

Pacific Swimming Athlete Committee

Meeting Minutes

June 26th, 2022

6:00 p.m.

Zoom Link: Join Zoom Meeting

<https://zoom.us/j/92193801623?pwd=ZTg5bm94dmZrY0pqK1hBTGx6ckh6dz09>

Meeting ID: 921 9380 1623

Password: 797227

Mission Statement: Our mission is to share knowledge, develop leaders, and promote inclusivity to unify the athlete community.

1. Call to Order:
2. Attendance (no need to write your own name): Aidan Pflieger, Anika Nagpal, Addison Zucek, Alana Silva, Ainsley Jane Tambling, Amit Kannan, Calista Lynch, Camille Guillerm, Chloe Craig, Cherise Wong, Delainey Brandt, Dominick Wonosaputra, Emma Little, Ethan Wang, Gabrielle Lai, Jessica Kraemer, Joseph Harris, DR?, Kate lee, Lily Struempf, Lily Yung, Lillian Chau, Marissa Carvajal, Millie Grieve, Olivia Pettit, Patricia Lai, Prudence Rosko, Saveta Holunga, Sofia DeLange, Sophie Boeun, Sophie Struempf, Steph Anderson, Zackary Caufield, Cindy Rowland, Millie Nygren, Verónica Hernández, David Cottam
 - a. Communication: Please be sure to email vhernandez@pacswim.org directly if you are not able to attend Athlete Committee meetings.
3. Resources for the month:
 - a. [FINA "Gender Inclusion Policy"](#)
 - b. Last Sunday, FINA published a new policy that essentially bans the majority of female transgender athletes from competing at the elite level. To be eligible for competition in the female category, the athlete must not have undergone male puberty (up to Tanner Stage 2), meaning that the athlete has to begin the transition (male to female) before the age of 12.
4. Icebreaker and June Team Culture Action Item:
 - a. Check in with your coach about your team's Safe Sport certification status, and if it expires soon, what the plans are to renew it. Certification is due every 2 years, and the online club portal will clear out 60 days before expiration date. If your team has an annual team meeting, that may be a good time for parents to see the safe sport parents' training videos (parent training can be done in a group setting).
 - b. If you turn 18 soon, please complete the adult athlete protection training. You need to complete this in order to participate in meets. This training also must be reviewed annually.
5. Reports:
 - a. Senior Rep (srathleterep@pacswim.org): The SafeSport committee is looking for athlete involvement. Please let Aidan, Anika, or Veronica know if you are interested.
 - b. Junior Rep (jrathleterep@pacswim.org):
 - c. Zone Reps:

- i. Zone 1N (AJ - z1nAthleteRep@pacswim.org): meeting next month, Z1N athletes - it would be great if you could make it to the next one (July 18, 8pm)
 - ii. Zone 1S (SB - z1sAthleteRep@pacswim.org): Sophie will email Z1S athletes the meeting link before next month's meeting
 - iii. Zone 2 (LS - z2AthleteRep@pacswim.org): last round of meet bidding completed, Z2 needs more athletes to attend meetings, and a new Zone 2 athlete rep - if you are interested, please reach out to Lily
 - iv. Zone 3 (JH - z3AthleteRep@pacswim.org): meeting last week, next meeting is July 19, looking to elect 1 more athlete rep
 - v. Zone 4 (SD - z4AthleteRep@pacswim.org): N/R
 - d. Committee Reps:
 - i. Age Group: looking at adjusting time standards for 10&U and 11 year-olds for JOs, 10&U FW standards adjusted, 11-12 FW time standards are being looked at to allow more people in the meet without making the requirement slower than an 'A' time
 - e. Team Reps:
 - i. Quicksilver Swimming - a few long course meets so far, seniors had a family travel meet, and age-group swimmers also had a travel meet - good experience for bonding, and training for that meet to attack the long course season
 - ii. Alto - had a few long course meets, and held a fundraiser
 - iii. PASA - recent awards banquet, and relay event for younger swimmers, training with Santa Clara, and made a day trip to Davis
 - iv. OA - training 3 new club reps, hosted 2 meets recently, senior group helped with takedown
 - f. WZ/ National DEI (VH): discussed new FINA policy, and likelihood of USA swimming adopting it
 - g. AEC/ National Leadership (RM):
 - h. Vice Chair (VH)(ES): Working on planning October weekend
 - i. General Chair (DC): Subcommittee Reports, Z3 hosting a Spring Sectional meet March 2-5, 2023 (first Sectional meet that Pacific has hosted) at Indian Valley College, last Safe Sport meeting only had 5 attendees, and the committee is looking for more athletes
 - j. Summit Planning: made progress on timeline, created a list of possible facilitators, and brainstormed for activities for the breaks
 - k. Mental Health (CL - calista@haight65.com & SW): N/R
 - l. Social Media (JL & SB - repsocial@pacswim.org/sbone0363@gmail.com): First combined meeting will occur tomorrow.
 - m. Rep Recruitment (SA): N/R
- 6. Unfinished Business:
 - a. Committee sweatshirts (AJ): Ainsley Jane transferred last art file to Cindy, which will be taken to the vendor, vendor then will print up a proof before the final ones are printed
 - b. Primary Project Idea: Athlete Incentive Program
 - 1. Purpose is to get athletes more involved in subcommittees and projects
 - 2. Lily Struempf,
 - ii. Other Ideas:
 - 1. Virtual project of some sort with other LSCs (San Diego Imperial, Utah, Minnesota)

