29	655	Silvas, Cara	16	PC Reno Aquatic Club	8/5/2009	2009 CA North American Challen
10	9:34.26	662	Blake, Abby	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
11	9:34.42	661	Oosterhouse, Haley	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
12	9:35.19	657	Smith, Riley	15	PC The Swim Club of NorCal	6/19/2009	2009 SN SS Invitational
13	9:39.32	622	Rados, Sam	16	PC Thunderbolt Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	9:47.56	584	Stickler, Danielle	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
15	9:52.04	564	Gutierrez, Caitlyn	16	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	9:52.56	578	Moran, Bridget	15	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
17	9:54.24	571	Alcon, Sasha	15	PC Thunderbolt Aquatics	6/6/2009	2009 PC SJA LCM JR+
18	9:58.26	553	Eklund, Nicole	15	PC San Ramon Vly/Livermore Aq.	7/17/2009	2009 PC MP LCM SENIOR

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	10:03.75	514	Fuller, Brooke	16	PC	Pirate Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
20	10:06.27	503	Selfridge, Mollie	16	PC	Osprey Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
21	10:08.66	508	Berry, Michelle	15	PC	Osprey Aquatics	4/18/2009	2009 PC WEST LCM PC-C/B/A+
22	10:09.06	491	O'Rourke, Meghan	16	PC	Neptune Swimming	6/19/2009	2009 SN SS Invitational
23	10:09.75	504	Corbishley, Bekah	15	PC	Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
24	10:09.93	503	Saber, Anna	15	PC	San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	10:10.48	501	Waln, Alyssa	15	PC	Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 15-16 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:13.14	897	Partin, Jackson	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
2	8:14.16	956	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	8:20.53	921	Shimomura, Sam	15	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
4	8:22.35	911	Owens, Kevin	15	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
5	8:23.28	842	Peters, Jeff	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
6	8:39.11	822	Porter, Andrew	15	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
7	8:41.36	811	Nunan, Michael	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
8	8:45.74	788	Yee, Andrew	15	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
9	8:48.72	709	Seitz, Andrew	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
10	8:49.35	770	Chen, Ronald	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	8:50.61	700	Blazevski, Marko	16	PC Monterey Bay Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
12	8:53.96	683	Pickens, Chris	16	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
13	8:57.85	664	Stuewe, Connor	16	PC Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
14	9:01.01	712	Chang, Howard	15	PC San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

15	9:01.24	711	Horpel, Frank	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
16	9:04.26	696	Hinrichs, Bret	15	PC	Palo Alto Stanford Aquatics	6/19/2009	2009 SN SS Invitational
17	9:06.45	685	Haley, Sam	15	PC	Neptune Swimming	6/19/2009	2009 SN SS Invitational
18	9:07.30	619	Masuda, Kei	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	9:09.12	673	Lim, Ted	15	PC	Palo Alto Stanford Aquatics	7/17/2009	2009 PC MP LCM SENIOR
20	9:09.82	607	Egan, Nick Q	16	PC	Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
21	9:11.63	661	He, Brian	15	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
22	9:15.57	580	Lindsay, Kyle	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
23	9:16.28	577	Burbidge, Nick	16	PC	Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
24	9:24.57	600	Hyde, Harrison	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	9:24.96	598	Neubieser, Daryl	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 15-16 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:54.04	893	Nanfria, Taylor	16	PC	Crow Canyon Country Club Sharks	8/10/2009 2009 Speedo Junior National Ch
2	16:55.88	888	Batiza, Delise	16	PC	Crow Canyon Country Club Sharks	8/10/2009 2009 Speedo Junior National Ch
3	16:56.23	902	Brown, Allison	15	PC	Pleasanton Seahawks	8/10/2009 2009 Speedo Junior National Ch
4	17:32.79	791	Breed, Catherine	16	PC	Pleasanton Seahawks	7/29/2009 2009 PC LCM FAR WEST CHM
5	18:01.52	733	Brown, Marissa	15	PC	Pleasanton Seahawks	7/29/2009 2009 PC LCM FAR WEST CHM
6	18:11.77	707	Oosterhouse, Haley	15	PC	Santa Clara Swim Club	7/29/2009 2009 PC LCM FAR WEST CHM
7	18:21.05	670	Silvas, Cara	16	PC	Reno Aquatic Club	7/22/2009 2009 CA/NV Speedo Championship
8	18:23.46	679	Blake, Abby	15	PC	Santa Clara Swim Club	7/29/2009 2009 PC LCM FAR WEST CHM
9	18:28.96	666	Smith, Riley	15	PC	The Swim Club of NorCal	7/22/2009 2009 CA/NV Speedo Championship
10	18:31.23	646	Rados, Sam	16	PC	Thunderbolt Aquatics	6/11/2009 XLII Santa Clara International
11	18:48.16	620	Alcon, Sasha	15	PC	Thunderbolt Aquatics	6/6/2009 2009 PC SJA LCM JR+
12	18:59.61	594	Eklund, Nicole	15	PC	San Ramon Vly/Livermore Aq.	6/19/2009 2009 SN SS Invitational
13	19:07.97	575	Moran, Bridget	15	PC	Pleasanton Seahawks	7/16/2009 2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

14	19:11.60	553	Gutierrez, Caitlyn	16	PC	San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
15	19:14.24	561	Waln, Alyssa	15	PC	Sunnyvale Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
16	19:16.87	541	Fields, Jennifer	16	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	19:17.03	555	Saber, Anna	15	PC	San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
18	19:48.37	487	Chen, Stephanie	15	PC	East Bay Bat Rays	7/16/2009	2009 PC TERA LCM PC-JO
19	19:58.91	465	Burton, Hannah	15	PC	Reno Aquatic Club	6/19/2009	2009 PC RENO LCM PC-CBA+
20	19:59.29	451	Stachofsky, Mary	16	PC	Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
21	19:59.36	464	Wraith, Stephanie	15	PC	Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+
22	20:02.30	458	Koontz, Sarah	15	PC	Douglas Dolphins Swim Team	6/6/2009	2009 PC SJA LCM JR+
23	20:07.07	448	Dyer, Alex	15	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
24	20:13.08	423	Martinez, Jessica	16	PC	West Coast Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	20:41.30	381	Watson, Sterling	15	PC	Walnut Creek Aquabears	6/6/2009	2009 PC SJA LCM JR+

Boys 15-16 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	15:47.65	894	Partin, Jackson	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
2	15:49.12	919	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	16:01.87	887	Owens, Kevin	15	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
4	16:04.19	852	Peters, Jeff	16	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
5	16:17.41	848	Shimomura, Sam	15	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
6	16:50.41	769	Yee, Andrew	15	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
7	16:51.47	737	Blazevski, Marko	16	PC Monterey Bay Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
8	16:56.38	755	Chen, Ronald	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
9	16:58.02	722	Stuewe, Connor	16	PC Monterey Bay Swim Club	8/5/2009	2009 CA North American Challen
10	17:01.25	743	Nunan, Michael	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
11	17:16.73	707	Hinrichs, Bret	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

12	17:17.62	705	Horpel, Frank	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
13	17:26.33	656	Lindsay, Kyle	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
14	17:36.50	633	Chandler, Brandon	16	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
15	17:48.04	607	Phillips, Luke	16	PC	Seaside Aquatic Club	5/22/2009	2009 PC MBSC LCM OPEN
16	18:08.63	562	Egan, Nick Q	16	PC	Terrapins Swim Team	6/19/2009	2009 PC RENO LCM PC-CBA+
17	18:15.09	548	McLaughlin, Tim	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
18	18:21.90	534	King, Mack	16	PC	Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
19	18:26.83	523	Ip, Brian	16	PC	Sunnyvale Swim Club	6/6/2009	2009 PC SJA LCM JR+
20	18:27.01	551	Hyde, Harrison	15	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
21	18:31.53	513	Caine, Nicholas	16	PC	SOLO Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
22	18:33.90	508	Clark, Dylan	16	PC	Sunnyvale Swim Club	6/6/2009	2009 PC SJA LCM JR+
23	18:36.43	531	Morrow, Wesley	15	PC	Seaside Aquatic Club	5/22/2009	2009 PC MBSC LCM OPEN
24	19:01.68	479	Bishop, Kevin	15	PC	Palo Alto Stanford Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	19:20.55	441	Fulbright, Chip	15	PC	YMCA Presidio Aquatics Club	7/16/2009	2009 PC TERA LCM PC-JO

Girls 15-16 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:01.39	977	Roth, Deborah	16	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
2	1:04.23	864	Schaefer, Madeline	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	1:05.55	832	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	1:06.04	795	Wang, Karen	16	PC Pleasanton Seahawks	12/7/2008	2008 LCM Invite ATL
5	1:06.74	787	Damian, Lauren	15	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:06.90	762	Dirado, Maya	16	PC Neptune Swimming	6/19/2009	2009 SN SS Invitational
7	1:07.83	746	Grima, Alicia	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	1:07.92	725	Klein, Callie	16	PC Unattached	7/2/2009	2009 Maccabiah Games USA
9	1:08.44	724	Burton, Hannah	15	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
10	1:08.47	705	Smith, Haley	16	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

11	1:08.48	704	Bergman, Jesse	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
12	1:08.59	700	Erickson, Eva	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	1:08.63	699	Sivesind, Padon	16	PC	Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
14	1:08.89	708	Clarno, Kristen	15	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
15	1:09.08	701	Brown, Allison	15	PC	Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
15	1:09.08	701	Tomimatsu, Jordan	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	1:09.12	681	Woodward, Brooke	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	1:09.20	697	Lee, Sabrina	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	1:09.28	676	Lynch, Kaitlyn	16	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
20	1:09.50	668	Liang, Sarah	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	1:09.61	664	Kim, Aline	16	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
22	1:09.70	661	Breed, Catherine	16	PC	Pleasanton Seahawks	5/22/2009	2009 PC TIGR LCM OPEN
23	1:09.80	657	Gilley, Paige	16	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
24	1:10.00	668	Morris, Megan	15	PC	Napa Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:10.22	661	Oosterhouse, Haley	15	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 15-16 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	59.49	843	Peske, Erich	16	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
2	1:00.05	877	Fleming, Casey	15	PC De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
3	1:00.96	841	Palley, David	15	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
4	1:01.68	757	Landefeld, Peter	16	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	1:02.00	745	Dezwirek, Jeremie	16	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

6	1:02.07	798	Ashby, Robbie	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	1:02.44	728	Dean, Evan	16	PC	Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:02.54	780	Leung, Michael	15	PC	De Anza Cupertino Aquatics	7/26/2009	2009 CA/NV Speedo Championship
9	1:02.70	718	Carlo, Evan	16	PC	Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO
10	1:02.73	773	Khojasteh, Kevin	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	1:02.87	767	Hayes, Andrew	15	PC	Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO
12	1:03.17	700	Chung, Justin	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	1:03.24	753	Hausmann, Chris	15	PC	Alameda Island Aquatics	8/5/2009	2009 CA North American Challen
14	1:03.59	684	Clark, Chris	16	PC	San Ramon Vly/Livermore Aq.	7/26/2009	2009 CA/NV Speedo Championship
15	1:04.22	661	Stuewe, Connor	16	PC	Monterey Bay Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
16	1:04.24	660	Seitz, Andrew	16	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
17	1:04.54	649	Coffin, Tobias	16	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:05.07	630	Deaver, Nick	16	PC	Unattached	6/11/2009	XLII Santa Clara International
19	1:05.13	628	Masuda, Kei	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA JEI Time Trials
20	1:05.20	625	Liao, Eric	16	PC	San Ramon Vly/Livermore Aq.	5/23/2009	2009 CC Clovis Memorial Day Meet
21	1:05.22	624	Kinnard, Mason	16	PC	Walnut Creek Aquabears	6/11/2009	XLII Santa Clara International
22	1:05.39	618	Wonnenberg, Michael	16	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
23	1:05.42	617	Stanbury, Trevor	16	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:05.43	617	Koo, Derek	16	PC	Otter Swim Club	8/4/2009	2009 Western Zone Swimming Cha
25	1:05.49	670	Cheng, William	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Girls 15-16 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
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Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

1	2:14.47	916	Roth, Deborah	16	PC	North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
2	2:19.04	839	Breed, Catherine	16	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
3	2:22.29	805	Grima, Alicia	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	2:22.92	795	Troup, Lexy	15	PC	Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
5	2:24.34	772	Brown, Allison	15	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
6	2:25.24	758	Burton, Hannah	15	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
7	2:25.75	731	Smith, Haley	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
8	2:25.81	730	Tomimatsu, Jordan	16	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	2:26.37	721	Klein, Callie	16	PC	Unattached	7/2/2009	2009 Maccabiah Games USA
10	2:26.42	720	Wang, Karen	16	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
11	2:27.29	706	Batiza, Delise	16	PC	Crow Canyon Country Club Sharks	8/10/2009	2009 Jr National Champs TT
12	2:27.58	702	Erickson, Eva	16	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:27.86	697	Huang, Salena	16	PC	Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	2:27.87	716	Oosterhouse, Haley	15	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
15	2:28.12	693	Bergman, Jesse	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
16	2:28.70	684	Lamb, Eneka	16	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
17	2:29.26	676	Kim, Aline	16	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO
18	2:29.38	693	Berry, Michelle	15	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	2:29.52	672	Fuller, Brooke	16	PC	Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	2:30.09	663	Derousseau, Karissa	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
21	2:30.63	655	Yamauchi, Sophia	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
22	2:30.73	672	Lee, Sabrina	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	2:30.94	650	Liang, Sarah	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	2:31.17	665	Rinaldi, Sarah	15	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
25	2:31.20	665	Hayes, Laura	15	PC	Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship

Boys 15-16 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:11.04	846	Fleming, Casey	15	PC De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
2	2:11.93	784	Dezwirek, Jeremie	16	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	2:12.05	827	Palley, David	15	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:14.79	732	Landefeld, Peter	16	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:15.14	771	Leung, Michael	15	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	2:15.39	766	Porter, Andrew	15	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
7	2:15.68	761	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
8	2:15.89	712	Egan, Nick Q	16	PC Terrapins Swim Team	5/22/2009	2009 CA Janet Evans Invitation
9	2:15.98	711	Stuewe, Connor	16	PC Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
10	2:16.34	704	Dean, Evan	16	PC Unattached	7/29/2009	2009 PC LCM FAR WEST CHM
11	2:16.96	693	Clark, Chris	16	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
12	2:17.14	690	Seitz, Andrew	16	PC Pleasanton Seahawks	8/10/2009	2009 Jr National Champs TT
13	2:17.28	732	Lasko, Jared	15	PC Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
14	2:17.43	729	Hausmann, Chris	15	PC Alameda Island Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	2:18.21	671	Coffin, Tobias	16	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:18.27	715	Hinrichs, Bret	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
17	2:19.63	646	Carlo, Evan	16	PC Livermore Aqua Cowboys Club	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

18	2:19.68	645	Stanbury, Trevor	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	2:20.62	629	Chung, Justin	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	2:21.15	664	Freckmann, Tyler	15	PC	Sunnyvale Swim Club	7/17/2009	2009 PC MP LCM SENIOR
21	2:21.67	611	Wooldridge, Andy	16	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:21.70	611	Lindsay, Kyle	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
23	2:21.80	653	Hayes, Andrew	15	PC	Livermore Aqua Cowboys Club	8/4/2009	2009 Western Zone Swimming Cha
24	2:22.15	603	Blazevski, Marko	16	PC	Monterey Bay Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
25	2:22.93	590	Goodson, Wesley	16	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 15-16 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:09.84	940	Gargalikis, Allison	15	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	1:12.12	870	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	1:12.62	840	Houston, Tory	16	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
4	1:12.74	836	Liang, Sarah	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
5	1:12.82	834	Yamauchi, Sophia	16	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
6	1:14.43	785	Petrakis, Danae	16	PC Unattached	6/11/2009	XLII Santa Clara International
7	1:15.42	756	Khojasteh, Jessica	16	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
8	1:15.63	750	Beach, Megan	16	PC Peninsula Covenant Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
9	1:15.67	763	Chen, Eva	15	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
10	1:15.83	744	Levere, Jacqui	16	PC Unattached	7/2/2009	2009 Maccabiah Games USA
11	1:16.38	742	Carlson, Taylor	15	PC Terrapins Swim Team	5/22/2009	2009 CA Janet Evans Invitation
12	1:16.93	726	Light, Allie	15	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:17.27	716	Herman, Shannon	15	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	1:18.12	692	Doan, Kristine	15	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

15	1:18.33	686	Clarno, Kristen	15	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
16	1:18.47	682	Swinton, Samantha	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	1:18.53	665	Yamagata, Taylor	16	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
18	1:18.65	662	Sicard, Brittany	16	PC	Napa Valley Swim Team	8/4/2009	2009 Western Zone Swimming Cha
19	1:18.67	676	Garland, Natalie	15	PC	Santa Clara Swim Club	12/14/2008	2008 LCM Invite ATX
20	1:18.70	661	Parsons, Amy	16	PC	Unattached	7/10/2009	2009 PC AP TERA / NBA / PLS LC Senior Dual
21	1:18.76	673	Nanfria, Taylor	15	PC	Unattached	4/18/2009	2009 PC SRVL LCM PC-CBA+
22	1:18.93	654	Rebro, Stephanie	16	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
23	1:18.96	653	Livingston, Madison	16	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	1:19.02	666	Haufler, Jenna	15	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:19.13	663	Rinaldi, Sarah	15	PC	Lakeridge Swim Team	6/19/2009	2009 PC RENO LCM PC-CBA+

Boys 15-16 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:06.27	925	Stumph, Steven	15	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	1:07.31	845	Jean, Tyler	16	PC Terrapins Swim Team	8/10/2009	2009 Jr National Champs TT
3	1:07.78	874	Khojasteh, Kevin	15	PC De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
4	1:08.12	818	Liu, Mark	16	PC Palo Alto Stanford Aquatics	12/14/2008	2008 LCM Invite ATX
5	1:08.94	791	Liao, Eric	16	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
6	1:09.55	771	Johnson, Nick	16	PC Sebastopol Sea Serpents	7/22/2009	2009 CA/NV Speedo Championship
7	1:09.84	761	Cook, Jamie	16	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
8	1:10.06	754	Peters, Jeff	16	PC Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
9	1:10.22	794	Smith, Steven	15	PC South San Francisco Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

10	1:10.45	741	Xu, Alexander	16	PC	Westside Aquaducks	7/22/2009	2009 CA/NV Speedo Championship
11	1:10.70	733	Henri, Pearson	16	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
12	1:10.88	727	Koo, Derek	16	PC	Otter Swim Club	8/4/2009	2009 Western Zone Swimming Cha
13	1:10.96	770	Zavala, Aj	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
14	1:11.34	758	Pera, Matt	15	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	1:12.23	730	Lin, Lucas	15	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
16	1:12.68	670	Hou, Gideon	16	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:12.86	665	Tung, Christopher	16	PC	Reno Aquatic Club	7/29/2009	2009 PC LCM FAR WEST CHM
18	1:12.90	709	Yuh, Ian	15	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
19	1:12.95	662	Wooldridge, Andy	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
20	1:13.03	705	Haley, Sam	15	PC	Neptune Swimming	8/5/2009	2009 CA North American Challen
21	1:13.34	695	Chang, Howard	15	PC	San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	1:13.35	695	Kane, Jonathan	15	PC	Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
23	1:13.50	690	Bedell, Christian	15	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:13.54	689	Noh, Austen	15	PC	Almaden Swim & Racquet Club	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:13.76	636	Tan, Daniel	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

Girls 15-16 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:32.82	908	Gargalikis, Allison	15	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	2:35.79	864	Houston, Tory	16	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
3	2:39.76	810	Liang, Sarah	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
4	2:40.17	805	Yamauchi, Sophia	16	PC Neptune Swimming	8/4/2009	2009 U. S. Open Time Trials
5	2:40.63	799	Levere, Jacqui	16	PC Unattached	7/2/2009	2009 Maccabiah Games USA

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

6	2:40.70	801	Herman, Shannon	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	2:40.92	795	Khojasteh, Jessica	16	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
8	2:41.36	789	Nanfria, Taylor	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
9	2:42.12	779	Beach, Megan	16	PC	Peninsula Covenant Aquatics	8/5/2009	2009 CA North American Challen
10	2:42.53	773	Petrakis, Danae	16	PC	Unattached	6/11/2009	XLII Santa Clara International
11	2:44.31	750	Garland, Natalie	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
12	2:46.15	729	Chen, Eva	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:46.73	722	Doan, Kristine	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
14	2:47.02	714	Dirado, Maya	16	PC	Neptune Swimming	6/19/2009	2009 SN SS Invitational
15	2:47.74	705	Rebro, Stephanie	16	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
16	2:47.75	708	Rinaldi, Sarah	15	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
17	2:49.39	687	Swinton, Samantha	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	2:50.78	670	Berry, Michelle	15	PC	Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	2:50.79	666	Parsons, Amy	16	PC	Unattached	7/16/2009	2009 PC TERA LCM PC-JO
20	2:51.81	657	Brown, Marissa	15	PC	Pleasanton Seahawks	6/27/2009	2009 PC OAPB LCM PC-CBA+
21	2:51.83	656	Mikaelsson, Michelle	15	PC	San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	2:51.85	652	Carlson, Taylor	16	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
23	2:52.33	650	McKenna, Maggie	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	2:52.52	648	Light, Allie	15	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:52.63	643	Davey, Kate	16	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Boys 15-16 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
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Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