2. Joint Pacific/Sierra Nevada volunteer event
 3. Podcast to expand our outreach in a more exciting way
 4. Athlete Reps from other LSCs sit in on our meetings and tell what their athletes are doing
 5. [Survey](#)
7. New Business:
- a. Open Water Committee - let us know if you are interested in joining
 - b. FINA policy
 - i. Discussion - what should Pacific Swimming do with our own age-group records and for championship meets (JOs/FW)?
 1. We want to avoid the situation of having a trans athlete competing at an elite level or breaking records with us not having a policy in place to support them
 2. Challenging for different states to have different policies - perhaps we should follow FINA's policy so that there is more continuity
 3. Current PC policy - athletes can compete in the gender category that they identify with, and no gender/medical information needs to be provided
 - a. Maybe this should be allowed for only 12&U
 4. Many transgender people are not out, cannot be out, or have not been able to realize their true self before the age of 12, and it is unfair to exclude them for something that they cannot control at such a young age
 5. Challenging for young trans athletes to follow through with transitioning due to finances, issues with parents, etc.
 6. There are some conversations in other states which are inhumane (in Ohio, checking genitalia of athletes if they believe they are trans), so keeping the rules for all states the same as each other will be harmful
 7. Trans female athletes have some biological difference, but "biological differences" are all around even in cisgender athletes (for example, Michael Phelps has a larger lung capacity than many other male swimmers, and some athletes have higher testosterone than others, in both the male and female categories) - it is difficult to draw the line between what is and is not acceptable
 - c. DDEI camp and raffle subcommittees - please reach out to Aidan, Anika or Verónica if you are interested
 - i. Joyce Lee
8. July Team Culture Action Item:
- a. With the new FINA policy for transgender athletes, we might not be able to change the policy, but we all have the power to open up discussion around inclusion and privilege in our own teams. Consider speaking with your coach to lead these conversations and activities with your team or a group on your team:
 - i. [Privilege Activity](#) - this can be done in person as well, with standing up/sitting down rather than turning cameras off/on.
 - ii. [Ladder of Inference Activity](#)
 - iii. At the beginning of the discussion, it may be helpful to go over [tracking and listening](#) and some [discussion norms](#)
9. DDEI MEFAP Policy

- a. At next BOD meeting, developing FastSwims to accept MEFAP will be discussed - motion will verify that the athlete is registered as outreach, and then they will pay \$8/15
 - b. The motion was set aside for more discussion previously because some board members believed that the cost of the FastSwims programs outweighs the benefit
 - c. To use MEFAP, the athlete has to send in a paper form, or it has to go through the coach and staff
 - d. Would be best to pass the motion now because we have a surplus, and the new budget year begins in September
 - e. It would be great if an athlete can speak up at the next Board meeting
10. Next Meeting: July 24th @6:00 pm PDT
11. Adjourn: 6:52 PM