1	2:19.69	955	Stumph, Steven	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	2:28.89	815	Jean, Tyler	16	PC	Terrapins Swim Team	8/5/2009	2009 CA North American Challen
3	2:30.04	798	Liao, Eric	16	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
4	2:32.13	769	Peters, Jeff	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
5	2:34.30	739	Cook, Jamie	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
6	2:34.69	741	Smith, Steven	15	PC	South San Francisco Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
7	2:35.00	729	Henri, Pearson	16	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
8	2:35.44	731	Zavala, Aj	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	2:35.50	722	Johnson, Nick	16	PC	Sebastopol Sea Serpents	8/4/2009	2009 Western Zone Swimming Cha
10	2:36.24	712	Wooldridge, Andy	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
11	2:36.46	709	Xu, Alexander	16	PC	Westside Aquaducks	7/22/2009	2009 CA/NV Speedo Championship
12	2:36.84	712	Haley, Sam	15	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
13	2:36.99	702	Koo, Derek	16	PC	Otter Swim Club	8/4/2009	2009 Western Zone Swimming Cha
14	2:38.32	692	Kane, Jonathan	15	PC	Almaden Swim & Racquet Club	7/16/2009	2009 PC TERA LCM PC-JO
15	2:38.55	689	Hinshaw, Adam	15	PC	Palo Alto Stanford Aquatics	6/28/2009	2009 PC SUNN LCM INVITE
16	2:39.20	680	Pera, Matt	15	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	2:39.85	663	Seitz, Andrew	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:40.06	668	Krause, Ben	15	PC	Alameda Island Aquatics	8/4/2009	2009 Western Zone Swimming Cha
19	2:41.14	654	Tung, Christopher	15	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
20	2:41.19	645	Hou, Gideon	16	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

21	2:41.60	648	Lin, Lucas	15	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
22	2:42.09	641	Chang, Howard	15	PC	San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	2:42.56	635	Dezwirek, Jeremie	15	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
24	2:43.19	627	Wen, Bobby	15	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
25	2:43.23	618	Goodson, Wesley	16	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 15-16 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:00.89	918	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	1:01.57	875	Davey, Kate	16	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	1:02.21	852	Breed, Catherine	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
4	1:02.96	825	Dirado, Maya	16	PC Neptune Swimming	8/4/2009	2009 U. S. Open
5	1:03.56	804	Lim, Stephanie	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
6	1:03.97	809	Ruby, Charlotte	15	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
7	1:04.15	783	Tomimatsu, Jordan	16	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
8	1:04.18	782	Whyte, Courtney	16	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	1:04.42	774	Peanasky, Anne	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
10	1:04.67	784	Ray, Christina	15	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
11	1:04.84	759	Liang, Sarah	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
12	1:05.02	772	Wenzlau, Margaret	15	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
13	1:05.09	750	Klein, Callie	16	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
14	1:05.46	738	Lynch, Kaitlyn	16	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
15	1:05.49	737	Murray, Elizabeth	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
16	1:05.64	731	Noonan, Taylor	16	PC Cabrillo Threshers	7/29/2009	2009 PC LCM FAR WEST CHM
17	1:05.65	750	Gargalikis, Allison	15	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
18	1:05.84	725	Bergman, Jesse	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	1:05.95	721	Ampuero, Jessie	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
20	1:06.00	719	Ward, Andrea	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	1:06.13	715	Nanfria, Taylor	16	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:06.19	713	Tselikova, Anastassia	16	PC	Mission San Jose Aquatics	12/14/2008	2008 LCM Invite ATX
23	1:06.20	712	Gilley, Paige	16	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
23	1:06.20	732	Schaefer, Madeline	15	PC	Unattached	6/11/2009	XLII Santa Clara International
25	1:06.34	708	Lee, Victoria	16	PC	Flying Fish	5/1/2009	2009 PC DACA LCM PC-C/B/A+

Boys 15-16 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	54.08	970	Peske, Erich	16	PC	De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
2	55.86	892	Gibson, Piankhi	16	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	56.08	918	Winder, Alan	15	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	57.37	863	Burns, Ian	15	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
5	57.71	814	Kulp, Patrick	16	PC	Livermore Aqua Cowboys Club	2/28/2009	2009 PC BEAR Age Group Invite
6	57.73	848	Davison, Richard	15	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
7	57.93	840	Porter, Andrew	15	PC	Cabrillo Threshers	8/10/2009	2009 Jr National Champs TT
8	58.60	777	Cheney, Trevor	16	PC	Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
9	58.88	766	Chen, Joshua	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	59.29	749	Noguchi, Shintaro	16	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
11	59.46	742	Landefeld, Peter	16	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	59.79	764	Khojasteh, Kevin	15	PC	De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
13	59.80	729	Wonnenberg, Michael	16	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

14	59.81	764	Haley, Sam	15	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
15	59.82	728	Wooldridge, Andy	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
16	59.86	726	Masuda, Kei	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	59.89	725	Strausser, Jeffrey	16	PC	Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
18	59.95	723	Carlo, Evan	16	PC	Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO
19	59.96	722	Seitz, Andrew	16	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
20	1:00.00	756	Ashby, Robbie	15	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:00.43	704	Deaver, Nick	16	PC	Unattached	6/11/2009	XLII Santa Clara International
22	1:00.44	703	London, Mike	16	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:00.65	730	Stumph, Steven	15	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:00.80	724	Bengston, Connor	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	1:00.95	718	Hayes, Andrew	15	PC	Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO
25	1:00.95	718	Zavala, Aj	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 15-16 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:11.22	956	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:15.96	880	Davey, Kate	16	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	2:16.07	878	Dirado, Maya	16	PC Neptune Swimming	6/11/2009	XLII Santa Clara International
4	2:16.32	875	Nanfria, Taylor	16	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
5	2:17.01	864	Breed, Catherine	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:17.14	865	Ruby, Charlotte	15	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
7	2:21.18	801	Whyte, Courtney	16	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	2:21.51	796	Lim, Stephanie	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
9	2:21.77	792	Batiza, Delise	16	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

10	2:22.86	776	Murray, Elizabeth	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
11	2:26.77	721	Brown, Allison	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:28.06	700	Klein, Callie	16	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:28.23	700	Prutton, Kendra	15	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
14	2:28.86	691	Tomimatsu, Jordan	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	2:29.02	686	Reviglio, Kaelie	16	PC	Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
16	2:29.72	679	Ray, Christina	15	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
17	2:30.24	669	Lou, Shuya	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	2:30.31	670	Brown, Marissa	15	PC	Unattached	4/18/2009	2009 PC SRVL LCM PC-CBA+
19	2:30.58	667	Wenzlau, Margaret	15	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
20	2:30.72	662	Ward, Andrea	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	2:31.05	657	Ampuero, Jessie	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
22	2:33.47	626	Simmons, Kelly	15	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
23	2:33.53	622	Rados, Sam	16	PC	Thunderbolt Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	2:34.68	609	Alcon, Sasha	15	PC	Thunderbolt Aquatics	6/6/2009	2009 PC SJA LCM JR+
25	2:36.58	579	Troup, Karley	16	PC	Unattached	4/18/2009	2009 PC SRVL LCM PC-CBA+

Boys 15-16 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:01.95	925	Peske, Erich	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	2:09.69	782	Wooldridge, Andy	16	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
3	2:10.01	820	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
4	2:11.52	793	Davison, Richard	15	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
5	2:12.13	782	Haley, Sam	15	PC Neptune Swimming	7/22/2009	Championship 2009 CA/NV Speedo Championship
6	2:12.22	737	Martinez, Jonathon	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	2:12.24	736	Seitz, Andrew	16	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
8	2:12.31	735	Masuda, Kei	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
9	2:12.92	768	Krause, Ben	15	PC Alameda Island Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	2:13.14	720	Cheney, Trevor	16	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
11	2:13.22	719	Partin, Jackson	16	PC Santa Clara Swim Club	6/11/2009	XLII Santa Clara International
12	2:14.12	747	Nunan, Michael	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:14.88	690	Carlo, Evan	16	PC Livermore Aqua Cowboys Club	7/16/2009	2009 PC TERA LCM PC-JO
14	2:15.36	682	Blazevski, Marko	16	PC Monterey Bay Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
15	2:15.47	724	Khojasteh, Kevin	15	PC De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
16	2:16.30	666	Oto, Kent	16	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
17	2:19.97	647	Leung, Michael	15	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:20.94	588	Burbidge, Nick	16	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
19	2:21.42	580	Fotsch, D.J.	16	PC Palo Alto Stanford Aquatics	7/17/2009	2009 PC MP LCM SENIOR
20	2:21.48	622	Bengston, Connor	15	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:21.58	577	Lindsay, Kyle	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:22.03	613	He, Brian	15	PC San Ramon Vly/Livermore Aq.	5/23/2009	2009 CC Clovis Memorial Day Meet
23	2:22.66	603	Chen, Ronald	15	PC Palo Alto Stanford Aquatics	6/27/2009	2009 PC BAC LCM PC-CBA+
24	2:23.52	546	Stuewe, Connor	16	PC Monterey Bay Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:24.87	567	Song, Mitchell	15	PC De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Girls 15-16 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
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Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

1	2:13.84	976	Dirado, Maya	16	PC	Neptune Swimming	5/22/2009	2009 Mel Zajac Jr Internationa
2	2:14.77	965	Tosky, Jasmine	15	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	2:21.18	841	Khojasteh, Jessica	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	2:21.81	829	Davey, Kate	16	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:22.68	814	Nanfria, Taylor	16	PC	Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
6	2:23.14	806	Liang, Sarah	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
7	2:23.98	791	Breed, Catherine	16	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
8	2:24.44	789	Clarno, Kristen	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	2:25.17	770	Yamauchi, Sophia	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
10	2:25.24	775	Brown, Allison	15	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
11	2:25.50	771	Grima, Alicia	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	2:25.56	764	Peanasky, Anne	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	2:26.05	755	Batiza, Delise	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
14	2:26.32	750	Ward, Andrea	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	2:26.51	747	Levere, Jacqui	16	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:27.26	734	Houston, Tory	16	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
17	2:27.58	735	Brennand, Kristen	15	PC	Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
18	2:27.59	735	Ruby, Charlotte	15	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
19	2:28.31	722	Herman, Shannon	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	2:28.32	716	Livingston, Madison	16	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	2:28.49	713	Beach, Megan	16	PC	Peninsula Covenant Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:28.67	710	Woodward, Brooke	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

								Championship
23	2:29.19	708	Burton, Hannah	15	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
24	2:29.41	698	Lim, Stephanie	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
25	2:29.42	698	Ampuero, Jessie	16	PC	Neptune Swimming	6/11/2009	XLII Santa Clara International

Boys 15-16 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	2:06.99	921	Peske, Erich	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
2	2:10.35	859	Porter, Andrew	15	PC	Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
3	2:10.42	857	Burns, Ian	15	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
4	2:10.88	848	Stumph, Steven	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:12.02	825	Hinshaw, Adam	15	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
6	2:12.35	811	Seitz, Andrew	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
7	2:13.77	790	Khojasteh, Kevin	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	2:14.05	777	Peters, Jeff	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
9	2:14.22	774	Tan, Daniel	16	PC	Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
10	2:14.85	762	Wooldridge, Andy	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
11	2:15.98	747	Shimomura, Sam	15	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
12	2:16.79	724	Liao, Eric	16	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:16.98	728	Zavala, Aj	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	2:17.06	726	Haley, Sam	15	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
15	2:17.69	707	Dezwirek, Jeremie	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:18.79	686	Martinez, Jonathon	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
17	2:18.87	685	Clark, Chris	16	PC San Ramon Vly/Livermore Aq.	7/22/2009	Championship 2009 CA/NV Speedo Championship
18	2:19.43	675	Coffin, Tobias	16	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	2:19.53	673	Lindsay, Kyle	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:19.72	669	Goodson, Wesley	16	PC San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:20.27	666	Bedell, Christian	15	PC Valley Splash	7/16/2009	2009 PC TERA LCM PC-JO
22	2:20.38	657	Xu, Alexander	16	PC Westside Aquaducks	7/22/2009	2009 CA/NV Speedo Championship
23	2:20.63	652	Carlo, Evan	16	PC Livermore Aqua Cowboys Club	7/22/2009	2009 CA/NV Speedo Championship
23	2:20.63	652	Jean, Tyler	16	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
25	2:20.67	659	Chen, Ronald	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha

Girls 15-16 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	4:42.11	963	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	4:44.16	940	Dirado, Maya	16	PC Neptune Swimming	8/4/2009	2009 U. S. Open
3	4:52.55	870	Nanfria, Taylor	16	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
4	4:56.46	844	Brown, Allison	15	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
5	4:59.45	814	Davey, Kate	16	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	5:05.19	775	Ruby, Charlotte	15	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
7	5:05.61	765	Liang, Sarah	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
8	5:06.56	758	Levere, Jacqui	16	PC Unattached	7/2/2009	2009 Maccabiah Games USA
9	5:06.93	755	Ward, Andrea	16	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	5:07.07	754	Yamauchi, Sophia	16	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

11	5:07.81	754	Batiza, Delise	15	PC	Crow Canyon Country Club Sharks	6/11/2009	XLII Santa Clara International
12	5:07.86	754	Brown, Marissa	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
13	5:08.05	752	Grima, Alicia	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	5:08.41	749	Troup, Lexy	15	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
15	5:10.26	729	Peanasky, Anne	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	5:11.17	728	Burton, Hannah	15	PC	Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
17	5:11.69	724	Herman, Shannon	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	5:14.14	705	Berry, Michelle	15	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	5:14.42	697	Houston, Tory	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
20	5:15.05	693	Livingston, Madison	16	PC	North Bay Aquatics	6/19/2009	2009 SN SS Invitational
21	5:15.98	685	Smith, Haley	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
22	5:16.00	685	Rados, Sam	16	PC	Thunderbolt Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	5:17.33	675	Ampuero, Jessie	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
24	5:18.26	668	Reviglio, Kaelie	16	PC	Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
25	5:22.29	644	Rinaldi, Sarah	15	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship

Boys 15-16 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>	
1	4:36.39	859	Porter, Andrew	15	PC	Cabrillo Threshers	8/10/2009	2009 Speedo Junior National Ch
2	4:39.37	816	Peters, Jeff	16	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
3	4:39.69	829	Hinshaw, Adam	15	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
4	4:40.93	802	Seitz, Andrew	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
5	4:43.43	796	Stumph, Steven	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

6	4:45.13	765	Wooldridge, Andy	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
7	4:47.23	763	Khojasteh, Kevin	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	4:49.13	731	Dezwirek, Jeremie	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	4:49.27	730	Blazevski, Marko	16	PC	Monterey Bay Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
10	4:51.00	731	Haley, Sam	15	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
11	4:53.67	708	Hinrichs, Bret	15	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
12	4:53.69	708	Chen, Ronald	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	4:55.54	693	Krause, Ben	15	PC	Alameda Island Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	4:55.71	676	Lindsay, Kyle	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
15	4:56.80	666	Goodson, Wesley	16	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
16	4:58.66	667	Leung, Michael	15	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	4:58.73	651	Martinez, Jonathon	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	4:59.46	645	Coffin, Tobias	16	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	5:02.25	638	Lasko, Jared	15	PC	Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
20	5:02.28	622	Chandler, Brandon	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
21	5:04.62	603	Xu, Alexander	16	PC	Westside Aquaducks	7/22/2009	2009 CA/NV Speedo Championship
22	5:04.86	601	McLaughlin, Tim	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
23	5:05.20	614	Freckmann, Tyler	15	PC	Sunnyvale Swim Club	7/17/2009	2009 PC MP LCM SENIOR
24	5:05.58	611	Song, Mitchell	15	PC	De Anza Cupertino Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
25	5:06.80	601	Wen, Bobby	15	PC	Santa Clara Swim Club	6/19/2009	2009 SN SS Invitational

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Girls 17-18 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	25.29	954	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
2	25.91	898	Carlson, Kasey	17	PC Unattached	1/8/2009	2009 Jr Pan Pacific Swimming C
3	26.19	873	Murphy, Kathryn	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
4	26.26	867	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	26.44	851	Drysdale, Emma	18	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
6	26.48	847	Fong, Chelsea	17	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
7	26.77	822	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
8	26.89	812	Bergman, Jesse	17	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
9	26.92	809	Biter-Mundt, Chardonnay	18	PC Napa Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
10	26.96	806	Jensen, Liv	18	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
11	26.98	804	Cochrane, Sabrina	17	PC Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
12	27.01	801	Wang, Karen	17	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
13	27.12	792	Slater, Laura	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
14	27.17	787	Nolet, Megan	17	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
15	27.45	763	Howard, Katie	17	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
16	27.49	760	Randall, M.E.	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
17	27.50	759	Wei, Stephanie	17	PC Santa Clara Swim Club	3/5/2009	2009 Austin GP
18	27.63	748	Gilley, Paige	17	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	27.70	742	Jones, Jill	17	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	27.72	741	Trail, Ocean	18	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
21	27.73	740	O'Brien, Rachel N	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
22	27.74	739	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	Championship 2009 U. S. Open Time Trials
23	27.75	738	Read, Haley	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	27.88	727	Hannis, Molly	17	PC Neptune Swimming	8/4/2009	2009 U. S. Open Time Trials
25	27.95	721	Clute, Deirdre	17	PC Terrapins Swim Team	6/11/2009	XLII Santa Clara International

Boys 17-18 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	22.47	959	Fleming, Shayne	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
2	22.71	938	Hanni, Ryan	17	PC Los Altos & Mountain View A.C.	8/10/2009	2009 Speedo Junior National Ch
3	22.93	917	Wayne, Aaron	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
4	23.35	880	Ceah, Geoff	18	PC Unattached	3/5/2009	2009 Austin GP
5	23.92	831	Packer, Chris	18	PC North Bay Aquatics	3/17/2009	2009 FL NCSA Junior Nats
5	23.92	831	Latimer, Andrew	18	PC North Bay Aquatics	8/10/2009	2009 Jr National Champs TT
7	24.01	825	Murray, Matthew	17	PC Palo Alto Stanford Aquatics	12/14/2008	2008 LCM Invite ATX
8	24.08	817	Cushing, Blake	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
9	24.10	816	Langland, Blake	18	PC Barracuda Aquatics Of Monterey	8/10/2009	2009 Speedo Junior National Ch
10	24.11	817	Williams, Trent	17	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	24.19	808	Denton-Schneider, Jon	18	PC North Bay Aquatics	8/4/2009	2009 U. S. Open Time Trials
12	24.24	804	Ostler, Jack	18	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
13	24.37	793	Shilling, Brandon	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
14	24.40	790	Espiritu, Julius	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
15	24.43	788	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	24.48	783	Bedell, James	18	PC Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
17	24.50	782	Higginbotham, Alex	18	PC Valley Splash	8/10/2009	2009 Jr National Champs TT
18	24.53	779	Wright, John	18	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	24.54	780	Kranenburg, Pieter	17	PC	North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
20	24.57	777	Trowbridge, Nick	17	PC	Palo Alto Stanford Aquatics	12/14/2008	2008 LCM Invite ATX
20	24.57	776	Stuhr, Matt	18	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
22	24.68	767	Hurko, Matt	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
23	24.70	767	Tan, Daniel	17	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
24	24.83	756	Weber, Blake	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	24.86	751	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
25	24.86	753	Whitenack, Ben	17	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship

Girls 17-18 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	55.37	940	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
2	56.26	897	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	56.99	863	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
4	57.36	846	Fong, Chelsea	17	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
5	57.51	839	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
6	58.09	813	Wei, Stephanie	17	PC Santa Clara Swim Club	3/5/2009	2009 Austin GP
7	58.13	811	Howard, Katie	17	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	58.14	811	Murphy, Kathryn	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
9	58.15	810	Herrington, Katie	17	PC The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
10	58.17	809	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	58.18	809	Drysdale, Emma	18	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
12	58.26	805	Jones, Jill	17	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

13	58.47	796	Biter-Mundt, Chardonnay	18	PC	Napa Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
14	58.53	793	Bergman, Jesse	17	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
15	58.55	792	Slater, Laura	17	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
16	58.60	790	Cochrane, Sabrina	17	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
17	59.31	759	Gilley, Paige	17	PC	De Anza Cupertino Aquatics	7/25/2009	2009 CA/NV Speedo Championship
18	59.38	755	Clute, Deirdre	17	PC	Terrapins Swim Team	5/22/2009	2009 CA Janet Evans Invitation
19	59.46	752	Carlson, Kasey	17	PC	Terrapins Swim Team	6/12/2009	XLII Santa Clara International
20	59.70	741	Thomas, Chrissy	17	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
21	59.83	736	Read, Haley	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	59.93	731	Bugbee, Bridget	17	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
23	59.95	731	Nolet, Megan	17	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
24	59.97	730	Wang, Karen	17	PC	Pleasanton Seahawks	7/17/2009	2009 PC TERA LCM PC-JO
25	59.99	729	Trail, Ocean	18	PC	Crow Canyon Country Club Sharks	7/25/2009	2009 CA/NV Speedo Championship

Boys 17-18 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	49.95	943	Fleming, Shayne	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
2	49.99	931	Wayne, Aaron	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
3	50.90	898	Hanni, Ryan	17	PC Los Altos & Mountain View A.C.	8/10/2009	2009 Speedo Junior National Ch
4	51.85	842	Shilling, Brandon	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
5	51.99	836	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
6	52.00	835	Cheah, Geoff	18	PC Unattached	3/5/2009	2009 Austin GP
7	52.28	822	Langland, Blake	18	PC Barracuda Aquatics Of Monterey	8/10/2009	2009 Speedo Junior National Ch
8	52.32	821	LaFlamme, David	18	PC Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

9	52.48	813	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
9	52.48	813	Ostler, Jack	18	PC	North Bay Aquatics	8/11/2009	2009 Speedo Junior National Ch
11	52.54	821	Richard, Timothy	17	PC	Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
11	52.54	821	Kranenburg, Pieter	17	PC	North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
13	52.76	800	Espiritu, Julius	18	PC	Santa Clara Swim Club	8/11/2009	2009 Speedo Junior National Ch
14	52.78	800	Trowbridge, Nick	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
15	52.82	808	Murray, Matthew	17	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
16	53.02	789	Stuhr, Matt	18	PC	Neptune Swimming	7/25/2009	2009 CA/NV Speedo Championship
17	53.11	795	Latimer, Andrew	17	PC	North Bay Aquatics	3/19/2009	2009 FL NCSA Junior Nats
18	53.20	780	Cushing, Blake	18	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
19	53.24	789	Weber, Blake	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	53.26	778	Wright, John	18	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	53.28	787	Harper, Greg	17	PC	Walnut Creek Aquabears	8/10/2009	2009 Jr National Champs TT
22	53.66	760	Bedell, James	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
23	53.78	754	Lager, Jordan	18	PC	Marin Pirates	7/25/2009	2009 CA/NV Speedo Championship
24	53.89	749	Rennspiess, Erik	18	PC	Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
25	53.90	759	Tan, Daniel	17	PC	Santa Clara Swim Club	8/11/2009	2009 Speedo Junior National Ch

Girls 17-18 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:04.01	829	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
2	2:04.43	819	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
3	2:04.90	821	Carlson, Kasey	17	PC Unattached	1/8/2009	2009 Jr Pan Pacific Swimming C
4	2:04.93	821	Clute, Deirdre	17	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
5	2:05.26	813	Wei, Stephanie	17	PC Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

6	2:05.75	788	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	2:05.85	799	Fong, Chelsea	17	PC	De Anza Cupertino Aquatics	8/7/2009	2009 U. S. Open
8	2:06.06	794	Herrington, Katie	17	PC	The Swim Club of NorCal	7/24/2009	2009 CA/NV Speedo Championship
9	2:06.83	763	Anderson, Katrina	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
10	2:07.25	767	Wang, Karen	17	PC	Pleasanton Seahawks	8/13/2009	2009 Speedo Junior National Ch
11	2:07.46	762	Howard, Katie	17	PC	Palo Alto Stanford Aquatics	7/24/2009	2009 CA/NV Speedo Championship
12	2:08.17	732	Rodriquez, Jessica	18	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
13	2:08.27	744	Murphy, Kathryn	17	PC	Marin Pirates	7/24/2009	2009 CA/NV Speedo Championship
14	2:08.38	728	Duckworth, Angela	18	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
15	2:08.50	738	Jones, Jill	17	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:08.67	735	Luchini, Shelbi	17	PC	Orinda Aquatics	7/24/2009	2009 CA/NV Speedo Championship
17	2:08.75	733	Delisle, Laurence	17	PC	De Anza Cupertino Aquatics	7/24/2009	2009 CA/NV Speedo Championship
18	2:09.01	714	Jensen, Liv	18	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
19	2:09.42	718	Munk, Taylor	17	PC	Crow Canyon Country Club Sharks	6/11/2009	XLII Santa Clara International
20	2:09.49	703	Hunt, Emma	18	PC	Barracuda Aquatics Of Monterey	7/22/2009	2009 CA/NV Speedo Championship
21	2:09.56	715	Bugbee, Bridget	17	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
22	2:09.61	700	O'Brien, Rachel N	18	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
23	2:09.72	711	Garcia, Monica	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	2:10.05	704	Cardenas, Ingrid	17	PC	Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
25	2:10.29	699	Matevish, Lauren	17	PC	Neptune Swimming	7/24/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

25 2:10.29 699 Read, Haley 17 PC Palo Alto Stanford Aquatics 12/14/2008 2008 LCM Invite ATX

Boys 17-18 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:51.17	904	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	1:51.54	898	Fleming, Shayne	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
3	1:52.17	880	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/6/2009	2009 U. S. Open
4	1:53.72	843	Shilling, Brandon	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
5	1:53.75	842	Wayne, Aaron	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
6	1:54.39	830	Harper, Greg	17	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
7	1:54.90	818	Hanni, Ryan	17	PC Los Altos & Mountain View A.C.	8/10/2009	2009 Speedo Junior National Ch
8	1:55.34	805	LaFlamme, David	18	PC Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
9	1:56.22	787	Kranenburg, Pieter	17	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
10	1:56.74	775	Graversen, Morten	17	PC Mission San Jose Aquatics	8/5/2009	2009 CA North American Challen
11	1:56.97	767	Stuhr, Matt	18	PC Neptune Swimming	8/10/2009	2009 Speedo Junior National Ch
12	1:57.11	767	Weber, Blake	17	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	1:57.29	763	Richard, Timothy	17	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	1:57.39	757	Lager, Jordan	18	PC Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
15	1:57.88	746	Meints, Joshua	18	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:57.89	749	Kinnard, Mason	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
17	1:57.91	749	Quincy, Paul	17	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
18	1:58.10	744	Mosccone, Dillon	17	PC North Bay Aquatics	7/24/2009	2009 CA/NV Speedo Championship
19	1:58.20	739	Dowley, Tommy	18	PC Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	1:58.54	734	Dossa, Andrew	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

21	1:58.70	731	Tan, Daniel	17	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
22	1:59.11	719	Drogemuller, Brandon	18	PC	Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
23	1:59.35	716	Yee, Brandon	17	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:59.38	713	Reingold, Jake	18	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	1:59.40	712	Presant, Bill	18	PC	South Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship

Girls 17-18 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:21.56	811	Duckworth, Angela	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	4:23.22	805	Clute, Deirdre	17	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	4:25.87	762	Rodriquez, Jessica	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	4:26.24	771	Wei, Stephanie	17	PC Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
5	4:26.31	757	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
6	4:26.96	750	Anderson, Katrina	18	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
7	4:29.30	737	Munk, Taylor	17	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
8	4:29.81	731	Liang, Joann	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
9	4:30.33	725	Bugbee, Bridget	17	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
10	4:30.73	721	Matevish, Lauren	17	PC Neptune Swimming	6/11/2009	XLII Santa Clara International
11	4:32.24	705	Wang, Karen	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
12	4:32.53	689	Perrotta, Mattea	18	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
13	4:32.73	699	Troup, Karley	17	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
14	4:33.14	695	Clark, Arenne	17	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

15	4:33.29	681	Hunt, Emma	18	PC	Barracuda Aquatics Of Monterey	7/22/2009	2009 CA/NV Speedo Championship
16	4:34.25	671	Barnes-Waychus, Casey	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	4:35.15	674	Riley, Taylor	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
18	4:35.95	665	Garcia, Monica	17	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
19	4:36.75	657	Winters, Sarah	17	PC	SOLO Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	4:37.00	654	Thomas, Megan	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	4:37.85	634	Howland, Molly	18	PC	Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	4:38.92	634	Allen, Kaitlyn	17	PC	South Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
23	4:39.09	633	Rogers, Kristin	17	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
24	4:39.39	618	Bradley, Paige	18	PC	Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+
25	4:39.40	618	Reeves, Katie	18	PC	Unattached	4/24/2009	2009 CA SPEEDO GRAND CHALLENGE

Boys 17-18 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	3:57.80	878	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	3:59.23	870	Harper, Greg	17	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
3	4:00.32	849	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
4	4:05.29	795	Weiss, Michael	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
5	4:06.35	792	Quincy, Paul	17	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
6	4:08.87	757	Drogemuller, Brandon	18	PC Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
7	4:09.75	747	Stuhr, Matt	18	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
8	4:10.59	738	Murray, Brad	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
9	4:11.03	734	Dowley, Tommy	18	PC Orinda Aquatics	7/29/2009	Championship 2009 PC LCM FAR WEST CHM
10	4:11.35	739	Stringer, Shaun	17	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
11	4:11.65	736	Graversen, Morten	17	PC Mission San Jose Aquatics	8/5/2009	2009 CA North American Challen
12	4:13.61	707	Huang, Edward	18	PC Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	4:13.79	714	Yee, Brandon	17	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
14	4:14.11	702	Presant, Bill	18	PC South Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
15	4:14.42	707	Guido, Christopher	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
16	4:15.04	692	Garcia, Ryan	18	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
17	4:15.18	699	Egan, Nick Q	17	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
18	4:15.32	689	Zlotoff, Zack	18	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	4:15.60	695	Coughran, Terrance	17	PC Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	4:15.66	694	Moscone, Dillon	17	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	4:16.15	689	Dossa, Andrew	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
22	4:17.76	673	Vizcarra, Evan	17	PC Westside Aquaducks	7/22/2009	2009 CA/NV Speedo Championship
23	4:18.23	660	LaFlamme, David	18	PC Ripon Aquatics	5/22/2009	2009 PC MBSC LCM OPEN
24	4:19.07	660	Butler, Wyatt	17	PC Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
25	4:19.60	646	Reingold, Jake	18	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Girls 17-18 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	8:48.54	868	Duckworth, Angela	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

2	9:06.86	772	Rodriquez, Jessica	18	PC	Unattached	6/11/2009	XLII Santa Clara International
3	9:11.83	747	Clute, Deirdre	17	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
4	9:12.37	745	Delay, Sara	18	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
5	9:17.42	720	Matevish, Lauren	17	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
6	9:21.23	701	Riley, Taylor	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
7	9:21.35	700	Clark, Arenne	17	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
8	9:23.72	689	Liang, Joann	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
9	9:24.45	685	Bugbee, Bridget	17	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
10	9:30.38	657	Allen, Kaitlyn	17	PC	South Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
11	9:31.89	650	Winters, Sarah	17	PC	SOLO Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	9:35.43	633	Anderson, Katrina	18	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
13	9:36.34	629	Hunt, Emma	18	PC	Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
14	9:37.27	625	Tomkins, Emily	17	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
15	9:37.53	624	Nicholson, Jessica	17	PC	South Valley Swim Team	6/6/2009	2009 PC SJA LCM JR+
16	9:38.28	620	Short, Mary Kate	17	PC	Lakeridge Swim Team	8/5/2009	2009 CA North American Challen
17	9:40.49	610	Vessie, Lauren	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
18	9:40.95	608	Rogers, Jessie	18	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
19	9:43.58	596	Biter-Mundt, Chardonnay	18	PC	Napa Valley Swim Team	6/19/2009	2009 PC NAPA LCM PC-CBA+
20	9:46.21	584	Herrington, Katie	17	PC	The Swim Club of NorCal	6/19/2009	2009 SN SS Invitational
21	9:48.76	573	Neumayr, Brianna	18	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
22	10:03.04	510	Yoder, Shaila	18	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
23	10:23.07	428	Cardenas, Ingrid	17	PC	Lakeridge Swim Team	6/19/2009	2009 PC RENO LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

24	10:32.82	391	Thibault, Madeleine	17	PC	Terrapins Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
25	10:35.24	382	Riddle, Emily	17	PC	South Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM

Boys 17-18 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:20.53	848	Harper, Greg	17	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
2	8:28.46	806	Quincy, Paul	17	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
3	8:38.93	751	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
4	8:40.36	744	Drogemuller, Brandon	18	PC Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
5	8:44.83	721	Stuhr, Matt	18	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
6	8:45.63	717	Zlotoff, Zack	18	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
7	8:45.97	715	Guido, Christopher	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
8	8:48.50	702	Presant, Bill	18	PC South Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
9	8:52.65	682	Egan, Nick Q	17	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
10	8:53.69	677	Murray, Brad	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	8:56.87	661	Beletsky, Alex	17	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	9:12.06	588	Freeman, Clint	17	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
13	9:16.93	566	Nakamura, James	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	9:18.52	559	Rick, Steven	18	PC Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha
15	9:23.74	535	Teraoka, Ian	17	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	9:31.39	501	Pribyl, David	18	PC Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
17	9:35.65	483	Rados, Matthew	18	PC Thunderbolt Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
18	9:38.74	470	Staskus, Scott	17	PC Marin Pirates	6/27/2009	2009 PC AH-MP-WCAB-WCM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

19	9:42.55	453	Pontier, Mark	17	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
20	10:23.66	295	Tinloy, Curtis	17	PC	Napa Valley Swim Team	6/19/2009	2009 PC NAPA LCM PC-CBA+
21	10:32.65	264	Bui, Patrick	17	PC	West Coast Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+
22	10:35.42	254	Taikeff, Nut	17	PC	Osprey Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
23	10:36.28	252	Ayres, Chris	17	PC	Marin Pirates	6/27/2009	2009 PC AH-MP-WCAB-WCM
24	10:41.31	235	Nguyen, Patrick	17	PC	West Coast Aquatics	6/27/2009	2009 PC WEST LCM PC-C/B/A+

Girls 17-18 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	17:24.00	809	Duckworth, Angela	18	PC Unattached	6/11/2009	XLII Santa Clara International
2	17:37.68	774	Matevish, Lauren	17	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
3	17:50.32	742	Clark, Arenne	17	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
4	17:57.95	723	Riley, Taylor	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
5	18:16.84	676	Delay, Sara	18	PC Walnut Creek Aquabears	6/6/2009	2009 PC SJA LCM JR+
6	18:18.98	671	Short, Mary Kate	17	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
7	18:34.42	634	Herrington, Katie	17	PC The Swim Club of NorCal	6/19/2009	2009 SN SS Invitational
8	18:39.51	622	Liang, Joann	17	PC Walnut Creek Aquabears	6/11/2009	XLII Santa Clara International
9	18:44.01	612	Neumayr, Brianna	18	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
10	18:48.19	602	Vessie, Lauren	18	PC Lakeridge Swim Team	8/4/2009	2009 Western Zone Swimming Cha
11	19:27.09	515	Barton, Petra	18	PC Los Altos & Mountain View A.C.	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
12	20:06.56	432	Riddle, Emily	17	PC South Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
13	20:08.12	429	Dooley, Lacy	17	PC Reno Aquatic Club	6/19/2009	2009 PC RENO LCM PC-CBA+
14	21:09.29	314	Pezzuto, Makena	18	PC Unattached	5/1/2009	2009 PC VJO LCM PC-CBA+
15	21:28.69	280	Ploussard, Alysse	18	PC Reno Aquatic Club	6/19/2009	2009 PC RENO LCM PC-CBA+

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Boys 17-18 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:13.88	811	Quincy, Paul	17	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
2	16:22.05	791	Harper, Greg	17	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
3	16:34.07	761	Zlotoff, Zack	18	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
4	16:34.65	759	Drogemuller, Brandon	18	PC Monterey Bay Swim Club	6/11/2009	XLII Santa Clara International
5	16:35.90	757	Guido, Christopher	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
6	16:59.34	701	Butler, Wyatt	17	PC Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
7	17:32.30	625	Graversen, Morten	17	PC Mission San Jose Aquatics	8/5/2009	2009 CA North American Challen
8	17:36.47	616	Beletsky, Alex	17	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
9	18:00.81	561	Rick, Steven	18	PC Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha
10	18:08.44	545	Pribyl, David	18	PC Rovella's Athletic Club	6/6/2009	2009 PC SJA LCM JR+
11	19:07.22	424	Dossa, Andrew	17	PC Walnut Creek Aquabears	6/6/2009	2009 PC SJA LCM JR+
12	19:35.16	369	Hashimoto, Grant	18	PC Monterey County Aquatic Team	8/4/2009	2009 Western Zone Swimming Cha
13	20:39.59	254	Christenson, Joel	17	PC Thunderbolt Aquatics	6/6/2009	2009 PC SJA LCM JR+

Girls 17-18 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:02.64	927	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	1:04.04	871	Woodward, Samantha	18	PC Unattached	6/11/2009	XLII Santa Clara International
3	1:04.40	857	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
4	1:05.04	833	Clute, Deirdre	17	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
5	1:05.09	831	Wang, Karen	17	PC Pleasanton Seahawks	8/14/2009	2009 Speedo Junior National Ch
6	1:05.14	829	Wei, Stephanie	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
7	1:05.37	820	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

8	1:05.50	815	Luchini, Shelbi	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	1:06.22	788	Liang, Joann	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
10	1:06.62	773	Opatrny, Lauren	17	PC	Santa Clara Swim Club	8/14/2009	2009 Speedo Junior National Ch
11	1:06.63	772	Nguyen, Stephanie	17	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
12	1:06.64	772	Anderson, Katrina	18	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
13	1:06.94	761	Powers, Alexa	18	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
14	1:07.64	735	Cochrane, Sabrina	17	PC	Marin Pirates	7/26/2009	2009 CA/NV Speedo Championship
15	1:07.75	731	Drysdale, Emma	18	PC	De Anza Cupertino Aquatics	8/8/2009	2009 U. S. Open
16	1:07.88	726	Thomas, Chrissy	17	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
17	1:07.93	724	O'Brien, Rachel N	18	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
18	1:07.97	723	Bergman, Jesse	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	1:08.28	712	Levens, Tara	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	1:08.49	704	Pollitt, Vanessa	18	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	1:08.68	697	Guardalabene, Isa	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	1:08.74	695	Tarka, Gracie	17	PC	Burlingame Aquatic Club	8/10/2009	2009 Jr National Champs TT
23	1:08.88	690	Yuen, Vivian	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	1:08.88	690	Gilley, Paige	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	1:09.33	674	Dailey, Ursi	18	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation

Boys 17-18 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	57.81	859	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/8/2009	2009 U. S. Open
2	58.60	827	Shilling, Brandon	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

3	58.69	823	Cheah, Geoff	18	PC	Unattached	7/26/2009	Fina World Championships Roma
4	58.70	823	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
5	59.14	805	Lager, Jordan	18	PC	Marin Pirates	8/8/2009	2009 U. S. Open
6	59.31	798	Ostler, Jack	18	PC	North Bay Aquatics	8/14/2009	2009 Speedo Junior National Ch
7	59.41	794	Hurko, Matt	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
8	59.54	802	Murray, Matthew	17	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
9	59.55	788	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 Mel Zajac Jr Internationa
10	1:00.19	776	Fleming, Shayne	17	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
11	1:00.29	772	Weber, Blake	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	1:00.32	758	Garcia, Ryan	18	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
13	1:00.36	756	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
14	1:00.90	735	Espiritu, Julius	18	PC	Santa Clara Swim Club	8/10/2009	2009 Jr National Champs TT
15	1:01.04	729	Horrell, Max	18	PC	Marin Pirates	8/4/2009	2009 U. S. Open
16	1:01.42	728	Lowe, Brett	17	PC	Terrapins Swim Team	8/14/2009	2009 Speedo Junior National Ch
17	1:01.56	722	Quincy, Paul	17	PC	San Ramon Vly/Livermore Aq.	7/26/2009	2009 CA/NV Speedo Championship
18	1:01.93	695	Yen, Adam	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
19	1:02.42	689	Kinnard, Mason	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
20	1:02.60	669	Owens, Eric	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
21	1:03.08	664	Whitenack, Ben	17	PC	Neptune Swimming	7/26/2009	2009 CA/NV Speedo Championship
22	1:03.39	653	Stringer, Shaun	17	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
23	1:03.51	635	Kim, Andrew	18	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
24	1:03.62	631	Fronczak, Sean	18	PC	Santa Clara Swim Club	8/7/2009	2009 CA North American Challen
25	1:03.72	640	Haufler, Sean	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Girls 17-18 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:17.77	860	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
2	2:18.36	850	Wei, Stephanie	17	PC Santa Clara Swim Club	3/5/2009	2009 Austin GP
3	2:18.72	845	Wang, Karen	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
4	2:19.11	838	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
5	2:19.64	829	Clute, Deirdre	17	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
6	2:21.11	805	Anderson, Katrina	18	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
7	2:22.47	783	Liang, Joann	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
8	2:23.53	766	Luchini, Shelbi	17	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	2:23.54	766	Munk, Taylor	17	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
10	2:24.47	751	Howland, Molly	18	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	2:24.97	743	Yuen, Vivian	17	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	2:25.83	729	Guardalabene, Isa	17	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	2:26.15	724	Bergman, Jesse	17	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	2:26.48	719	Opatrny, Lauren	17	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
15	2:26.63	717	Nguyen, Stephanie	17	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:26.73	715	Levens, Tara	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	2:27.81	698	Webb, Betsy	18	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
18	2:28.41	689	Troup, Karley	17	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
19	2:28.63	685	Delay, Sara	18	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

20	2:28.85	682	O'Brien, Rachel N	18	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
21	2:28.86	682	Schlenker, Amanda	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	2:28.88	681	Pollitt, Vanessa	18	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	2:29.27	675	Walitsch, Jamie	17	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
24	2:30.09	663	Dailey, Ursi	18	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
25	2:30.43	658	Cardenas, Ingrid	17	PC	Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO

Boys 17-18 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:03.70	888	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:04.15	879	Weiss, Michael	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	2:05.84	846	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	5/22/2009	2009 Mel Zajac Jr Internationa
4	2:07.29	829	Murray, Matthew	17	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
5	2:07.97	804	Hurko, Matt	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
6	2:08.25	799	Cheah, Geoff	18	PC Unattached	7/26/2009	Fina World Championships Roma
7	2:09.13	794	Fleming, Shayne	17	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	2:09.27	780	Meints, Joshua	18	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
9	2:09.34	778	Lager, Jordan	18	PC Marin Pirates	8/4/2009	2009 U. S. Open
10	2:10.94	748	Garcia, Ryan	18	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
11	2:11.17	756	Quincy, Paul	17	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
12	2:12.47	732	Weber, Blake	17	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
13	2:15.40	667	Fronczak, Sean	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
14	2:16.29	651	Owens, Eric	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
15	2:16.41	660	Egan, Nick Q	17	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Points	Name	Age	LSC / Club	Meet Date	Meet
16	2:18.50	612	Haufler, Sean	18	PC Orinda Aquatics	8/10/2009	Championship 2009 Speedo Junior National Ch
17	2:18.65	609	Yen, Adam	18	PC Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
18	2:19.01	615	Peabody, Ryan	17	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
19	2:19.32	609	Whitenack, Ben	17	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
20	2:20.46	590	Stringer, Shaun	17	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
21	2:20.66	586	Harper, Greg	17	PC Walnut Creek Aquabears	5/22/2009	2009 PC TIGR LCM OPEN
22	2:20.76	573	Kim, Andrew	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	2:21.65	558	Anixter, Harrison	18	PC Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
24	2:22.08	562	Tapiz, Nathan	17	PC Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
25	2:22.11	562	Coglitore, Justin	17	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

Girls 17-18 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:05.75	1046	Carlson, Kasey	17	PC Unattached	7/26/2009	Fina World Championships Roma
2	1:11.24	872	Hannis, Molly	17	PC Neptune Swimming	8/4/2009	2009 U. S. Open
3	1:11.28	870	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
4	1:13.56	801	Alvarez, Liliana	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
5	1:13.97	788	Colonias, Kirstyn	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
6	1:14.22	781	Petrakis, Danae	17	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
7	1:14.55	771	Yoder, Shaila	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
8	1:16.01	728	Bispo, Kassy	17	PC Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	1:16.07	726	Powers, Alexa	18	PC Walnut Creek Aquabears	8/5/2009	2009 CA North American Challen

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

10	1:16.08	726	Lee, Morgan	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
11	1:16.28	720	Jones, Jill	17	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
12	1:16.38	717	Read, Haley	17	PC	Palo Alto Stanford Aquatics	12/14/2008	2008 LCM Invite ATX
13	1:16.92	701	Alvarez, Julia	17	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
14	1:17.48	685	Meltzer, Natalie	17	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
15	1:17.71	678	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	6/28/2009	2009 PC SUNN LCM INVITE
15	1:17.71	678	Curran, Hannah	17	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
17	1:17.80	675	Opatrny, Lauren	17	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
18	1:17.94	671	Dibartolomeo, Renae	18	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
19	1:18.00	670	Anderson, Katrina	17	PC	Unattached	4/18/2009	2009 PC SRVL LCM PC-CBA+
20	1:18.66	651	Hulburd, Alanna	17	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
21	1:19.14	637	Wong, Vivian	17	PC	Unattached	6/27/2009	2009 PC BAC LCM PC-CBA+
22	1:19.41	630	Coles, Zoe	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
23	1:19.83	618	Pilarowski, Genay	18	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
24	1:19.89	616	Collins, Claire	17	PC	Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
25	1:20.07	611	Kamai, Elizabeth	18	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Boys 17-18 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:04.48	897	Liu, Mark	17	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
2	1:04.95	862	Denton-Schneider, Jon	18	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
3	1:05.78	852	Richard, Timothy	17	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	1:06.02	825	Cushing, Blake	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

5	1:07.00	810	Lowe, Brett	17	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
6	1:07.14	787	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
7	1:07.40	778	Smith, Tim	18	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
8	1:07.82	783	Chuck, Chris	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	1:08.28	767	Chen, Richard	17	PC	De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
10	1:08.47	742	Perfect, Brad	18	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
11	1:08.57	758	Liao, Eric	17	PC	San Ramon Vly/Livermore Aq.	8/5/2009	2009 CA North American Challen
12	1:08.75	733	Hauffer, Sean	18	PC	Orinda Aquatics	8/10/2009	2009 Speedo Junior National Ch
13	1:08.79	750	Coglitore, Justin	17	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
14	1:09.30	714	Huang, Edward	18	PC	Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	1:09.53	707	Shilling, Brandon	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
16	1:09.80	698	Rice, Adam	18	PC	Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	1:10.13	687	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	6/28/2009	2009 PC SUNN LCM INVITE
18	1:10.33	700	Cook, Jamie	17	PC	Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
19	1:10.38	679	Owens, Eric	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
20	1:10.49	695	Bak, Andrew	17	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
21	1:10.79	685	Guido, Christopher	17	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
22	1:10.81	665	Gregoriev, Ross	18	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
23	1:10.87	682	Malick, Eddie	17	PC	Gilroy Gators Swim Team	6/11/2009	XLII Santa Clara International
24	1:10.89	663	Main, Tyler	18	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
25	1:10.94	661	Murray, Brad	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Girls 17-18 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:31.40	912	Carlson, Kasey	17	PC Terrapins Swim Team	5/22/2009	2009 CA Janet Evans Invitation
2	2:35.62	854	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	2:38.70	812	Hannis, Molly	17	PC Neptune Swimming	6/11/2009	XLII Santa Clara International
4	2:39.50	801	Colonias, Kirstyn	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	2:40.69	785	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	2:41.47	775	Yoder, Shaila	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
7	2:42.22	765	Alvarez, Liliana	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
8	2:45.37	724	Alvarez, Julia	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
9	2:45.82	718	Jones, Jill	17	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	2:46.71	706	Lee, Morgan	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
11	2:47.54	695	Powers, Alexa	18	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:48.81	679	Read, Haley	18	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
13	2:48.84	678	Coles, Zoe	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
14	2:51.20	648	Curran, Hannah	17	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
14	2:51.20	648	Opatrny, Lauren	17	PC Santa Clara Swim Club	6/11/2009	XLII Santa Clara International
16	2:51.48	645	Bispo, Kassy	17	PC Pirate Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
17	2:51.88	640	Collins, Claire	17	PC Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
18	2:52.55	631	Wong, Vivian	17	PC Unattached	6/27/2009	2009 PC BAC LCM PC-CBA+
19	2:53.57	618	Dibartolomeo, Renae	18	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
20	2:54.14	611	Short, Mary Kate	17	PC Lakeridge Swim Team	8/5/2009	2009 CA North American Challen

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

21	2:54.31	609	Cardenas, Ingrid	17	PC	Lakeridge Swim Team	6/19/2009	2009 PC RENO LCM PC-CBA+
22	2:54.87	602	Meltzer, Natalie	17	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
23	2:55.13	599	Fortier, Kylie	18	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
24	2:55.43	595	Hulburd, Alanna	17	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:55.45	595	Chan, Andrea	17	PC	Burlingame Aquatic Club	7/17/2009	2009 PC MP LCM SENIOR

Boys 17-18 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:22.21	866	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:23.43	854	Richard, Timothy	17	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
3	2:26.44	810	Lowe, Brett	17	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
4	2:27.29	798	Chuck, Chris	17	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:27.35	791	Meints, Joshua	18	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
6	2:27.40	790	Denton-Schneider, Jon	18	PC North Bay Aquatics	8/4/2009	2009 U. S. Open
7	2:27.44	790	Perfect, Brad	18	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
8	2:29.00	773	Liao, Eric	17	PC San Ramon Vly/Livermore Aq.	8/5/2009	2009 CA North American Challen
8	2:29.00	773	Liu, Mark	17	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
10	2:29.17	771	Chen, Richard	17	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	2:29.72	757	Rice, Adam	18	PC Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	2:29.95	760	Smith, Tim	17	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
13	2:31.59	731	Cushing, Blake	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
14	2:32.26	721	Owens, Eric	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
15	2:32.80	714	Lin, Curtis	18	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Points	Name	Age	LSC / Club	Meet Date	Meet
16	2:33.62	708	Graversen, Morten	17	PC Mission San Jose Aquatics	7/29/2009	Championship 2009 PC LCM FAR WEST CHM
17	2:35.33	685	Haufler, Sean	17	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	2:35.42	677	Rick, Steven	18	PC Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha
19	2:35.77	673	Gregoriev, Ross	18	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
20	2:35.93	676	Tinloy, Curtis	17	PC Napa Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
21	2:36.04	675	Coglitore, Justin	17	PC Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	2:36.86	664	Cook, Jamie	17	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Jr National Champs TT
23	2:37.45	650	Main, Tyler	18	PC Neptune Swimming	6/11/2009	XLII Santa Clara International
24	2:38.03	648	Harper, Greg	17	PC Walnut Creek Aquabears	5/22/2009	2009 PC TIGR LCM OPEN
25	2:38.31	644	Malick, Eddie	17	PC Gilroy Gators Swim Team	4/18/2009	2009 PC WEST LCM PC-C/B/A+

Girls 17-18 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	59.67	942	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
2	1:01.16	887	Herrington, Katie	17	PC The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
3	1:01.25	884	Dailey, Ursi	18	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	1:02.25	848	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
5	1:02.27	847	Drysdale, Emma	18	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
6	1:03.01	821	Christofferson, Stephanie	17	PC North Bay Aquatics	3/17/2009	2009 FL NCSA Junior Nats
7	1:03.04	820	O'Brien, Rachel N	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
8	1:03.23	813	Parsons, Kristina	18	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
9	1:03.60	800	Carlson, Kasey	17	PC Terrapins Swim Team	5/22/2009	2009 CA Janet Evans Invitation
10	1:03.89	790	Lukins, Caroline	18	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
11	1:04.34	774	Wang, Karen	17	PC Pleasanton Seahawks	8/10/2009	Championship 2009 Speedo Junior National Ch
12	1:04.50	769	Takaki, Maddie	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
13	1:04.72	761	Troup, Karley	17	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
14	1:04.94	753	Opatrny, Lauren	17	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
15	1:05.12	747	Tarka, Gracie	17	PC Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
16	1:05.22	744	Bergman, Jesse	17	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	1:05.29	741	Harper, Shelley	18	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
18	1:05.30	741	Gilley, Paige	17	PC De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	1:05.37	739	Schneider, Miranda	18	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
20	1:05.54	733	Leung, Megan	17	PC Fog City Hammerheads	7/22/2009	2009 CA/NV Speedo Championship
21	1:05.63	730	Tselikova, Anastassia	17	PC Mission San Jose Aquatics	6/11/2009	XLII Santa Clara International
22	1:05.68	728	Slater, Laura	17	PC Marin Pirates	6/27/2009	2009 PC AH-MP-WCAB-WCM
23	1:05.74	726	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
24	1:05.80	724	Fong, Chelsea	17	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
24	1:05.80	724	Ward, Andrea	17	PC Orinda Aquatics	8/10/2009	2009 Speedo Junior National Ch

Boys 17-18 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	54.71	887	Wayne, Aaron	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	54.82	882	Nielsen, Kevin	18	PC University of California, Berkeley	3/5/2009	2009 Austin GP
3	55.63	847	Ostler, Jack	18	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
4	55.78	840	Shilling, Brandon	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
5	55.95	833	Hurko, Matt	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
6	56.68	802	Horrell, Max	18	PC Marin Pirates	8/4/2009	2009 U. S. Open

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

7	56.86	794	Yen, Adam	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
8	56.94	806	Murray, Matthew	17	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
9	57.06	801	Harper, Greg	17	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
10	57.23	779	LaFlamme, David	18	PC	Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
11	57.53	781	Stringer, Shaun	17	PC	Walnut Creek Aquabears	8/10/2009	2009 Jr National Champs TT
12	57.76	757	Lager, Jordan	18	PC	Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
13	57.89	751	Higginbotham, Alex	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
14	57.93	765	Kranenburg, Pieter	17	PC	North Bay Aquatics	8/10/2009	2009 Jr National Champs TT
15	57.95	749	Stuhr, Matt	18	PC	Neptune Swimming	8/10/2009	2009 Speedo Junior National Ch
16	58.08	759	Weber, Blake	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	58.36	747	Barton, RJ	17	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	58.40	730	Langdon, Michael	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
19	58.46	728	Bedell, James	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
20	58.64	720	Rice, Adam	18	PC	Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	58.71	718	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Jr National Champs TT
22	58.82	728	Kinnard, Mason	17	PC	Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
23	58.86	712	Dowley, Tommy	18	PC	Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
24	58.94	723	Williams, Trent	17	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	59.02	705	Jensen, Travis	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 17-18 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	2:16.27	846	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:17.84	822	O'Brien, Rachel N	18	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	2:18.64	810	Bradley, Paige	17	PC	Unattached	5/22/2009	2009 PC TIGR LCM OPEN

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

4	2:22.69	749	Takaki, Maddie	18	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
5	2:22.97	745	Dailey, Ursi	18	PC	California Aquatics	6/11/2009	XLII Santa Clara International
6	2:23.42	738	Troup, Karley	17	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
7	2:23.94	730	Christofferson, Stephanie	18	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	2:24.22	726	Schneider, Miranda	18	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
9	2:24.63	720	Matevish, Lauren	17	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
10	2:25.01	714	Lukins, Caroline	18	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	2:25.05	714	Parsons, Kristina	18	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
12	2:25.22	711	Tarka, Gracie	17	PC	Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
13	2:25.58	706	Short, Mary Kate	17	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
14	2:25.87	702	Walitsch, Jamie	17	PC	Osprey Aquatics	8/5/2009	2009 CA North American Challen
15	2:26.52	692	Harris, Kimmie	17	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
16	2:27.37	680	Tomkins, Emily	17	PC	Santa Clara Swim Club	7/16/2009	2009 PC TERA LCM PC-JO
17	2:27.62	676	Garcia, Monica	17	PC	Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
18	2:29.63	647	Leung, Megan	17	PC	Fog City Hammerheads	7/22/2009	2009 CA/NV Speedo Championship
19	2:30.46	635	Clark, Arenne	17	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
20	2:30.63	633	Dooley, Lacy	17	PC	Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
21	2:32.78	602	Cleak, Rachel	17	PC	Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:33.23	596	Blom, Alison	18	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
23	2:33.64	590	Munk, Taylor	17	PC	Crow Canyon Country Club Sharks	5/22/2009	2009 PC TIGR LCM OPEN
24	2:33.76	588	Vessie, Lauren	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Championship

25 2:34.51 578 Chan, Andrea 17 PC Burlingame Aquatic Club 6/27/2009 2009 PC BAC LCM PC-CBA+

Boys 17-18 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:01.54	904	Harper, Greg	17	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
2	2:02.00	887	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	2:05.92	821	Murray, Matthew	17	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
4	2:07.31	796	Stringer, Shaun	17	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
5	2:07.77	779	Hurko, Matt	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
6	2:07.97	776	LaFlamme, David	18	PC Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
7	2:08.12	773	Horrell, Max	18	PC Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
8	2:09.48	748	Shilling, Brandon	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
9	2:11.59	719	Patnaik, Rohan	17	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
10	2:11.64	710	Murray, Brad	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	2:11.87	706	Yen, Adam	18	PC Valley Splash	8/10/2009	2009 Jr National Champs TT
12	2:12.75	698	Vizcarra, Evan	17	PC Westside Aquaducks	7/22/2009	2009 CA/NV Speedo Championship
13	2:12.92	687	Higginbotham, Alex	18	PC Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
14	2:13.75	673	Rice, Adam	18	PC Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	2:14.17	673	Guido, Christopher	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
16	2:14.26	664	Chin, Andrew	18	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	2:14.51	659	Lin, Curtis	18	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
18	2:14.59	658	Garcia, Ryan	18	PC Unattached	4/24/2009	2009 CA SPEEDO GRAND CHALLENGE
19	2:15.28	654	Yee, Brandon	17	PC San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:15.43	651	Fineman, Richard	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
21	2:15.61	648	Oto, Kent	17	PC Palo Alto Stanford Aquatics	7/22/2009	Championship 2009 CA/NV Speedo Championship
22	2:16.65	630	Beletsky, Alex	17	PC San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	2:19.34	577	Moazeni, Shayan	18	PC San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	2:22.85	520	Parelius, Ian	18	PC Westside Aquaducks	7/11/2009	2009 PC WA PC-CBA+
25	2:25.61	476	Presant, Bill	18	PC South Valley Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM

Girls 17-18 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	2:17.95	897	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
2	2:19.75	853	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	2:20.09	847	Woodward, Samantha	18	PC Unattached	6/11/2009	XLII Santa Clara International
4	2:22.02	823	Fong, Chelsea	17	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:22.70	800	Read, Haley	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	2:22.86	808	Carlson, Kasey	17	PC Terrapins Swim Team	6/11/2009	XLII Santa Clara International
7	2:23.17	803	Cochrane, Sabrina	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
8	2:24.15	785	Munk, Taylor	17	PC Crow Canyon Country Club Sharks	6/11/2009	XLII Santa Clara International
9	2:24.16	785	Wang, Karen	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:24.20	774	Rodriguez, Jessica	18	PC Unattached	6/11/2009	XLII Santa Clara International
11	2:24.69	765	Christofferson, Stephanie	18	PC North Bay Aquatics	5/22/2009	2009 CA Janet Evans Invitation
12	2:24.75	775	Opatrny, Lauren	17	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
13	2:24.80	774	Jones, Jill	17	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
14	2:25.11	769	Hannis, Molly	17	PC Neptune Swimming	8/4/2009	2009 U. S. Open
15	2:25.31	765	Thomas, Chrissy	17	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
16	2:25.35	754	Powers, Alexa	18	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

17	2:26.38	747	Luchini, Shelbi	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	2:27.41	719	Anderson, Katrina	18	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
19	2:27.59	715	Duckworth, Angela	18	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
20	2:27.60	715	Wei, Stephanie	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
21	2:27.95	720	Troup, Karley	17	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
22	2:28.02	719	Tarka, Gracie	17	PC	Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
23	2:28.21	716	Cardenas, Ingrid	17	PC	Lakeridge Swim Team	8/5/2009	2009 CA North American Challen
24	2:28.43	701	Jensen, Liv	18	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
25	2:28.63	708	Garcia, Monica	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship

Boys 17-18 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:03.41	937	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:04.29	918	Weiss, Michael	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	2:06.05	881	Shilling, Brandon	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
4	2:07.21	868	Richard, Timothy	17	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:09.45	822	Fleming, Shayne	17	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
6	2:10.90	781	Lager, Jordan	18	PC Marin Pirates	8/4/2009	2009 U. S. Open
7	2:11.18	775	Meints, Joshua	18	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
8	2:11.87	773	Weber, Blake	17	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	2:13.19	735	Rice, Adam	18	PC Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	2:13.52	729	Garcia, Ryan	18	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

11	2:14.27	714	Owens, Eric	18	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
12	2:14.72	706	Trowbridge, Nick	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
13	2:14.82	715	Lowe, Brett	17	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
14	2:14.99	700	Fronczak, Sean	18	PC	Santa Clara Swim Club	8/5/2009	2009 CA North American Challen
15	2:15.66	687	Huang, Edward	18	PC	Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:15.87	695	Barton, RJ	17	PC	Ripon Aquatics	8/4/2009	2009 Western Zone Swimming Cha
17	2:15.96	682	Hurko, Matt	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
18	2:15.98	681	Yen, Adam	18	PC	Valley Splash	8/5/2009	2009 CA North American Challen
19	2:16.05	680	Dowley, Tommy	18	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	2:16.21	688	Dossa, Andrew	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
21	2:16.54	671	Horrell, Max	18	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
22	2:16.62	681	Harper, Greg	17	PC	Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
23	2:17.17	659	Lin, Curtis	18	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
24	2:17.62	662	Liu, Mark	17	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
25	2:17.69	660	Staskus, Scott	17	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship

Girls 17-18 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:55.69	845	Duckworth, Angela	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	4:59.37	815	Munk, Taylor	17	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
3	5:00.81	803	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

4	5:00.96	802	Delisle, Laurence	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	5:03.77	780	Rodriquez, Jessica	18	PC	Unattached	6/11/2009	XLII Santa Clara International
6	5:05.03	770	Jones, Jill	17	PC	Orinda Aquatics	8/10/2009	2009 Jr National Champs TT
7	5:06.24	760	Bradley, Paige	18	PC	Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+
8	5:10.11	730	Troup, Karley	17	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
9	5:10.15	730	Cardenas, Ingrid	17	PC	Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
10	5:12.78	710	Tarka, Gracie	17	PC	Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
11	5:13.49	704	Garcia, Monica	17	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	5:14.84	694	Short, Mary Kate	17	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
13	5:15.92	686	Read, Haley	18	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
14	5:17.07	677	Walitsch, Jamie	17	PC	Osprey Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
15	5:18.00	670	Hunt, Emma	18	PC	Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
16	5:18.12	669	Yuen, Vivian	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	5:22.51	637	Alvarez, Julia	17	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
18	5:24.04	625	Nicholson, Jessica	17	PC	South Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
19	5:24.35	623	Chan, Andrea	17	PC	Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
20	5:26.04	611	Oosterhouse, Lindsay	17	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	5:26.21	610	Matevish, Lauren	17	PC	Neptune Swimming	6/19/2009	2009 LE The Robert F. Busbey
22	5:27.30	602	Vessie, Lauren	18	PC	Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
23	5:29.69	584	Harvey, Amelia	18	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
24	5:31.64	570	Rogers, Kristin	17	PC	San Ramon Vly/Livermore Aq.	7/29/2009	2009 PC LCM FAR WEST CHM
25	5:33.31	559	Yoder, Shaila	18	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Boys 17-18 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:20.39	958	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	4:26.75	898	Weiss, Michael	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	4:36.06	813	Garcia, Ryan	18	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
4	4:43.08	750	Harper, Greg	17	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
5	4:44.26	740	Fleming, Shayne	17	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	4:44.63	737	Hurko, Matt	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
7	4:48.36	705	Murray, Brad	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	4:51.74	676	Lin, Curtis	18	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
9	4:52.58	669	Rice, Adam	18	PC Pirate Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
10	4:52.77	667	Beletsky, Alex	17	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
11	4:54.74	651	Moazeni, Shayan	18	PC San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	4:55.10	648	Rick, Steven	18	PC Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha
13	4:56.05	640	Fronczak, Sean	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
14	4:58.29	622	Zlotoff, Zack	18	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
15	4:59.11	615	Meints, Joshua	18	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
16	4:59.56	611	Egan, Nick Q	17	PC Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
17	5:00.59	603	Drogemuller, Brandon	18	PC Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
18	5:01.46	596	Smith, Ben	17	PC Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
19	5:02.59	587	Lager, Jordan	18	PC Marin Pirates	6/11/2009	XLII Santa Clara International
20	5:04.09	575	Vizcarra, Evan	17	PC Westside Aquaducks	7/22/2009	2009 CA/NV Speedo Championship

Age group LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

21	5:05.44	564	Rados, Matthew	18	PC	Thunderbolt Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	5:07.05	552	Murray, Matthew	17	PC	Palo Alto Stanford Aquatics	6/6/2009	2009 PC SJA LCM JR+
23	5:07.42	549	Barton, RJ	17	PC	Ripon Aquatics	5/22/2009	2009 PC TIGR LCM OPEN
24	5:11.64	516	Pribyl, David	18	PC	Rovella's Athletic Club	6/6/2009	2009 PC SJA LCM JR+
25	5:16.78	477	Parelius, Ian	18	PC	Unattached	5/1/2009	2009 PC VJO LCM PC-CBA+